



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SUMMER UNPLUGGED



**SUMMER
CAMP 2018**
O'FALLON ILLINOIS YMCA
www.gwrymca.org/ofallonillinois



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CAMP CONTACTS

OUR CAMP STAFF:

Chris Butler
Youth & Family Program Director
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Senior Program Director
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WELCOME TO CAMP

O'FALLON ILLINOIS YMCA

284 N. Seven Hills Rd
O'Fallon, IL 62269
phone: (618) 628-7701
website: www.gwrymca.org/ofallonillinois

Camp Hours

Monday-Friday 9 am-4 pm

Fun Club (before & after camp care)

6:30-9 am and 4-6 pm
Details on p. 9

SAVE ON CAMP!

Did you know that Y members receive the lowest rates for camp? Ask us about membership today!

Camp Counselor Meet 'n' Greet

May 24
O'FALLON ILLINOIS YMCA
6:30 - 8:00 pm

Parents of new and returning campers are highly encouraged to attend our Meet 'n' Greet. Important information will be shared to ensure your camper will be prepared and have a positive first experience. Parents will also have the opportunity to meet the camp staff and ask specific questions. Light refreshments will be available.

YMCA MISSION: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

Welcome Families & Campers

At the O'Fallon Illinois Y, we have an action-packed program planned this summer, where young people can make new friends while having a whole lot of fun! The trained and dedicated staff, age-appropriate activities, new camps, field trips, team building, sports and crafts come together to make an unforgettable summer. Our focus is on developing the potential of every camper, while creating a warm and nurturing environment where all campers can play, challenge themselves, and make friends. We strive to engage our campers with mentally and physically rewarding activities that incorporate our core values of Caring, Honesty, Respect, & Responsibility.

I am excited for this new opportunity to be Youth & Family Director. Since my start with summer camp here in 2010, I have enjoyed making a positive impact on the O'Fallon community and look forward to strengthening our community.

-Chris Butler

Youth & Family Program Director

SPECIAL PRICING

REGISTER EARLY AND SAVE!

Early Bird Special - Time to Sign Up: December 26 to January 31
• 20% OFF up to three weeks total of camp

Summer Blast - Time to Sign Up: February 1 to February 28
• 15% OFF up to three weeks total of camp

Summer is Right Around the Corner: March 1 to March 31
• 10% OFF up to three weeks total of camp

Register online at www.gwrymca.org/ofallonillinois

Discount will be applied in person at the branch, or if registering online, the Camp Registrar will notify you through confirmation email the discount has been applied. Not all camps are eligible for discount and it can only be applied to one special interest camp per child. Camp deposit required upon registration. Cannot be combined with any other offer. Does not apply to Camp Lakewood or C.I.T. (Counselor in Training) or Fun Club extended care.





PRESCHOOL CAMP

Ages 3-5
9 am - 4 pm

Offered throughout the entire summer, Preschool Camp is the perfect place for your little one to learn the importance of our YMCA core values; Caring, Honesty, Respect and Responsibility. Our trained counselors will guide campers through crafts, weekly swimming, games and other fun activities. Your child will leave camp with memories that last a lifetime. All campers must be toilet trained.

Preschool Camp Themes:

- Week 1: Celebrate Summer
- Week 2: Animal Planet
- Week 3: Celebrate the City
- Week 4: To Infinity & Beyond
- Week 5: Go for the Gold
- Week 6: Party in the USA
- Week 7: The Magic of Camp
- Week 8: The Y's Got Talent
- Week 9: Salute to Our Heroes
- Week 10: Aloha O'Fallon
- Week 11: Best of the Best

Days Attending	Member	Non-Member
Mon-Fri	\$95	\$125
Mon/Wed/Thur	\$75	\$105
Mon/Wed/Fri	\$75	\$105

TRADITIONAL

CAMP FUN IN THE SUN

Ages 5-12
9 am - 4 pm



Offered throughout the entire summer, this camp is designed for a wide variety of conventional interests that include arts & crafts, group games, nature exploration, swimming, field trips and more. Camps are themed weekly. Most camp activities will be held outdoors with indoor activities provided based on the day and theme. Day campers will be divided into groups, by the grade level they are entering in the fall, with activities appropriate to the interests and needs of each group. Most weeks include a field trip.

Weekly Themes:

- Week 1: Celebrate Summer
- Week 2: Animal Planet
- Week 3: Celebrate the City
- Week 4: To Infinity & Beyond
- Week 5: Go for the Gold*
- Week 6: Party in the USA
- Week 7: The Magic of Camp
- Week 8: The Y's Got Talent
- Week 9: Salute to Our Heroes
- Week 10: Aloha O'Fallon
- Week 11: Best of the Best

* Campers will participate in Y Camp Games with other campers throughout the Gateway Region YMCA.

Days Attending	Member	Non-Member
Mon-Fri	\$95	\$125
Mon/Wed/Thur	\$75	\$105
Mon/Wed/Fri	\$75	\$105

TYPICAL DAY

- 6:30-9 Fun Club: Before Care
- 8:50-9 Drop off
- 9-9:30 Opening ceremony
- 9:30-10 Morning snack
- 10-11 Group activity 1: craft, nature, games, and/or songs
- 11-11:45 Group Activity 2: fitness and/or sport activity
- 11:45-12:30 Lunch
- 12:30-1:30 Camp Readers or small group activity
- 1:15-3:45 Swim, choice activity, or guest speaker
- 3:45 Closing group rally
- 4:00 Pick up
- 4-6 Fun Club: After Care

On field trip days, schedules will vary.

CAMP KEY

- SUN** = held outside
- BUS** = weekly field trip
- WAVE** = swimming

SPORTS CAMPS



9am – 4pm

From 9 to noon, campers participate in their sport. From noon to 4, campers participate in traditional camp activities.

Sports Camp Fee: \$150/week
Members Pay Only: \$120/week

Bowling

Week 2: June 4–8 • Ages 8–12

Week 8: July 16–20 • Ages 8–12

Campers will learn techniques to improve bowling skills and learn the proper way to keep score. Campers will take a bus to the bowling alley every morning and return in the afternoon.

Baseball

Week 2: June 4–8 • Ages 6–12

This camp is great for kids who are just putting on a glove to those who have played the sport for years. Learn the fundamentals in daily competitions. Catching, throwing, bunting, hitting, and base running—we'll practice it all.

Basketball

Week 3: June 11–15 • Ages 6–12

Week 7: June 9–13 • Ages 6–12

Basketball camp includes lessons in fundamentals and strategy. Campers will run through drills and play games. Learn techniques for dribbling, shooting, and playing proper defense.

Flag Football

Week 4: June 18–22 • Ages 6–12

This non-contact sport is a great way to learn the fundamentals of football. Campers will learn strategy, run drills, and play games. It's fast-action fun!

Soccer

Week 5: June 25–29 • Ages 6–12

This camp emphasizes individual and team-based skills, while learning the fundamentals of the game. We'll play soccer outdoors, rain or shine, unless there is severe weather. Rubber or plastic cleats are allowed.

Cheerleading

Week 7: July 9–13 • Ages 6–12

Learn basic cheerleading and tumbling moves including jumps and cheers. Campers will show off their talents during a performance at the end of the week.

Gymnastics

Week 9: July 23–27 • Ages 6–9

This camp is perfect for beginner and advanced gymnasts. Campers will learn skills on the floor, vault, bars, low beam, and high beam. Campers will put on a performance at the end of the week for family and friends.

Volleyball

Week 9: July 23–27 • Ages 8–12

This camp is for both new volleyball players and those who want more instruction. We'll cover, passing, setting, serving, and defense. Based on the ability of the child, we'll go over hitting and blocking. Instruction focuses on encouraging new skills that will allow players to reach their fullest potential.

Rock Climbing

Week 8: July 30–Aug 3 • Ages 8–12

Campers put their strength, strategy, and skill against our rock climbing wall. Kids will learn about basic climbing footings and grips, belay techniques, knot tying, and climbing safety. Campers will travel off site one day during the week to test their climbing skills.

TRAVELING CAMPS

9am–4pm*

Campers will enjoy a new field trip every day. *Some days may require an earlier drop-off or later pick-up. Specific details will be made available the week prior.

Water Park Hop

Week 5: June 25–29 • Ages 10–14

Week 10: July 30–Aug 3 • Ages 10–14

Whether you love water slides or relaxing in a lazy river, this camp will meet all of your water park adventure dreams. Campers will explore a variety of water parks in the area, attending a new park each day of the week. In the case of inclement weather alternate field trips will be planned.

Camp Fee: \$235/week

Members Pay Only: \$215/week

Please note that occasionally camp scheduling and content are subject to change. Parents/guardians will be notified of any changes prior to the beginning of camp.



SPECIAL INTEREST CAMPS

are designed to offer activities focused on a particular interest, while incorporating overall traditional Y camp principles. Camp size may be smaller and may be offered either indoors or outdoors based on the specified interest. From 9 am – noon, campers participate in their special interest camp. From noon – 4 pm, campers participate in traditional camp activities.

9am-4pm



Special Interest camps will take weekly field trips. Destinations to be confirmed Spring 2018.

Special Interest Fee: \$150/week
Members Pay Only: \$120/week

Show Choir

Week 3: June 11-15 • Ages 6-12

Campers will show off their singing talents with popular songs and we'll learn simple dance routines to go along with them. Plus we'll have a show at the end of the week!

Scientific Explosion

Week 4: June 18-22 • Ages 8-12

Learn science through messy and fun experiments. We'll go over physical and chemical changes, different types of energy, and more. Campers will go back to school excited for science class!

All the World's a Stage

Week 5: June 25-29 • Ages 6-12

Learn basic stage terms, dancing and acting skills, and tips on auditioning and performing your best. From improv to stage fright, we'll cover it all. Campers must read script and practice at home for a variety show at the end of the week.

Fabulous Fashion

Week 7: July 9-13 • Ages 6-12

Find out what it means to be a "fashionista!" We'll share tips for hair and nail care, design our own clothing, and learn interior design basics. Plus we'll have a fashion show at the end of the week!

Kids in the Kitchen

Week 8: July 23-27 • Ages 8-12

Explore new foods and expand your taste buds, while learning to cook yummy foods. Campers will use various ingredients and kitchen utensils and learn about nutrition.

Artful Antics

Week 10: July 30-Aug 3 • Ages 6-12

Learn about artists and their techniques through hands-on activities. Create pieces that will be on display at our art show at the end of the week.

AQUATICS CAMPS

Aquatics Camps Fee: \$150/week
Members Pay Only: \$120/week

Aquatic Adventures

Week 3: June 11-15 • Ages 6-9

Week 8: July 16-20 • Ages 6-9

This camp is designed for swimmers of all levels. Campers will become comfortable in the water, develop and refine skills, and practice safety in and around the water. Aside from swim lessons, campers will also play water games and have splash time in the pool.

Aquatic Games

Week 9: July 23-27 • Ages 9-12

Your child will be introduced to water polo, water volleyball and water basketball. They will not only play games in the pool, but will also play fun water games outside.

FUN CLUB

Before & After Camp Extended Care

Ages 3-12

Before Care: 6:30 am – 9 am

After Care: 4 pm – 6 pm

Extended Care is a program which runs before and after normal camp hours. This program helps meet the needs of working parents/guardians. Children may select activities from four different interest areas, such as a sports activity, creative arts activity, table games or small group games.



A light snack will be provided in After Care. Fun Club fees include both before and after care.

Members:

\$15/child/week for Before OR After Care

Non-members:

\$20/child/week for Before OR After Care

Counselor In Training (CIT)

CITs will be provided with a hands-on experience working with young campers and the opportunity to cultivate their skills and knowledge in the day camp setting. CIT application, interview, training and a 4-week commitment required.

\$150 Fee (CIT must commit to a minimum of 4 Weeks)

Applications available online or at the YMCA Welcome Center for ages 14-17.

APPLICATIONS ARE DUE
MAY 14, 2018

Contact Chris Butler
(618) 628-7701
chris.butler@gwrymca.org



Register early and save | 9

CAMPS	WEEK 1 May 29-June 1	WEEK 2 June 4-8	WEEK 3 June 11-15	WEEK 4 June 18-22	WEEK 5 June 25-29	WEEK 6 July 2-6	WEEK 7 July 9-13	WEEK 8 July 16-20	WEEK 9 July 23-27	WEEK 10 July 30-August 3	WEEK 11 August 6-10
PRESCHOOL											
Wee Y Camp (3-5 Yrs) Full Day	•	•	•	•	•	•	•	•	•	•	•
TRADITIONAL											
Traditional Day Camp (5-13 Yrs) Full Day	•	•	•	•	•	•	•	•	•	•	•
SPORTS											
Baseball		Ages 6-12									
Basketball			Ages 6-12				Ages 6-12				
Bowling		Ages 8-12						Ages 8-12			
Cheerleading							Ages 6-12				
Flag Football				Ages 6-12							
Gymnastics									Ages 6-8		
Rock Climbing								Ages 8-12			
Soccer					Ages 6-12						
Volleyball									Ages 8-12		
SPECIAL INTEREST											
All the World's a Stage					Ages 6-12						
Artful Antics										Ages 6-12	
Fabulous Fashion							Ages 6-12				
Kids in the Kitchen								Ages 8-12			
Scientific Explosion				Ages 8-12							
Show Choir		Ages 6-12									
TRAVELING											
Traveling Camps Ages 10-14 (Except where noted)						Water Park Hop				Water Park Hop	
AQUATICS											
Aquatic Games									Ages 9-12		
Aquatic Adventures			Ages 6-9					Ages 6-9			



- WHAT TO BRING**
1. SUNSCREEN
 2. WATER BOTTLE
 3. SWIMSUIT & TOWEL
 4. LUNCH & SNACKS
 5. A SMILE!



LONG LIVE SUMMER.



HERE'S TO GETTING AWAY.

At YMCA Trout Lodge and Camp Lakewood, we celebrate each trail ride, campfire and cannonball. We know summer doesn't last forever, but we're here to help create the memories that do.

Adventure awaits.

Y Member Special
\$100 off Sessions 1-3
\$45 off Sessions 4-10

2018 Open House Dates
March 18
April 8
April 29
May 20

TROUT LODGE & CAMP LAKEWOOD
ymcaoftheozarks.org
888-FUN-YMCA



Outdoor Rangers Camps

Play, Learn, Serve, Work Outdoors
Camp Fees: \$160 Members Pay Only: \$140
Includes Fun Club**

The Gateway Region Y, in continued partnership with the U.S. National Park Service, Missouri State Parks, U.S. Fish and Wild Life Service and Army Corps of Engineers, is excited to continue offering 5 weeks of fun and educational camp opportunities. All programming is subject to Mother Nature's rules (weather permitting). These camps are based at the South City Family YMCA, from 9 am - 4 pm.

Rookie Rangers

Rookies is an introduction to the adventures of the Outdoor Ranger Camps. Join us in Ranger adventures of hiking, water safety, fishing, archery, outdoor survival skills and cave exploration. Ages 5-7
Week 3: June 11-15

Trail Rangers

Hiking, riding, paddling and cycling the scenic trails of Missouri. Hike the Don Robinson State Park trails. Bike the trails in Route 66 St. Park (20 in 1 speed bikes available, may bring own bike). Paddle the Riverlands Water Trail and saddle up and ride a horse at our own Trout Lodge. Ages 7-13
Week 4: June 18-22

Water Rangers

All things water! Paddling, fishing, macro netting and cave exploring is waiting for our Water Rangers. Are you ready to test your paddle skills at Cuivre River State Park? Join us for some water fun. Ages 7-13
Week 5: June 25-29

City Rangers

Be a tourist in your own hometown! See the city in a whole new way as we explore the gems that make St. Louis such a great place to live. Highlights include the Gateway Arch, Old Court House, the Missouri Botanical Garden, Forest Park and U.S. Grant National Historic Site! Ages 7-13
Week 7: July 9-13

Extreme Rangers

Do you have what it takes to be an Extreme Ranger? Put your outdoor adventure skills to the test. Mountain biking at Castlewood State Park, climb and rappel your way through the course at Trout Lodge. Paddle your way on a float trip and overnight at Meramec St. Park. Ages 11-15

Week 8: July 16-20

For more information, contact Cheryl Roe
314.644.3100 or cheryl.roe@gwymca.org

*Camps will be based at the South City YMCA with transportation to and from the Carondelet Park Rec Complex for campers who register at Carondelet Park Rec Complex.
**Fun Club participation is located at the branch of camp registration.



CHECK IT OFF REGISTRATION CHECKLIST

When registering, remember to complete the following:

- Completely fill out enrollment packet, which includes:
 - Camp Registration Information
 - Enrollment forms
 - EFT form
- Supply Immunization records for Preschool Campers only
- Supply IEP, BMP, or 504 Plan including additional Inclusion Services forms (if applicable)
- Supply Chronic Health paperwork (if applicable)
- Supply DFS/CHASI approval letter (if applicable)
- Supply Financial Assistance approval letter (if applicable)
- Read the Family Handbook
- Pay deposits for each week registered for camp: \$10 for Traditional and Preschool and \$50 for Sports & Special Interest

All forms necessary for registration can be downloaded from our website, www.gwrymca.org/ofallonillinois or picked up at the O'Fallon Illinois YMCA. Online registration for camp is available. Please note: registrations made online do not complete your child's registration process and additional forms are required. These forms are available on our branch website or can be picked up at the Welcome Center. Completed forms and signed family handbook must be turned in to the branch no later than 2 weeks prior to your child's first day of camp.

Autodraft is the preferred method of payment. You can pay for each week of camp by the specified deadlines as stated in your Family Handbook. Payment options include; online or at the Welcome Center. Methods of payment accepted are cash, check, credit, debit, or money order.

INCLUSION SERVICES

The YMCA provides inclusive programming and reasonable accommodations for all of our program participants. Completed forms must be submitted to the YMCA branch a minimum of two weeks prior to your child's expected camp start date. Factors affecting your child's start date include: late enrollment, submission of incomplete or out-of-date paperwork, and availability of appropriate staff to help facilitate your child's successful participation in the program. Paperwork is processed in the order received.



WHAT YOU NEED TO KNOW

First Day to Register

Summer Camp registration will begin on Tuesday, December 26. All required enrollment forms must be completed in full & received prior to attending camp.

How to Register

In person or online. Download enrollment packets at www.gwrymca.org/ofallonillinois.

Financial Assistance Policy

As a charitable nonprofit organization, the Gateway Region YMCA makes financial assistance available to help ensure that all have the opportunity to learn, grow and thrive through programs like summer day camp. For more information or to help send another child to camp by making a donation to the Y's Annual Campaign, call (618) 628-7701.

Age 5 Campers

All children age 5+ may attend a full day camp program provided they have completed a full day educational environment for at least one year prior to enrollment in day camp programs. No naps provided. 5 year-old attendance will be evaluated on an ongoing basis to ensure positive camp experience and child's readiness for full day activities. Camp is based upon chronological age, not developmental age. We may request that a birth certificate be presented for age 5 campers if needed.



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