



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# SUMMER UNPLUGGED



SUMMER  
CAMP  
2017



EAST BELLEVILLE YMCA  
[www.gwrymca.org](http://www.gwrymca.org)

# WELCOME TO CAMP

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## CAMP CONTACT

**Bryce Joyner**  
**Youth & Family Director**  
 (618) 236-9983  
 bryce.joyner@gwrymca.org

### SAVE ON CAMP!

**Did you know that Y members receive the lowest rates for camp? Ask us about membership today!**

**YMCA MISSION:** To put Christian principles into practice through programs that build healthy spirit, mind and body for all.



## East Belleville YMCA

2627 Carlyle Ave.  
 Belleville, IL 62221  
 phone: (618) 236-9983  
 email: east.belleville@gwrymca.org  
 website: www.gwrymca.org/eastbelleville

## Camp Hours

All Camps:  
 Monday – Friday • 9 am – 4 pm  
 Fun Club: Before and After Care:  
 Monday – Friday  
 6:30 – 9 am • 4 – 6pm

## Fun Club: Before & After Camp Care

Available for all camps 6:30 – 9am and 4 – 6 pm. Held outside, weather permitting. See page 7.

## Meet n’ Greet with Camp Counselors

May 23 and 25  
 East Belleville YMCA  
 6:30 pm – 8pm

Parents of new and returning campers are highly encouraged to attend our Meet n’ Greet. Important information will be shared to ensure your camper will be prepared and have a positive first experience. Parents will also have the opportunity to meet the camp staff and ask specific questions.

**Register early!  
 Space is limited!**

## Welcome Families & Campers

At the East Belleville Y, we have an action-packed program planned this summer, where young people can make new friends while having a whole lot of fun! The trained and dedicated staff, age-appropriate activities, new camps, field trips, team building, sports and crafts come together to make an unforgettable summer. Our focus is on developing the potential of every camper, while creating a warm and nurturing environment where all campers can play, challenge themselves, and make friends. We strive to engage our campers with values-driven, mentally and physically rewarding activities.

–Bryce Joyner, Camp Director

# WHAT YOU NEED TO KNOW

## First Day to Register

Summer Camp registration will begin on Monday, December 26. All required enrollment forms must be completed in full and received prior to attending camp.

## How to Register

In person or online. Download enrollment packets at [www.gwrymca.org/bellevillecamp](http://www.gwrymca.org/bellevillecamp). More details are also available in the back of this brochure.

## Financial Assistance Policy

As a charitable nonprofit organization, the Gateway Region YMCA makes financial assistance available to help ensure that all have the opportunity to learn, grow and thrive through programs like summer day camp. For more information or to help send another child to camp by making a donation to the Y’s Annual Campaign, call (618) 236-9983.







# PRESCHOOL CAMP

Ages 3 – 5  
9 am – 4 pm



Preschool Camp offers activities that will prepare your child for the formal school environment. Children will have outdoor play, story time, and a variety of interactive activities. Camps are themed weekly. Quiet time is encouraged in lieu of nap time and campers must be potty trained. Campers swim everyday except field trip days. Each week includes a field trip or a special event at the Y.

# TRADITIONAL CAMP

Ages 6 – 12  
9 am – 4 pm



Traditional Camp is designed for a wide variety of interests that include arts & crafts, group games, nature exploration, swimming, field trips, and more. Camps are themed weekly. Campers are grouped by age. Kids entering 7th grade are encouraged to participate in our CIT program (see p. 16). Most camp activities will be held outdoors with indoor activities provided based on the day and theme. Campers swim everyday except field trip days. Each week includes a field trip or a special event at the Y.

## WEEKLY THEMES

**Bellefestival**  
Week 1: May 30 – June 2

**Mad Science**  
Week 2: June 5 – 9



**Wild Wild West**  
Week 3: June 12 – 16



**Safari**  
Week 4: June 19 – 23

**Salute to Our Heroes**  
Week 5: June 26 – 30

**Party in the USA**  
Week 6: July 3, 5 – 7

**Cowabunga Water Fun**  
Week 7: July 10 – 14

**Challenge & Yucktastic**  
Week 8: July 17 – 21

**Very Merry Holidays**  
Week 9: July 24 – 28



**Out of This World**  
Week 10: July 31 – August 4



**Bon Voyage**  
Week 11: August 7 – August 11

Field trips will be posted in May at [gwrymca.org/bellevillecamp](http://gwrymca.org/bellevillecamp).

## CAMP KEY

**SUN** = held outside

**BUS** = weekly field trip

**WAVE** = swimming

## CAMP FEES

**Members:** 5-day option \$95/week  
3-day option \$75/week

**Non-members:** 5-day option \$125/week  
3-day option \$105/week

Camp will not be held on Memorial Day or Independence Day. Fees are as follows for Week 1: May 30 – June 2 and Week 6: July 3, 5–7. Members: \$76/week • Non-members: \$100/week

## TYPICAL DAY

6:30– 9:00 Fun Club: Before Care

9– 9:10 Drop Off

9:10–9:30 Opening Ceremonies

9:30–10 Small Group Time

10–10:30 Field Game

10:30–11:15 Special Guest/Activities

11:15–11:45 Lunch

12–12:30 Craft

12:30–1 Camp Readers

1–1:45 Group Game/Activity

1:45–2:30 Swim Time

2:30–3:15 Theme Event

3:15–3:45 Closing Ceremonies

3:45–4 Pick Up

4–6 Fun Club: After Care



Register early and save | 5





## SPORTS CAMPS

are geared toward all athletes. Whether kids are focusing on fundamentals or looking to fine-tune their skills, our camps offer something for everyone. From 9 am – 12pm, athletes participate in their specific sport camp. From 12 – 4pm, athletes participate in traditional camp activities.

**Ages 6 – 12**

**Members: \$120/week**

**Non-members: \$150/week**

### Baseball & Softball

**Week 4: June 19–23**

This camp is great for kids who are just putting on a glove and for those who have played the sport for years. Learn the fundamentals along with daily competitions. Catching, throwing, bunting, hitting, and base running—we'll learn it all! Plus campers will tour Busch Stadium during the week.

### Basketball

**Week 7: July 10–14**

Basketball camp includes lessons in fundamentals and strategy. Campers will run through drills and play games. Learn techniques for dribbling, shooting, and playing proper defense.

### Just Dance

**Week 9: July 24–July 28**

Love to dance or want to learn how? We'll cover ballet, jazz, poms, and hip hop. Kids will also play games and make crafts to build team spirit. We'll end the week with a performance for family and friends.

More sports camps on p. 8

## REGISTER EARLY AND SAVE!

### Early Bird Special

Time to sign up: December 26 to January 31  
• **20% OFF up to three weeks of camp**

### Summer Blast

Time to sign up: February 1 to February 28  
• **15% OFF up to three weeks of camp**

### Summer is Right Around the Corner

Time to sign up: March 1 to March 31  
• **10% OFF up to three weeks of camp**

Register online at [gwrymca.org/bellevillecamp](http://gwrymca.org/bellevillecamp)

Discount will be applied in person at the branch, or if registering online, the Camp Registrar will notify you through confirmation email the discount has been applied. Not all camps are eligible for discount. Camp deposit required upon registration. Cannot be combined with any other offer. Does not apply to Camp Lakewood, C.I.T. (Counselor in Training), Fun Club extended care, or 3-day camps.



## FUN CLUB Before & After Camp Care

**Ages 3–12**

**Before Care: 6:30 am – 9 am**

**After Care: 4 pm – 6 pm**

### Members:

\$15/child/week for Before Care

\$15/child/week for After Care

### Non-members:

\$20/child/week for Before Care

\$20/child/week for After Care

Fun Club is a program which runs before and after normal camp hours. This program helps meet the needs of working parents/guardians. Children can participate in a variety of activities, from sports to arts & crafts. A light snack will be provided in After Care. Camp is held outside weather permitting.



Register early and save | 7

# SPORTS CAMPS

**Ages 6 – 12**

**Members: \$ 120/week**

**Non-members: \$ 150/week**

## Soccer

**Week 3: June 12-16**



This camp emphasizes individual and team-based skills, while learning fundamentals of the game. We'll play soccer outdoors, rain or shine, unless there is severe weather. Rubber or plastic cleats are allowed.

## Speed & Agility Training

**Week 5: June 26-30**



Led by a member of our fitness staff, we'll work on speed drills, multi-directional agility drills, jumping, and strength exercises in a sports atmosphere. No matter what sport you play, this camp will help improve performance.

## Volleyball

**Week 8: July 17-21**

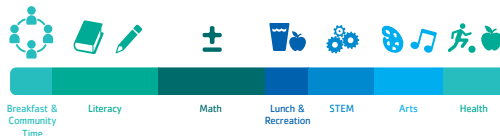


This camp is for both new volleyball players and those who have played, but want more instruction. We'll cover, passing, setting, serving, and defense. Based on the ability of the child, we'll go over hitting and blocking. Instruction focuses on encouraging new skills that will allow players to reach their fullest potential.



## FIND THE GENIUS WITHIN Power Scholars Academy™

a six-week needs-based summer program, serving students entering fourth through eighth grade, designed to not only tackle summer learning loss in math and reading, but to also foster physical and emotional growth. Program held in St. Louis City.



For registration and eligibility requirements for **Power Scholars Academy™** contact:

Jeff Hood  
 YMCA COMMUNITY DEVELOPMENT  
 jeff.hood@gwrymca.org or  
 314.776.7102

# SPECIAL INTEREST CAMPS

are designed to offer activities focused on a particular interest, while incorporating overall traditional Y camp principles. Camp size may be smaller and may be offered either indoors or outdoors based on the specified interest. From 9 am – 12pm, campers participate in their special interest camp. From 12 – 4pm, campers participate in traditional camp activities.

**Ages 6 – 12**

unless noted otherwise

**Members: \$ 120/week**

**Non-members: \$ 150/week**

## Artful Antics

**Week 4: June 19-23**



Learn about artists and their techniques through hands-on activities. Create pieces that will be on display at our art show at the end of the week. We'll also go to the St. Louis Art Museum!

## Cook, Cook & Away

**Week 5: June 26-30**



Explore new foods and expand your taste buds, while learning to cook yummy foods. Campers will use various ingredients and kitchen utensils, and learn about nutrition facts and healthy eating.

## CAMP KEY



**SUN** = held outside



**BUS** = weekly field trip



**WAVE** = swimming

## The Impact of Service

**Week 2: June 5 – 9**

**Ages 8 – 15**



Strive to be the best you can be by helping others. Campers will meet with community guests who will talk about the impact of service. We'll work on projects at the Y and give opportunities to serve in the community, too!

## Off-Broadway

**Week 9: July 24-28**



If your camper loves being the center of attention, this is the camp for them! We'll learn about reading lines, stage presence, and more. Campers will perform a skit in front of an audience at the end of the week.

## Tech Hub

**Week 7: July 10 – 14**



Campers will learn about electronic engineering and using technology to solve problems. Whether campers work with scribble bots, electrical currents, or listen to a professional guest speaker, this camp will be a great chance to learn the basics of technology.





# SUMMER CAMP SCHEDULE

# SUMMER CAMP SCHEDULE

CAMPS	WEEK 1 May 30-June 2	WEEK 2 June 5-9	WEEK 3 June 12-16	WEEK 4 June 19-23	WEEK 5 June 26-30	WEEK 6 July 3, 5-7	WEEK 7 July 10-14	WEEK 8 July 17-21	WEEK 9 July 24-28	WEEK 10 July 31-Aug. 4	WEEK 11 August 7-11
<b>PRESC HOOL</b>											
Preschool Day Camp (3-5 Yrs)	•	•	•	•	•	•	•	•	•	•	•
<b>TRADIT IONAL</b>											
Traditional Day Camp (6-12 Yrs)	•	•	•	•	•	•	•	•	•	•	•
<b>SPO RTS</b>											
Baseball/Softball				•							
Basketball							•				
Just Dance									•		
Soccer			•								
Speed & Agility					•						
Volleyball								•			
<b>SPECIAL INTEREST</b>											
Artful Antics				•							
Cook, Cook & Away					•						
Off-Broadway									•		
The Impact of Service		•									
Tech Hub								•			
<b>TE ENS</b>											
Counselor in Training (14-17 Yrs)		•	•	•	•	•	•	•	•	•	•

Sports and Special Interest Camps are for ages 6 – 12, with the exception of “The Impact of Service” for ages 8 – 15.

Please note that occasionally, camp scheduling and content are subject to change. Parents/guardians will be notified of any changes prior to the beginning of camp.



## WHAT TO BRING

1. SUNSCREEN
2. WATER BOTTLE
3. SWIMSUIT & TOWEL
4. LUNCH & SNACKS
5. A SMILE!



# REGISTRATION CHECKLIST

When registering, remember to complete the steps below:

- Completely fill out enrollment packet, which includes:
  - Camp Registration Information
  - Enrollment forms
  - EFT form
- Supply Immunization records for Preschool Campers only
- Supply IEP, BMP, or 504 Plan including Inclusion Services forms (if applicable)
- Supply Chronic Health paperwork (if applicable)
- Supply CHASI/Foster Child approval letter (if applicable)
- Supply Financial Assistance approval letter (if applicable)
- Read the Family Handbook
- Pay deposits for each week registered for camp

All forms necessary for registration can be downloaded from our website, [gwrymca.org/bellevillecamp](http://gwrymca.org/bellevillecamp) or picked up at the East Belleville YMCA. Online registration for camp is available.

**Please note: registrations made online do not complete your child's registration process and additional forms are required.** These forms are available on our branch website or can be picked up at the Welcome Center. Completed forms must be turned in to the branch no later than 2 weeks prior to your child's first day of camp.

Autodraft is the preferred method of payment. You can pay for each week of camp by the specified deadlines as stated in your Family Handbook. Payment options include; online or at the Welcome Center. Methods of payment accepted are cash, check, credit, debit, or money order.

## INCLUSION SERVICES

The YMCA provides inclusive programming and reasonable accommodations for all of our program participants. **Completed forms must be submitted to the YMCA branch a minimum of two weeks prior to your child's expected camp start date.** Factors affecting your child's start date include: late enrollment, submission of incomplete or out-of-date paperwork, and availability of appropriate staff to help facilitate your child's successful participation in the program. Paperwork is processed in the order received.





# IMPORTANT DATES

## JANUARY

- 2 - Winter Classes Begin
- 13 - Kids Night Out
- 31 - Last Day for 20% Early Bird Savings\*

## FEBRUARY

- 10 - Daddy/Daughter Dance
- 20 - Spring I Classes Begin
- 24 - Kids Night Out
- 28 - Last Day for 15% Savings\*

## MARCH

- 24 - Kids Night Out
- 31 - Last Day for 10% Savings\*

## APRIL

- 8 - Easter Egg Hunt
- 10 - Spring II Classes Begin
- 29 - Healthy Kids Day

## MAY

- 13 - Mom & Me Breakfast
- 23 - Meet n' Greet

- with Camp Counselors
- 25 - Meet n' Greet with Camp Counselors
- 26 - Kids Night Out
- 29 - Memorial Day (no camp)

- 29 - Summer I Classes Begin
- 30 - Camp Begins

## JUNE

- 9 - Kids Night Out
- 23 - Family Movie Night

## JULY

- 4 - Independence Day (no camp)
- 10 - Summer II Classes Begin

- 14 - Kids Night Out
- 28 - Kids Night Out

## AUGUST

- 10 - Back to School Bash
- 11 - Last day of camp
- 23 - Kids Night Out

\*See p. 7 for savings details.

## Check out these other kid-friendly events at your Y!

### Schools Out Camp

Held at the East Belleville Y on days throughout the school year when kids are off school (ie. holidays, spring break), Schools Out Camp keeps kids busy with arts & crafts, sports and other games, swimming, and other activities.

View upcoming dates at [gwrymca.org/programs](http://gwrymca.org/programs).

Register online or stop by the Welcome Center at the Y.

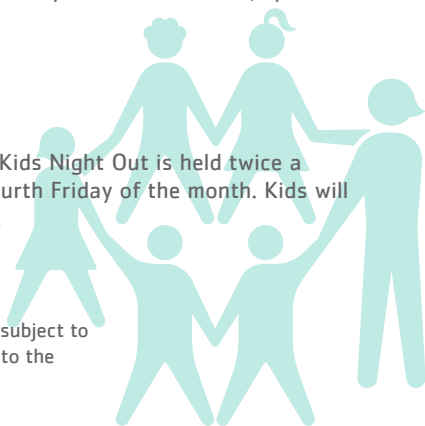
### Kids Night Out

Drop the kids off at the Y, while you take the night off! Kids Night Out is held twice a month at the East Belleville Y, usually the second and fourth Friday of the month. Kids will swim, play games, do arts & crafts, and other activities.

View upcoming dates at [gwrymca.org/programs](http://gwrymca.org/programs).

Register online or stop by the Welcome Center at the Y.

Please note that occasionally, camp scheduling and content are subject to change. Parents/guardians will be notified of any changes prior to the beginning of camp. Events are also subject to change.



# GROWING GREAT KIDS

Overnight Summer Camp  
YMCA CAMP LAKEWOOD

888-FUN-YMCA  
[camplakewood.org](http://camplakewood.org)

- Archery & Riflery
- Arts & Crafts
- Climbing Tower
- Zip Line & Tennis
- Nature Center
- Windsurfing
- Canoes & Kayaks
- Swimming
- Horseback Riding
- Basketball
- Fishing & Caving
- Rugby & Soccer
- Football & Hockey
- Volleyball
- Cabin Activities
- All-Camp Games
- 5,200 acres
- 360-acre lake
- and MUCH more!

**Y Member Specials!**  
\$100 off sessions 1-3  
\$45 off sessions 4-10

Kids ages 6-17 love Camp Lakewood for the fun activities, new friends and counselors who come from the world over. Parents love Camp Lakewood for the lessons in respect, accomplishments and broadening horizons. This is why campers and parents alike call Camp Lakewood "My Camp." Visit [camplakewood.org](http://camplakewood.org) for all of the details.

### 2017 Open House Dates

Want to see what all of the buzz is about at Camp Lakewood? You are invited to visit the property, talk with our staff and even try some of the activities before registering. Bring the whole family and make a day of it!

Sunday, March 26 1-4 pm    Sunday, April 9 1-4 pm  
Sunday, April 30 1-4 pm    Sunday, May 21 1-4 pm

13528 Hwy AA • Potosi, MO 63664







## Counselor in Training (CIT)

CITs will be provided with a hands-on experience working with young campers and the opportunity to cultivate their skills and knowledge in the day camp setting. CIT application, interview, training, and a 4-week commitment are required.

**Ages 14-17 • \$150**

CIT must commit to a minimum of 4 consecutive weeks. Choose from weeks 2-5 and/or weeks 7-10. CIT can partake in more than 4 weeks at no additional cost, if chosen by Camp Director. Applications are available at the Welcome Center. Applications are due by May 1, 2017.



## CELEBRATE HEALTHY KIDS!

**Healthy Kids Day  
April 29, 2017**

Healthy Kids Day is a national YMCA initiative to provide families with resources, activities, and programs to keep your kids healthy, active and inspired!

Our event is packed with community resources and active games, and it also gives parents a chance to meet Y staff and learn more about summer camp.



**HEALTHY KIDS DAY®**  
A YMCA Initiative



## COME TO LEARN RETURN TO SERVE

**YMCA Central Leaders School**  
Illinois College in Jacksonville, IL  
July 16-22, 2017  
[leaders-school.org](http://leaders-school.org)

YMCA Central Leaders School is an exciting and supportive atmosphere for teens to learn about themselves and others. For teens completing grades 6-12 who are active in a Leaders Club or other service opportunity at their local YMCA or community.

Contact:  
[bryce.joyner@gwymca.org](mailto:bryce.joyner@gwymca.org)

**Register by May 15 for discounted rates.**



## Camp Out Thursday, July 20

Our Survival Rangers will enjoy an overnight adventure in the great outdoors.\*\*

More details about this overnight camp out will be available late spring 2017.



## Camp Costs:

Members: \$130  
Non-Members: \$150  
Includes Fun Club

# Outdoor Rangers Camps

Play, Learn, Serve, Work Outdoors

Formally known as Y-NPS

The Gateway Region Y, in continued partnership with the US National Park Service, Missouri State Parks, Army Corps of Engineers, and US Fish and Wild Life Service, is excited to continue to offer 5 weeks of fun and educational camp opportunities. Campers will enjoy nature at its best, while exploring the outdoors of Missouri.

Camps are based at the South City YMCA.\*

### River Rangers

Meander the flood plain during this unique camp that combines outdoor adventure, river navigation and environmental education. Activities may include canoeing, archery, geocache hiking and more.

Ages 5-13 • June 12-16

### Rock Rangers

What does Southern MO have in common with Yosemite? Come climb, crawl and carve your way through the rocks of Missouri to find out. Activities may include caving in Fisher Cave, exploring the history of mining and the rocks of Washington State Park and more.

Ages 5-13 • June 19-23

### Bike Rangers

Pedal your way through the parks and trails around St. Louis and learn basic skills, maintenance, etiquette and bike safety. 24 bikes available for campers without their own bike. Campers must have some bicycling experience.

Ages 7-13 • June 26-30

### Nature Rangers

Visit a National Wildlife Refuge and get into nature this week. Real park rangers will teach you how to catch bugs, fish, watch for birds and be a wildlife detective.

Ages 5-13 • July 10-14

### Survival Rangers

Put your outdoor skills to the test in our Survival Rangers camp. Explore camping and survival techniques in a week of adventure. Activities may include fishing, shelter building and outdoor cooking. \*\*Campers will participate in an overnight on July 20.

Ages 7-13 • July 17-21

For more information about the Outdoor Rangers Camps, contact Cheryl at 314.644.3100 or [cheryl.roe@gwymca.org](mailto:cheryl.roe@gwymca.org)

\*Camps will be based at the South City YMCA with transportation to and from base camp provided from the Carondelet Park Rec. Complex. Fun Club participation is located at the branch of camp registration.

# WHAT YOU NEED TO KNOW

## Deposits

A \$10 per week/per child deposit is due at the time of registration. Sports and Special Interest Camps are \$50. Deposit is non-refundable and non-transferable.

## Transfers

A \$10 fee per camper/per session will be charged for all changes. No changes accepted after the Monday prior to the start of camp week.

## Balance

The full balance of a camp session must be paid by the Wednesday prior to the start of each camp session.

## Late Payments

If you do not make the deadline for a session's payment, you will incur a \$10 per day late fee.

## Dropped from Camp

Your child will be dropped from the program if full payment including the late fee is not received by Friday noon prior to start of camp. Deposit will be forfeited.

## Refunds

Refunds/credits issued if the Y cancels the program except in the case of inclement weather.

## Withdrawals

If you withdraw from a program, a refund/credit minus deposit will be issued if requested in writing and received by the camp registrar one week prior to camp starting.

## Cancellations

All camps are subject to cancellation due to low enrollment. Camp cancellation is determined by Wednesday prior to camp starting. For all policies/procedures, see Camp Family Handbook.



## Is your camper 5-years-old?

Children age 5 may attend Traditional Camp for ages 6-12 provided they have completed Kindergarten for at least one year prior to enrollment in day camp programs. No naps provided. 5-year-olds in Traditional Camp will be evaluated on an ongoing basis to ensure positive camp experience and child's readiness.. Camp is based upon chronological age, not developmental age. We may request that a birth certificate be presented for age 5 campers if needed.

## Please Note

Occasionally camp scheduling and content are subject to change. Parents will be notified of any changes.

## Camp Wait List

No charge to be placed on a waiting list. We will contact you if a spot opens. Payment is due at that time.

## Camp Drop Off & Pick Up

Drop off is at 9 am. Pick up is at 4 pm. Parent/guardian needs to sign camper in and out with camp staff. Photo ID is required at pick up and you must be on the authorized pick up list. Campers in Fun Club After Care must be signed out with camp staff by 6 pm. Late fees apply if campers are picked up after designated time.

See Camp Family Handbook for full information on the above policies and more.

Register early and save | 19



# SUMMER UNPLUGGED

## EAST BELLEVILLE Y CAMP



**EAST BELLEVILLE YMCA**  
2627 Carlyle Ave.  
Belleville, IL 62221  
618.236.9983  
[www.gwrymca.org](http://www.gwrymca.org)

NON-PROFIT ORG.  
U.S. POSTAGE  
**PAID**  
ST. LOUIS, MO  
PERMIT NO. 1327

## REGISTER EARLY AND SAVE!

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