



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ADVENTURE AWAITS



SUMMER CAMP 2019
O'FALLON ILLINOIS YMCA
gwrymca.org/ofallonillinois

WELCOME TO CAMP

O'FALLON ILLINOIS YMCA

284 N. Seven Hills Rd
O'Fallon, IL 62269
phone: (618) 628-7701
email: ofallonil@gwymca.org
website: www.gwymca.org/ofallonillinois

CAMP HOURS

Monday-Friday
9 am-4 pm

FUN CLUB (BEFORE & AFTER CAMP CARE)

6:30 am until the start of camp and end of camp until 6 pm.

CAMP CONTACTS

OUR CAMP STAFF:

Chris Butler, Camp Director
(618) 628-7701
chris.butler@gwymca.org

Julie Murphy, Sr Program Director
(618) 628-7701
julie.murphy@gwymca.org

Camp Counselor Meet 'n' Greet May 23, Thursday, 6:30 pm

Parents of new and returning campers are highly encouraged to attend our Meet n' Greet. Important information will be shared to ensure your camper will be prepared and have a positive first experience. Parents will also have the opportunity to meet the camp staff and ask specific questions. We encourage you to bring the family!

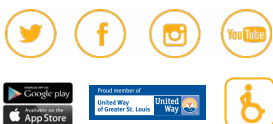
YMCA MISSION: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

SAVE ON CAMP!

Did you know that Y members receive the lowest rates for camp? Ask us about membership today! **Please note:** In order to receive the member rate, you must have an active family membership at the time of registration and program participation.

CONTENT

Important Information	3,14,17,18
Preschool	4
Traditional	5
Sports	6-7
Special Interest Camps	9
Traveling Camps	9
Camp Schedule	10,11
Fun Club Extended Care	12
Overnight Camp	13
Counselor in Training	15



Welcome Families & Campers

At the O'Fallon Illinois Y, we have an action-packed program planned this summer, where young people can make new friends while having a whole lot of fun! The trained and dedicated staff, age-appropriate activities, new camps, field trips, team building, sports and crafts come together to make an unforgettable summer. Our focus is on developing the potential of every camper, while creating a warm and nurturing environment where all campers can play, challenge themselves, and make friends. We strive to engage our campers with mentally and physically rewarding activities that incorporate our core values of Caring, Honesty, Respect, & Responsibility.

-Chris Butler
Camp Director

SPECIAL PRICING Register early and save!

EARLY BIRD SPECIAL

Register between December 26 and January 31
20% OFF*

SUMMER BLAST

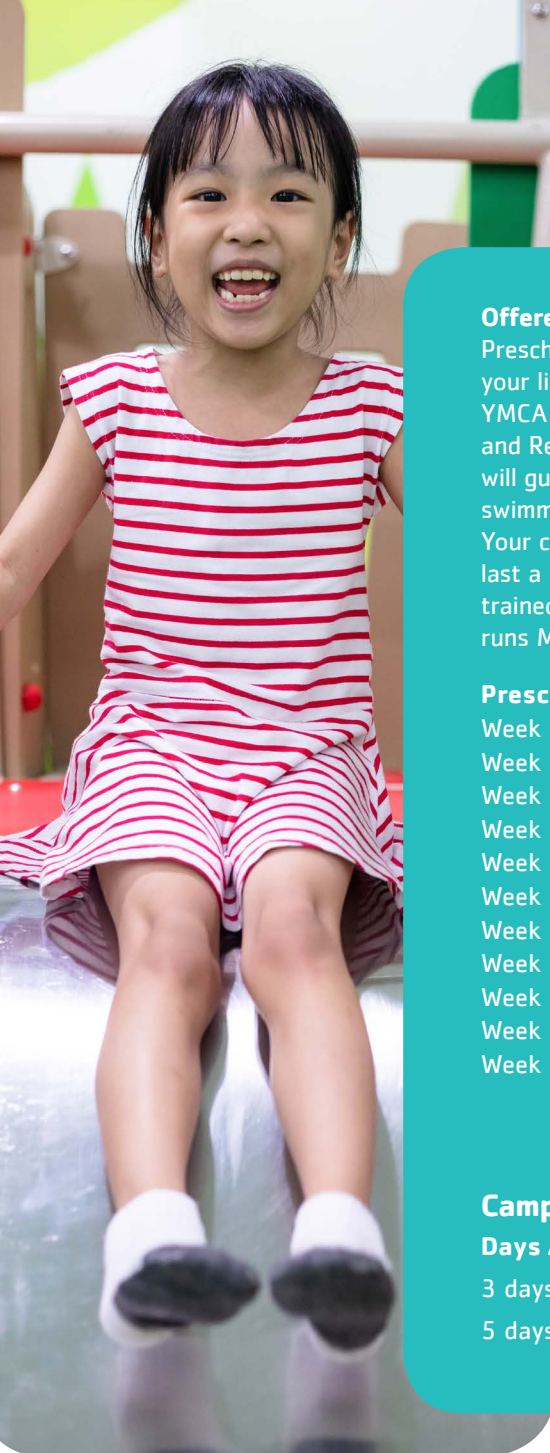
Register between February 1 and February 28
15% OFF*

SUMMER IS RIGHT AROUND THE CORNER

Register between March 1 and March 31
10% OFF*

Register online at www.gwymca.org/ofallonillinois

* Savings can be applied to a total of three weeks per child, per summer. Discount will be applied in person at the branch. If registering online, the Camp Registrar will notify you through confirmation email the discount has been applied. Not all camps are eligible for discount. Camp deposit required upon registration. Cannot be combined with any other offer. Does not apply to Camp Lakewood or C.I.T. (Counselor in Training) or Fun Club extended care.



PRESCHOOL

Ages 3-5
9 am - 4 pm

Offered throughout the entire summer, Preschool Camp is the perfect place for your little one to learn the importance of our YMCA core values; Caring, Honesty, Respect and Responsibility. Our trained counselors will guide campers through crafts, weekly swimming, games and other fun activities. Your child will leave camp with memories that last a lifetime. All campers must be toilet trained. Many weeks include a field trip. Camp runs May 27 - August 9.

Preschool Camp Themes:

- Week 1: Somewhere Over the Rainbow
- Week 2: Where the Wild Things Are
- Week 3: Garden, Let's Grow!
- Week 4: A Bug's Life
- Week 5: Abracadabra!
- Week 6: Celebrate the U.S.A.
- Week 7: Camp Carnival
- Week 8: Jurassic Camp
- Week 9: Wild West
- Week 10: Treasure Hunt
- Week 11: Best of the Best

Camp Fee:

Days Attending	Member	Non-Member
3 days/week	\$90	\$120
5 days/week	\$115	\$145

TRADITIONAL

Ages 5-12
9 am - 4 pm



Offered throughout the entire summer, this camp is designed for a wide variety of conventional interests that include arts & crafts, group games, nature exploration, swimming, field trips and more. Camps are themed weekly. Most activities will be held outdoors with indoor activities provided based on the day/theme and weather. Campers will be divided into groups, by the grade level they are entering in the fall, with age-appropriate activities each day. Most weeks include a field trip. Camp runs May 27 - August 9.

Traditional Camp Themes:

- Week 1: Aloha to Summer
- Week 2: Animal Planet
- Week 3: Super Campers to the Rescue
- Week 4: Y Camp Games
- Week 5: The Magic of Summer
- Week 6: Salute to our Heroes
- Week 7: Camp Carnival
- Week 8: Mad Science
- Week 9: On the Farm
- Week 10: Under the Sea
- Week 11: Bon Voyage

Camp Fee:

Days Attending	Member	Non-Member
3 days/week	\$75	\$105
5 days/week	\$100	\$130



TYPICAL DAY

- 6:30-9 Fun Club: Before Care
 - 8:50-9 Drop off
 - 9-9:30 Opening ceremony
 - 9:30-10 Morning snack
 - 10-11 Group activity 1: craft, nature, games, and/or songs
 - 11-11:45 Lunch
 - 11:45-12:30 Group Activity 2: fitness and/or sport activity
 - 12:30-1:30 Camp Readers or small group activity
 - 1:15-3:45 Swim, choice activity, or guest speaker
 - 3:45 Closing group rally
 - 4:00 Pick up
 - 4-6 Fun Club: After Care
- (On field trip days, schedules will vary.)



Held Outside Weekly Field Trip Swimming



SPORTS CAMPS



9am – 4pm

From 9 to noon, campers participate in their sport. From noon to 4, campers participate in traditional camp activities.

Members Pay Only: \$120/week
Camp Fee: \$150/week

Baseball/Softball

Week 2: June 3-7 • Ages 6-12

This camp is great for kids who are just putting on a glove to those who have played the sport for years. Learn the fundamentals in daily competitions, drills, and games. Catching, throwing, bunting, hitting, and base running – we'll practice it all!

Flag Football

Week 3: June 10-14 • Ages 6-12

This non-contact sport is a great way to learn the fundamentals of football. Campers will learn strategy, run drills, and play games. It'll be a week of fast action fun!

Soccer

Week 4: June 17-21 • Ages 6-12

This camp is a great opportunity to focus on the fundamental skills of the game, in a fun environment. Along with our focus on fundamentals, players will learn how to work together as a team.

Gymnastics

Week 4: June 17-21 • Ages 6-9

Week 7: July 8-12 • Ages 6-9

This camp is perfect for beginner and advanced gymnasts. Campers will learn skills on the floor, vault, bars, low beam and high beam. Campers will put on a performance at the end of the week for family and friends.

Basketball

Week 5: June 24-28 • Ages 6-12

Week 9: July 22-26 • Ages 6-12

Basketball camp includes lessons in fundamentals and strategy. Campers will run through drills and play games. We'll focus on techniques for dribbling, shooting, and playing proper defense.

Cheerleading

Week 5: June 24-28 • Ages 6-12

Week 9: July 22-26 • Ages 6-12

Learn basic cheerleading and tumbling moves including jumps and cheers. Campers will show off their talents during a performance at the end of the week, during the basketball game.

Volleyball

Week 7: July 8-12 • Ages 8-12

This camp is for both new volleyball players and those who want more instruction. We'll cover passing, setting, serving and defense. Based on the ability of the child, we'll go over hitting and blocking. Instruction focuses on encouraging new skills that will allow players to reach their fullest potential.

Aquatic Adventures

Week 7: July 8-12 • Ages 6-8

Week 10: July 29 – Aug. 2 • Ages 9-12

This camp is designed for swimmers of all levels. Campers will become comfortable in the water, develop and refine skills, and practice safety in and around the water. Aside from swim lessons, campers will also play water games and have splash time in the pool.

Rock Climbing

Week 8: July 15-19 • Ages 8-12

Campers put their strength, strategy, and skill against our rock climbing wall. Kids will learn about basic climbing footings and grips, belay techniques, knot tying and climbing safety. Campers will travel off site one day during the week to test their climbing skills.

Bowling

Week 9: July 22-26 • Ages 6-12

Campers will learn techniques to improve bowling skills and learn the proper way to keep score. Campers will take a bus to the bowling alley every morning and return in the early afternoon.



Held Outside

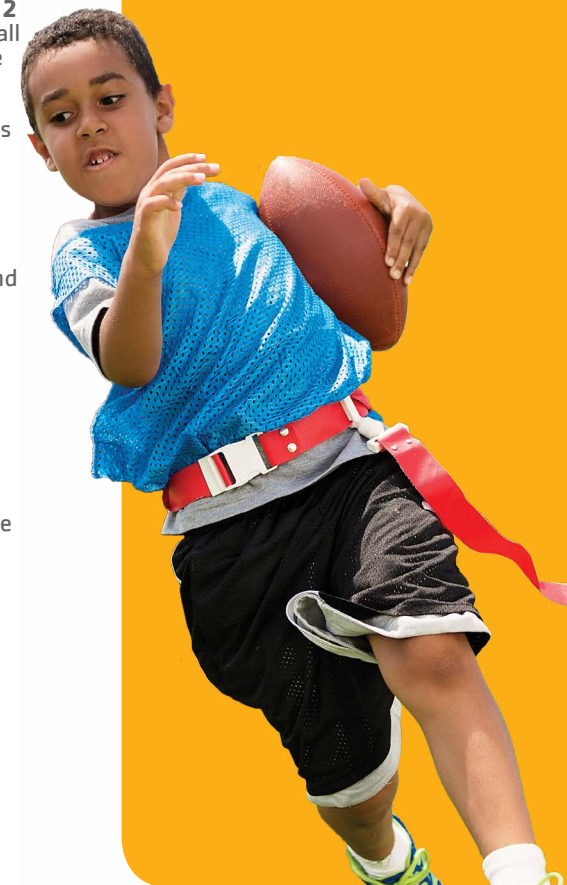


Weekly Field Trip



Swimming

Please note that camp scheduling and content are subject to change. Parents and guardians will be notified of any changes prior to the beginning of camp.





Occasionally camp scheduling and content are subject to change. Parents/guardians will be notified of any changes prior to the beginning of camp.

SPECIAL INTEREST CAMPS



9am-4pm

Special Interest camps are designed to offer activities focused on a particular interest, while incorporating overall traditional Y camp principles. Camp size may be smaller and may be offered either indoors or outdoors based on the specified interest. From 9 am – noon, campers participate in their special interest camp. From noon – 4 pm, campers participate in traditional camp activities.

Members Pay Only: \$120/week
Camp Fee: \$150/week

Artful Antics

Week 2: June 3-7 • Ages 6-9

Week 7: July 8-12 • Ages 8-12

Learn about various art techniques through hands-on activities. Create pieces that will be on display at our art show at the end of the week.

Fabulous Fashion

Week 3: June 10-14 • Ages 6-12

Let your inner “fashionista” be found! We’ll design our own clothes, accessories, and more. Campers will also learn about hair and nail care/design. Walking down the runway, the fashion show will be a highlight of the week.

Show Choir

Week 4: June 17-21 • Ages 8-12

Campers will show off their singing talents with songs that will also be used for the following week’s production with “All the World’s a Stage” camp.

All the World’s a Stage

Week 5: June 24-28 • Ages 8-12

Learn basic stage terms, dancing and acting skills, and receive tips for auditioning and performing your best. Campers must be able to read script and practice at home, for the final performance. Each camper will have a role in the final performance – though some roles may be larger than others.

Scientific Explosion

Week 8: July 15-19 • Ages 8-12

Learn science through messy and fun experiments. Through various hands on activities, we will explore chemical changes, reactions, and more.

Kids in the Kitchen

Week 9: July 22-26 • Ages 8-12

Explore new foods and expand your taste buds, while learning to cook yummy foods. Campers will use various ingredients and kitchen utensils. They will also learn about nutrition and making healthy choices.

TRAVELING CAMPS

Active and on the Move!

Ages 10-14

Week 3: June 10-14

Week 10: July 29 – Aug. 2

This camp will engage your camper and get them out and about! Campers will have a blast this week! We will travel to a water park, visit a local arcade, play laser tag, visit other local attractions, and more! Each day will take us on a new adventure outside of the Y.

Members Pay Only: \$215/week

Camp Fee: \$235/week

CAMPS	WEEK 1 May *28- 31	WEEK 2 June 3-7	WEEK 3 June 10-14	WEEK 4 June 17-21	WEEK 5 June 24-28	WEEK 6 July *1-5	WEEK 7 July 8-12	WEEK 8 July 15-19	WEEK 9 July 22-26	WEEK 10 July 29-August 2	WEEK 11 August 5-9
PRESCHOOL											
Preschool Camp (3-5 Yrs) 3 or 5 day options available	•	•	•	•	•	•	•	•	•	•	•
TRADITIONAL											
Traditional Camp (5-13 Yrs) 3 or 5 day options available	•	•	•	•	•	•	•	•	•	•	•
SPORTS											
Baseball/Softball		Ages 6-12			Ages 6-12				Ages 6-12		
Basketball					Ages 6-12				Ages 6-12		
Bowling					Ages 6-12				Ages 6-12		
Cheerleading					Ages 6-12				Ages 6-12		
Flag Football			Ages 6-12								
Gymnastics				Ages 6-9			Ages 6-9				
Rock Climbing								Ages 8-12			
Soccer				Ages 6-12							
Volleyball							Ages 8-12				
SPECIAL INTEREST											
All the World's a Stage					Ages 8-12						
Aquatic Adventures							Ages 6-8 Ages 8-12			Ages 9-12	
Artful Antics		Ages 6-9									
Fabulous Fashion			Ages 6-12								
Kids in the Kitchen									Ages 8-12		
Scientific Explosion								Ages 8-12			
Show Choir				Ages 8-12							
TRAVELING											
Active and on the Move!			Ages 10-14							Ages 10-14	

Financial Assistance Policy

As a charitable nonprofit organization, the Gateway Region YMCA makes financial assistance available to help ensure that all have the opportunity to learn, grow and thrive through programs like summer day camp. For more information on how to apply or to help send another child to camp by making a donation to the Y's Annual Campaign, call (618) 628-7701.

Camp Counselor Meet 'n' Greet

May 23, Thursday, 6:30 pm

Parents of new and returning campers are highly encouraged to attend our Meet n' Greet. Important information will be shared to ensure your camper will be prepared and have a positive first experience. Parents will also have the opportunity to meet the camp staff and ask specific questions. We encourage you to bring the family!

FUN CLUB

Before & After Camp Extended Care

Ages 3-12

Before Care: 6:30 am – 9 am

After Care: 4 pm – 6 pm

Extended Care is a program which runs before and after normal camp hours. This program helps meet the needs of working parents/guardians. Children may select activities from four different interest areas, such as a sports activity, creative arts activity, table games or small group games.

A light snack will be provided in After Care.
Fun Club fees include both before and after care.

Fee: \$15/week members
\$20/week non-member

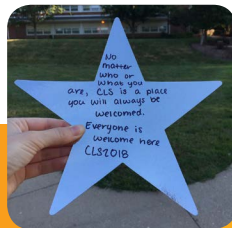
Fun Club is a separate program and must be registered for in addition to your camp selection.

COME TO LEARN RETURN TO SERVE

YMCA Central Leaders School
is an exciting, supportive week for
teens to learn about themselves.



Illinois College
July 14 – 20, 2019



For teens completing grades 6-12, are active in a
Leaders Club or other service opportunities at their
local YMCA or community

Contact Chris Butler for more information.



Register by May 15, 2019 for discounted rates.

BEST. SUMMER. EVER.



ADVENTURE AWAITS AT YMCA CAMP LAKEWOOD

Experience the ultimate overnight summer camp experience with days packed full of adventure activities, water sports, swimming and time spent enjoying the great outdoors. We know summer doesn't last forever, but we're here to help create memories that do.

Reserve your child's spot today!

Y Member Special

\$100 off session 1-3

\$45 off sessions 4-10

2019 Open House Dates

March 24

April 7

April 28

May 19



**TROUT LODGE
& CAMP LAKEWOOD**

ymcaoftheozarks.org
888-FUN-YMCA



COUNSELOR IN TRAINING (CIT)

CITs will be provided with a hands-on experience working with young campers and the opportunity to cultivate their skills and knowledge in the day camp setting. CIT application, interview, training and a 4-week commitment required; space is limited.

\$150 Fee per 4 week session
(CIT must commit to a minimum of 4 weeks)

Applications available at YMCA service center for ages 14-17.

APPLICATIONS ARE DUE BY APRIL 29, 2019

Contact Chris Butler
(618) 628-7701 chris.butler@gwrymca.org

WHAT YOU NEED TO KNOW

First Day to Register

Registration will begin on Wednesday, December 26. All required enrollment forms must be completed in full & received prior to attending camp.

How to Register

In person - at the O'Fallon Illinois Y
Online - Download enrollment packets at www.gwrymca.org/ofallonillinois. **Please note:** In order to receive the member rate, you must have an active family membership at the time of registration and program participation.

Inclusion Services

The YMCA provides inclusive programming and reasonable accommodations for all of our program participants. Completed forms must be submitted to the YMCA branch a minimum of two weeks prior to your child's expected camp start date.

Factors affecting your child's start date include: late enrollment, submission of incomplete or out-of-date paperwork, and availability of appropriate staff to help facilitate your child's successful participation in the program. Paperwork is processed in the order received.

Age 5 Campers

All children age 5+ may attend a full day camp program provided they have completed a full day educational environment for at least one year prior to enrollment in day camp programs. No naps provided. 5 year-old attendance will be evaluated on an ongoing basis to ensure positive camp experience and child's readiness for full day activities. Camp is based upon chronological age, not developmental age. We may request that a birth certificate be presented for age 5 campers if needed.



Outdoor Rangers Camps

Play, Learn, Serve, Work Outdoors

Camp Fees: \$175 Members Pay Only: \$145
Includes Fun Club*

The Gateway Region Y, in continued partnership with the US National Park Service, Missouri State Parks, US Fish and Wildlife Service and Army Corps of Engineers, is excited to offer 5 weeks of fun and educational camp opportunities exploring nature and recreation in our Missouri parks and public lands. All programming is subject to Mother Nature's rules (weather permitting).

These camps are based at the **South City Family YMCA***, from 8:30 am – 4:30 pm, end of day times may vary.

Rookie Rangers

June 10 - 14 • Ages 5-7

Rookies is an introduction to the adventures of the Outdoor Ranger Camps. Join us in Ranger adventures of hiking, water safety, fishing, archery, outdoor survival skills and cave exploration.

Park Rangers

Creeks, Lakes & Rivers

June 17 - 21 • Ages 7-13

Splash your way through a week of water fun. Build a creek dam and explore nature's water creatures. Paddle your way on our great waterways and catch a big one fishing the shores of Missouri's parks.

Conservation Rangers

Fins, Furs & Feathers

June 24 - 28 • Ages 7-13

Explore the world of conservation. Fish the lakes and rivers, fine tune your archery marksmanship, net for macros in ponds and search for birds on Missouri's public lands.

Urban Rangers

July 8 - 12 • Ages 7-13

Be a tourist in your own hometown! See the city and surrounding parks in a whole new way as we explore the gems that make St. Louis such a great place to live. Highlights include the Gateway Arch, Old Court House, visit caves around Missouri. Perfect your fishing skills in Forest Park. And make art while learning archery.

Extreme Rangers

July 15 - 19 • Ages 11-15

Do you have what it takes to be an extreme Ranger? Put your outdoor adventure skills to the test finding your way by compass, build a shelter, make your own survival fishing pole and see if you can catch the big one. Paddle your way on float trip at Meramec St. Park. Put all your skills together on an overnight camp out at one of our Missouri State parks.

REGISTRATION CHECKLIST

When registering, remember to complete the following:

1

Fill out the enrollment packet, including:

- Camp Registration Information
- Enrollment forms
- EFT form

2

Supply:

- Immunization records (Preschool Campers only)
- IEP, BMP, or 504 Plan including additional Inclusion Services forms (if applicable)
- Chronic Health paperwork (if applicable)
- DFS/CHASI approval letter (if applicable)
- Financial Assistance approval letter (if applicable)

3

Read the Family Handbook

4

Pay:

\$10 deposits for each week registered for traditional/preschool camp
\$50 deposits for each week registered for special interest/sports camp



For more information contact, Cheryl Roe
314.644.3100 or cheryl.roe@gwrymca.org

*Camps will be based at the South City YMCA. Registration available at South City and Carondelet Park Rec Complex (transportation to and from South City to Carondelet Park Rec Complex available for campers registered at Carondelet Park Rec Complex. Fun Club participation available at the branch of camp registration - South City or Carondelet Park Rec Complex - at no charge.





Registration Forms

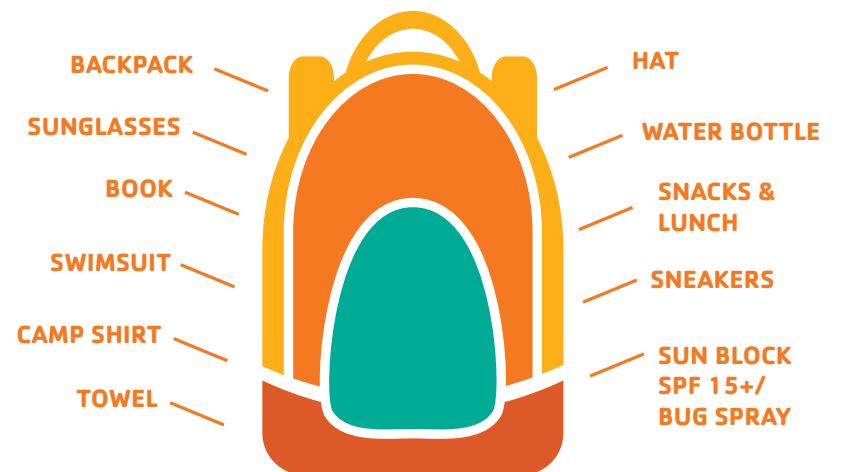
All forms necessary for registration can be downloaded from our website, www.gwrymca.org/ofallonillinois or picked up at the O'Fallon Illinois YMCA. Online registration for camp is available. (Please note: Registrations made online do not complete your child's registration process and additional forms are required. Completed forms must be turned in to the branch no later than 2 weeks prior to your child's first day of camp.)

Payment Methods

Autodraft is the preferred method of payment. You can pay for each week of camp by the specified deadlines as stated in your Family Handbook. Payment options include; online or at the Welcome Center. Methods of payment accepted are cash, check, credit, debit, or money order.



WHAT TO BRING





O'FALLON ILLINOIS YMCA
284 N. Seven Hills Rd.
O'Fallon, IL 62269
(618) 628-7701
www.gwryymca.org/ofallonillinois

ADVENTURE AWAITS

REGISTER EARLY AND SAVE!

Early Bird Special – Time to Sign Up: December 26 to January 31

- 20% OFF*

Summer Blast – Time to Sign Up: February 1 to February 28

- 15% OFF*

Summer is Right Around the Corner: March 1 to March 31

- 10% OFF*

* Savings can be applied to a total of three weeks per child, per summer. Discount will be applied when you register in person at the branch. If registering online the Camp Registrar will notify you through confirmation email the discount has been applied. Not all camps are eligible for discount. Camp deposit required upon registration. Cannot be combined with any other offer. Does not apply to Camp Lakewood, C.I.T., or Fun Club extended care.

NON-PROFIT ORG.
U.S. POSTAGE
PAID
ST. LOUIS, MO
PERMIT NO. 1327