



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ADVENTURE AWAITS



SUMMER CAMP 2019
SOUTH COUNTY FAMILY YMCA
gwymca.org/southcounty



WELCOME TO CAMP

SOUTH COUNTY FAMILY YMCA
 12736 Southfork Rd
 St. Louis, MO 63128
 phone: (314)849-9622
 email: southco@gwymca.org
 website: gwymca.org/southcounty

CAMP HOURS
 Monday-Friday
 9 am-4 pm

FUN CLUB (BEFORE & AFTER CAMP CARE)
 6:30 am until the start of camp and end of camp until 6 pm.

CAMP CONTACTS

Full Day Specialty Camps, CIT, Preschool

Jen Davis ext. 235
 jennifer.davis@gwymca.org

Art Rageous, Super Science, Thundermoon

Debby Mack ext. 271
 debby.mack@gwymca.org

Fit-tastic Camp

Diane Summers ext. 247
 diane.summers@gwymca.org

Sports Camps

Kevin Schwartz ext. 232
 kevin.schwartz@gwymca.org

Aquatics Camps

Lindsey Richardson ext. 272
 lindsey.richardson@gwymca.org

Registrations, Payments, DFS/DSS

Michele Sandrowski ext. 275
 michele.sandrowski@gwymca.org

Gymnastics Camp

Joan Ray ext. 236
 joan.ray@gwymca.org

SAVE ON CAMP!

Did you know that Y members receive the lowest rates for camp? Ask us about membership today! **Please note:** In order to receive the member rate, you must have an active family membership at the time of registration and program participation.

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YMCA MISSION: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.



Welcome Families & Campers

At the **South County Y**, we have an action-packed program planned this summer, where young people can make new friends while having a whole lot of fun! The trained and dedicated staff, age-appropriate activities, new camps, field trips, team building, sports and crafts come together to make an unforgettable summer. Our focus is on developing the potential of every camper, while creating a warm and nurturing environment where all campers can play, challenge themselves, and make friends. We strive to engage our campers with mentally and physically rewarding activities that incorporate our core values of Caring, Honesty, Respect, & Responsibility.

-Jennifer Davis
 Child Care Director

SPECIAL PRICING

Register early and save!

EARLY BIRD SPECIAL

Register between December 26 and January 31
20% OFF*

SUMMER BLAST

Register between February 1 and February 28
15% OFF*

SUMMER IS RIGHT AROUND THE CORNER

Register between March 1 and March 31
10% OFF*

Register online at www.gwymca.org/southcounty

* Savings can be applied to a total of three weeks per child, per summer. Discount will be applied in person at the branch. If registering online, the Camp Registrar will notify you through confirmation email the discount has been applied. Not all camps are eligible for discount. Camp deposit required upon registration. Cannot be combined with any other offer. Does not apply to Camp Lakewood or C.I.T. (Counselor in Training) or Fun Club extended care.



SUMMER PRE-K

Ages 3-5
9am - Noon, Monday-Friday
Weeks 2, 3, 4, 5, 7, 8, 9, 10



Your preschooler will be able to participate in a modified camp day! This includes traditional camp activities: songs, stories, arts & crafts, games, water play and more! Highlights include snack, swimming, interest centers and Gymnastics Center.

Camp Fee: \$70/week
Members Pay Only: \$50/week



FULL DAY TRADITIONAL CAMPS



9 am - 4 pm
Traditional Camp is designed for a wide variety of conventional interests that include arts & crafts, group games, nature exploration, swimming, field trips and more. Campers are typically grouped by ages they are at the time of the camp. Most camp activities will be held outdoors with indoor activities provided based on the day and theme.

Camp Fee: \$149/week
Members Pay Only: \$129/week

Thundermoon
Location: TBD
Available Weeks 1-9
Thundermoon Explorers: Ages 5-8
Thundermoon Voyagers: Ages 9-12

Thundermoon is our most popular traditional full-day camp! Each week has a theme, and is packed with high and low energy games, arts & crafts, water play, all sorts of sports, guest speakers, field trips, swimming, and so much more! Campers will experience adventure, make new friends, and learn while having fun! Bring two snacks, a large healthy lunch, water bottle, and sunscreen each day.

MORE FULL DAY TRADITIONAL CAMP ON THE NEXT PAGE...

Held Outside Weekly Field Trip Swimming

4 | Register at gwrymca.org/southcounty

FULL DAY TRADITIONAL CAMPS (CONTINUED)

Art Rageous JR • Ages 5-8
Art Rageous SR • Ages 9-12
Weeks 1, 4, 5, 8
Location: Week 1 - South County Y
Weeks 4, 5, 8 TBD

Let's get creative and have fun exploring the wonderful world of art! Campers will use their imagination to create, design and explore in various mediums. Dress in 'ready to get messy' clothes!

Super Science Camp
Weeks 3, 6, 7
Ages 5-12
Location: TBD

We will learn, explore, and discover through a variety of hands on activities, experiments, and field trips. Throw in some messy games and everyone is sure to have a slimy, grimy, and goopy good time!

Fit-tastic!
Week 2, 4, 5, 7, 9, 10
Ages 10-13

Experience & learn about how to incorporate Health & Fitness into your life. Learn how to use the cardio machines in the fitness center and participate in weight training exercises. Campers will also learn about nutrition, take a cycling class, and swim in our olympic sized pool.

#BestWeekEver
Week 11 • Ages 5-12
Join us for the last week of summer camp! Better known as . . . #BESTWEEKEVER

Held Outside

Weekly Field Trip

Swimming



TYPICAL DAY

8:50-9:00 Drop Off
9:00-9:15 Freeze Time
(no drop off allowed)
9:15-9:30 Opening Ceremonies
9:20-10 Activity 1
10-10:30 Activity 2
10:30-10:45 AM Snack
10:45-Noon All Camp Activity
Noon-1 Lunch
1-3 Swimming
3-3:30 PM Snack
3:30-4 Closing Ceremony

On field trip days, schedules will vary.

Offsite schedules will vary.

Register early and save | 5



SPORTS CAMPS



9am - 4pm
Ages 5-12

Our sports camps will teach basic athletic skills needed not only to be successful in the sport, but teaches teamwork and value of self worth. Half day of sports instruction and half day of recreation.
Camp Fee: \$149/week
Members Pay Only: \$129/week

Wide World of Sports Weeks 1, 6

We offer a little bit of everything this week including football, soccer, baseball, track and field, basketball, tennis and volleyball.

Dodge Ball Weeks 2, 10

Many varieties of the game of dodgeball will be sampled during this week of camp!

Baseball/Softball Week 3

A week full of skill based fun drills, great for both baseball and softball.

Soccer Weeks 4, 9

We will teach all campers the rules, skills, and fundamentals of Soccer. Cleats and shin guards are recommended but not mandatory.

Basketball Week 5

A week of indoor and outdoor basketball. Campers will have a chance to improve their basketball skills through a variety of drills and games.

KickBall Week 7

Campers will play kickball games in the morning and enjoy an afternoon of other recreational activities.

Flag Football Week 9

We will teach all campers the rules, skills, and fundamentals of Football. Cleats are recommended but not mandatory.



HALF-DAY SPECIAL INTEREST CAMPS



offers specialized and unique camp opportunities led by camp staff specifically trained, and in many cases certified, in that area. Camp size is smaller and has limited spaces. Specialty Camps also incorporate traditional Y camp principles.

***EXTENDED CAMP** - Your child will join the Traditional Full Day Sports camp after the half-day sports special interest camp ends. Activities may include field trip and swimming.

AM Fun Club available for half day special interest camps: \$20/week

Volleyball Camp
Week 4 (9 - 11 am)
Week 9 (9 - 11 am)
Ages 6 - 15

Have fun playing at a higher level by enhancing your skills in passing, setting, hitting, defense, serving, blocking and game strategies.
Camp Fee: \$78/week
Members Pay Only: \$68/week
Extended Camp 11 am - 6pm: \$50

CHECK OUT PAGE 12 FOR FULL DAY SPORTS CAMPS!

****These Special Interest camps are available for limited financial assistance but not for special pricing.**

Cavellero Baseball Camp**
Week 5 (9 am - Noon)
Ages 6 - 15

The former Northwest/House Springs High School Baseball and Softball Head Coach, Victor Cavellero, will teach 5 essentials to maximize baseball performance: throwing, catching, fielding, pitching and running.

Camp Fee: \$100/week
Members Pay Only: \$90/week
Extended Camp Noon - 6pm: \$50

Track & Field Camp
Week 5 (9 - 11 am)
Ages 6 - 15

Campers will learn the essentials to maximize performance in track and field camp.

Camp Fee: \$78/week
Members Pay Only: \$68/week
Extended Camp 11 am - 6pm: \$50

Tennis Camp
Week 3 (9 - 11 am)
Week 7 (9 - 11 am)
Ages 6 - 15

Have fun playing at a higher level by enhancing your skills in tennis indoors at the South County Y.

Camp Fee: \$78/week
Members Pay Only: \$68/week
Extended Camp 11 am - 6pm: \$50

Basketball Camp
Week 2 (9 am - Noon)
Ages 6 - 15

YMCA sports staff offer this "skills and drills" clinic as a high quality instructional camp for all levels of play.

Camp Fee: \$100/week
Members Pay Only: \$90/week
Extended Camp Noon - 6pm: \$50

FULL DAY SPECIAL INTEREST CAMPS



9 am - 4 pm
Ages 8-12



are designed to offer activities focused on a particular interest, learning or progressive opportunity while incorporating overall traditional Y camp principles. Examples include waterpark hop, science, cooking and other activities. Camp size may be smaller in nature and may be offered either indoors or outdoors based on the specified interest.

Camp Fee: \$149/week
Members Pay Only: \$129/week

Senior Vet Camp Week 7

Discover your passion for animals and learn how to care for them through guest speakers and hands on activities.

Theatre Camp Week 8

This camp offers an introduction to basic theatre skills and set construction.

Creative Arts Camp Week 9

Create those arts and crafts projects you find when scrolling online websites!

STEAM Camp Week 10

Discover Science, Technology, Engineering, Art, and Math! This is a basic camp designed to introduce campers to STEAM!



GYMNASTICS CAMPS



9 am - 4 pm
Ages 5-12

Gym & Swim Camp Weeks 1, 3, 6, 8

Includes gymnastics skills, swimming, water play and "hub" activities for all levels.

Gymnastics Camp Weeks 2, 4, 7

Designed for kids interested in learning about gymnastics or expanding their skills. All levels are welcome.

Hip Hop & Gymnastics Weeks 10

Includes gymnastics skills and street dance styles, primarily danced to hip hop music.

Cheer/Tumble Week 5, 9

Campers will learn basic tumbling, cheers, and jumps. All levels are welcome.

 Held Outside

 Weekly Field Trip

 Swimming

Please note that occasionally camp scheduling and content are subject to change. Parents/guardians will be notified of any changes prior to the beginning of camp.



AQUATICS CAMP

9 am-4 pm



Beginner Swim Camp

Weeks 2, 3

Ages 5-12

All activities are designed for beginners or non-swimmers. Basic swim skills will be taught daily along with basic water games and sports.

Camp Fee: \$149/week

Members Pay Only: \$129/week

Water Fun

Weeks 5, 6, 7, 9, 10

Ages 5-12

Based around all of the fun things we can do in the water. We will enjoy free swim, water games, water balloon activities, squirt gun games and lots of WET fun!

Camp Fee: \$149/week

Members Pay Only: \$129/week

Babysitters Camp

Week 4

Ages 10-14

Develops great babysitters! Safety, basic child care, safe play, first aid, emergency action skills and quick and easy crafts are taught.

Camp Fee: \$149/week

Members Pay Only: \$129/week

Water Park Hop

Week 8

Ages 8-14

Will eat lunch at a local park each day prior to attending water park. Visit a different local water park each day. Must be 48" tall to participate in this camp due to water park regulations. Pick up and drop off at the South County Y.

Camp fee includes admission costs.

Camp Fee: \$185/week

Members Pay Only: \$160/week



Held Outside



Weekly Field Trip



Swimming

CAMPS	WEEK 1 May 28-31	WEEK 2 June 3-7	WEEK 3 June 10-14	WEEK 4 June 17-21	WEEK 5 June 24-28	WEEK 6 July 1-5 *No Camp July 4	WEEK 7 July 8-12	WEEK 8 July 15-19	WEEK 9 July 22-26	WEEK 10 July 29-August 2	WEEK 11 August 5-9
PRESCHOOL: HALF DAY											
Ages 3-5		•	•	•	•		•	•	•	•	
TRADITIONAL: FULL DAY											
Ages 5-8	Thundermoon Explorers Art Rageous JR	Thundermoon Explorers	Thundermoon Explorers	Thundermoon Explorers Art Rageous JR	Thundermoon Explorers Art Rageous JR	Thundermoon Explorers	Thundermoon Explorers	Thundermoon Explorers Art Rageous JR	Thundermoon Explorers		
Ages 9-12	Thundermoon Voyagers Art Rageous SR	Thundermoon Voyagers	Thundermoon Voyagers	Thundermoon Voyagers Art Rageous SR	Thundermoon Voyagers Art Rageous SR	Thundermoon Voyagers	Thundermoon Voyagers	Thundermoon Voyagers Art Rageous SR	Thundermoon Voyagers		
Ages 5-12			Super Science Camp			Super Science Camp	Super Science Camp				#BESTWEEKEVER
Ages 10-13		Fit-tastic!		Fit-tastic!	Fit-tastic!		Fit-tastic!		Fit-tastic!	Fit-tastic!	
SPECIAL INTEREST: HALF DAY											
Ages 6-15		Basketball	Tennis	Volleyball	Cavallero Baseball* Track & Field		Tennis		Volleyball		
Extended Camp (1/2 Day PM)		•	•	•	•		•	•	•	•	
SPECIAL INTEREST: FULL DAY											
Ages 8-12							SR. Vet Camp	Theatre Camp	Creative Arts	STEAM Camp	
AQUATICS: FULL DAY											
Ages Vary		Beginner Swim (Ages 5-12)	Beginner Swim (Ages 5-12)	Babysitter Camp (Ages 10-14)	Water Fun (Ages 5-12)	Water Fun (Ages 5-12)	Water Fun (Ages 5-12)	Waterpark Hop (Ages 8-14)	Water Fun (Ages 5-12)	Water Fun (Ages 5-12)	
GYMNASTICS & DANCE: FULL DAY											
Ages 5-12	Gym & Swim	Gymnastics	Gym & Swim	Gymnastics	Cheer/Tumble	Gym & Swim	Gymnastics	Gym & Swim	Cheer	Hip Hop & Gymnastics	
SPORTS: FULL DAY											
Ages 5-12	Wide World of Sports	Dodgeball	Baseball/Softball	Soccer	Basketball	Wide World of Sports	Kickball	Flag Football	Soccer	Dodgeball	
BEFORE & AFTER EXTENDED CARE											
Fun Club (AM & PM)	•	•	•	•	•	•	•	•	•	•	•

FUN CLUB

Before & After Camp Extended Care

Ages 5-13

Before Care: 6:30 am – 9 am

After Care: 4 pm – 6 pm

Extended Care is a program which runs before and after normal camp hours. This program helps meet the needs of working parents/guardians. Children may select activities from different interest areas, such as a sports activity, creative arts activity, table games or small group games. Held outside, weather permitting.

Fun Club fees include both before and after care.

Fee: \$20 per camper, per week

Fun Club is a separate program and must be registered for in addition to your camp selection.

BEST. SUMMER. EVER.



COME TO LEARN RETURN TO SERVE

YMCA Central Leaders School
is an exciting, supportive week for
teens to learn about themselves.



Illinois College

July 14 – 20, 2019

For teens completing grades 6-12, are active in a Leaders Club or other service opportunities at their local YMCA or community

Contact Jennifer.Davis@gwymca.org for more info.



Register by May 15, 2019 for discounted rates.



ADVENTURE AWAITS AT YMCA CAMP LAKEWOOD

Experience the ultimate overnight summer camp experience with days packed full of adventure activities, water sports, swimming and time spent enjoying the great outdoors. We know summer doesn't last forever, but we're here to help create memories that do.

Reserve your child's spot today!

Y Member Special

\$100 off session 1-3

\$45 off sessions 4-10

2019 Open House Dates

March 24

April 7

April 28

May 19



**TROUT LODGE
& CAMP LAKEWOOD**

ymcaoftheozarks.org
888-FUN-YMCA

Outdoor Rangers Camps

Play, Learn, Serve, Work Outdoors

Camp Fees: \$175 Members Pay Only: \$145
Includes Fun Club*

The Gateway Region Y, in continued partnership with the US National Park Service, Missouri State Parks, US Fish and Wildlife Service and Army Corps of Engineers, is excited to offer 5 weeks of fun and educational camp opportunities exploring nature and recreation in our Missouri parks and public lands. All programming is subject to Mother Nature's rules (weather permitting).

These camps are based at the **South City Family YMCA***, from 8:30 am – 4:30 pm, end of day times may vary.

Rookie Rangers

June 10 -14 • Ages 5-7

Rookies is an introduction to the adventures of the Outdoor Ranger Camps. Join us in Ranger adventures of hiking, water safety, fishing, archery, outdoor survival skills and cave exploration.

Park Rangers

Creeks, Lakes & Rivers

June 17 - 21 • Ages 7-13

Splash your way through a week of water fun. Build a creek dam and explore nature's water creatures. Paddle your way on our great waterways and catch a big one fishing the shores of Missouri's parks.

Conservation Rangers

Fins, Furs & Feathers

June 24 - 28 • Ages 7-13

Explore the world of conservation. Fish the lakes and rivers, fine tune your archery marksmanship, net for macros in ponds and search for birds on Missouri's public lands.

Urban Rangers

July 8 -12 • Ages 7-13

Be a tourist in your own hometown! See the city and surrounding parks in a whole new way as we explore the gems that make St. Louis such a great place to live. Highlights include the Gateway Arch, Old Court House, visit caves around Missouri. Perfect your fishing skills in Forest Park. And make art while learning archery.

Extreme Rangers

July 15 -19 • Ages 11-15

Do you have what it takes to be an extreme Ranger? Put your outdoor adventure skills to the test finding your way by compass, build a shelter, make your own survival fishing pole and see if you can catch the big one. Paddle your way on float trip at Meramec St. Park. Put all your skills together on an overnight camp out at one of our Missouri State parks.

COUNSELOR IN TRAINING (CIT)

CITs will be provided with a hands-on experience working with young campers and the opportunity to cultivate their skills and knowledge in the day camp setting. CIT application, interview, training and a 4-week commitment required.

\$150 Fee (CIT must commit to a minimum of 4 weeks)

Applications available at YMCA service center for ages 14-17.

APPLICATIONS AVAILABLE AFTER JANUARY 1 AND DUE BY APRIL 15, 2019.

Contact Jennifer Davis

(314) 849-9622 | jennifer.davis@gwrymca.org



For more information contact, Cheryl Roe
314.644.3100 or cheryl.roe@gwrymca.org

*Camps will be based at the South City YMCA. Registration available at South City and Carondelet Park Rec Complex (transportation to and from South City to Carondelet Park Rec Complex available for campers registered at Carondelet Park Rec Complex. Fun Club participation available at the branch of camp registration - South City or Carondelet Park Rec Complex- at no charge.





WHAT YOU NEED TO KNOW

First Day to Register

Registration will begin on Wednesday, December 26. All required enrollment forms must be completed in full and received prior to attending camp.

How to Register

In person: at the South County Y
Online: Download enrollment packets at www.gwrymca.org/southcounty.

Please note: In order to receive the member rate you must have an active family membership at the time of registration and program participation.

Inclusion Services

The YMCA provides inclusive programming and reasonable accommodations for all of our program participants. Completed forms must be submitted to the YMCA branch a minimum of two weeks prior to your child's expected camp start date. Factors affecting your child's start date include: late enrollment, submission of incomplete or out-of-date paperwork, and availability of appropriate staff to help facilitate your child's successful participation in the program. Paperwork is processed in the order received.

Age 5 Campers

All children age 5+ may attend a full day camp program provided they have completed a full day educational environment for at least one year prior to enrollment in day camp programs. No naps provided. 5 year-old attendance will be evaluated on an ongoing basis to ensure positive camp experience and child's readiness for full day activities. Camp is based upon chronological age, not developmental age. We may request that a birth certificate be presented for age 5 campers if needed.

Financial Assistance Policy

As a charitable nonprofit organization, the Gateway Region YMCA makes financial assistance available to help ensure that all have the opportunity to learn, grow and thrive through programs like summer day camp. For more information on how to apply or to help send another child to camp by making a donation to the Y's Annual Campaign, call 314-849-9622.

REGISTRATION CHECKLIST

When registering, remember to complete the following:

1

Fill out the enrollment packet, including:

- Camp Registration Information
- Enrollment forms
- EFT form

2

Supply:

- Immunization records (Preschool Campers only)
- IEP, BMP, or 504 Plan including additional Inclusion Services forms (if applicable)
- Chronic Health paperwork (if applicable)
- DFS/CHASI approval letter (if applicable)
- Financial Assistance approval letter (if applicable)

3

Read the Family Handbook

4

Pay:

\$20 deposits for each week registered for camp



Registration Forms

All forms necessary for registration can be downloaded from our website, www.gwrymca.org/southcounty or picked up at the South County Family YMCA. Online registration for camp is available. (Please note: Registrations made online do not complete your child's registration process and additional forms are required. These forms are available on our branch website or can be picked up at the Welcome Center. Completed forms must be turned in to the branch no later than 2 weeks prior to your child's first day of camp.)

Payment Methods

Autodraft is the preferred method of payment. You can pay for each week of camp by the specified deadlines as stated in your Family Handbook. Payment options include; online or at the Welcome Center. Methods of payment accepted are cash, check, credit, debit, or money order.



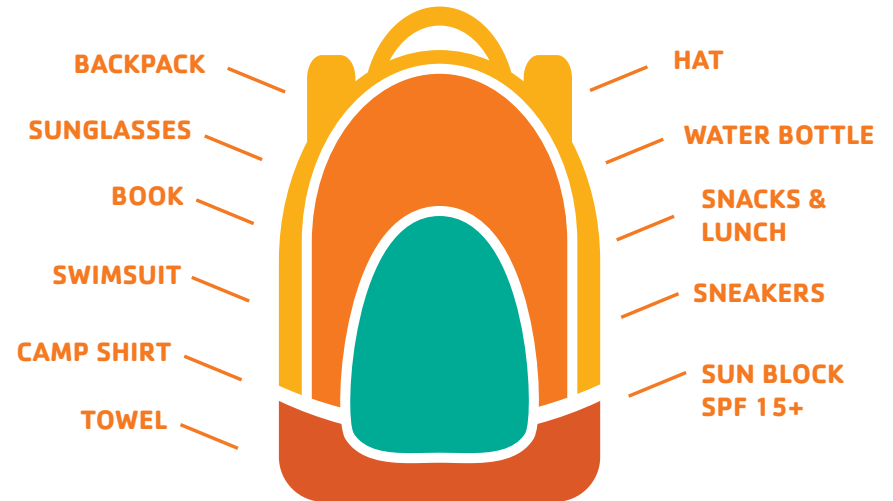
Camp Counselor Meet 'n' Greet

Thursday, May 9 from 6:30-7:30pm

SOUTH COUNTY FAMILY YMCA

Parents of new and returning campers are highly encouraged to attend our Meet n' Greet. Important information will be shared to ensure your camper will be prepared and have a positive first experience. Parents will also have the opportunity to meet the camp staff and ask specific questions.

WHAT TO BRING





FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

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St. Louis, MO 63128
314.849.9622
www.gwymca.org/southcounty

NON-PROFIT ORG.
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ADVENTS AWAITS

REGISTER EARLY AND SAVE!

Early Bird Special – Time to Sign Up: December 26 to January 31

- 20% OFF*

Summer Blast – Time to Sign Up: February 1 to February 28

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