



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Mid-County Family YMCA
Gymnastics, Dance, & Tumbling
June 3rd - July 28th 2019

Member Registration begins May 8th - Open Registration begins May 15th
Each class will meet once a week each month until the end of the session.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Class Schedule					
					8:30am - 9:00am WigglyWorms
					9:15am - 10:00am Bouncing Bears, Tumbling Teddies
					9:15am - 10:00am Tap & Ballet 5+
					10:00am - 10:55am Rollers
					10:00am - 10:45 am Tap & Ballet 3 & 4
					11:00am - 11:55am Kippers/Flyers
					12:00am-3:00pm Girls Rec/Comp Team (All Levels)
5:00pm - 7:00 pm Pre-team Girls Competitive Team Level 2 & 3	5:15pm - 6:00pm Bouncing Bears, Tumbling Teddies & Preschool Boys	5:00pm - 7:00 pm Girls Rec/Comp Team Level 2 & 3	5:15pm - 6:00pm Bouncing Bears	5:00pm - 7:00pm Pre-Team	
	6:00pm - 6:55pm Rollers Kippers/Flyers & Boys Level 1		6:00pm - 6:55pm Rollers	5:00pm - 8:00pm Comp Team (4 & Up)	Sunday
5:00pm-8:30pm Girls Competitive Teams Level 4+	7:00pm - 7:55 pm Rollers Kippers/Flyers & Boys Level 2	5:00pm-8:30pm Girls Competitive Teams Level 4+	7:00pm - 7:55pm Kippers/Flyers		

****Please note****

There are no make-up classes for ANY reason.
Any child under the age of 6 must have an adult on the balcony in the gymnastics facility during class time.
Any child between 8 and 13 must have an adult in the building during class time.

Call 314-962-9450 or come visit to register today!

1900 Urban Dr. Brentwood Missouri 63144

www.gwymca.org/locations/mid-county-family-ymca

Mid-County Family YMCA Gymnastics & Dance Class Descriptions

Class	Description
WigglyWorms Age 24 - 36 months	Age 24-36 months. Introduction to gymnastics in an engaging and fun atmosphere with parents. (M: \$46 NM: \$86)
Bouncing Bears Ages 3-4	A beginner class for your preschooler who's ready to start gymnastics! Introduces age-appropriate basic skills to improve strength, balance, and coordination. (M: \$54 NM: \$102)
Tumbling Teddies Ages 4-5	An intermediate class for pre-school or kindergarten children who are already comfortable in a gym setting and are ready to take their skills to the next level. (M: \$54 NM: \$102)
Rollers Ages 6+	No experience necessary. A beginning developmental class that will lay the foundation on which all other progressive gymnastics skills are built. (M: \$58 NM: \$110)
Kippers/Flyers Age 6+	Build upon the basics of Rollers. Learn more advanced skills, increase strength and flexibility. Must be evaluated or recommended by a teacher before enrolling. (M: \$58 NM: \$110)
Preschool Boys Gymnastics Ages 3-5	Beginner class for your preschooler who is ready to run, jump, and tumble! Introduces age-appropriate basic skills on all six competitive men's events to improve strength, balance and coordination. (M: \$54 NM: \$102)
Boys Level 1 Age 6+	Basic introduction to men's gymnastics. Rotate through the 6 competitive men's gymnastics events while working to increase strength, flexibility, and skill. No experience necessary. (M: \$58 NM: \$110)
Boys Level 2 Age 6+	Builds upon the basics of Boys 1 Gymnastics. Learn more advanced skills while increasing strength and flexibility. Must be evaluated or recommended by teacher before enrolling. (M: \$58 NM: \$110)
Home School Gymnastics	A 45 minute beginner level gymnastics class. (M:\$42 NM:\$60)
Pre-Team	For gymnasts who have achieved the skills in the Kippers/Flyers level and are ready to turn toward a competitive mindset. Please contact Program Director for more information.
Rec Team	For gymnastics ready for USAG competitive gymnastics. Contact Program Director for more info.
Competitive Team	For gymnasts ready for USAG competitive gymnastics. Contact Program Director for more info.
Boys Team	For gymnasts ready for USAG competitive gymnastics. Contact Program Director for more info.
Tap & Ballet Ages 3 & 4	Preschool tap and ballet emphasizes strength, flexibility, balance and self esteem. (M: \$54 NM: \$102)
Tap & Ballet Ages 5-8	The basics of Tap an Ballet are taught in a musical atmosphere! (M: \$54 NM: \$102)