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TIM HELM

PRESIDENT AND CHIEF EXECUTIVE OFFICER

Tim Helm became the President and Chief Executive Officer of the YMCA of Greater St. Louis in 2014 and has been with the YMCA for more than 25 years. He managed the merger between the YMCA of Greater St. Louis and the YMCA of Southwest Illinois to become the Gateway Region YMCA. Before arriving in St. Louis, Tim served as the President and CEO of the YMCA of Greater Dayton since 2002. During his tenure there, the Dayton Y grew from a \$4.7 million annual budget with four branches and 2,100 membership units to a \$25 million budget with 11 branches and approximately 20,000 membership units.



Prior to his role as President and CEO in Dayton, Tim held several positions on the association's staff including Branch Executive, Vice President of Operations and Senior Vice President. Before joining the Dayton Y in 1996, Tim served a variety of roles for the YMCA of Greater Cincinnati from 1989-1996. Tim also has assumed leadership positions on a number of national committees for the YMCA of the USA, including as the Chair of the YMCA Mid-Majors Group and as the Vice Chair for the National Board of Directors for the Association of YMCA Professionals.

Tim is a graduate of the University of Wisconsin-Eau Claire. He and his wife Lisa have been married for 28 years and have 3 children; Allison (age 23) who is a 6th grade science teacher in Louisville, Kentucky and twin boys Erik and Tyler (who are 18) and are current seniors in high school.

GATEWAY REGION YMCA

326 South 21st Street, 4th Floor, Saint Louis MO 63103
P 314-436-1177 F 314 436 1901 www.gwrymca.org

