



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ADVENTURE AWAITS



SUMMER CAMP 2019
CMT YMCA
gwrymca.org/cmt



WELCOME TO CAMP

CMT YMCA

1 Town Center Dr
Maryville, IL 62062
phone: (618) 346-5600
email: cmt@gwrymca.org
website: www.gwrymca.org/cmt

CAMP HOURS

Monday-Friday
8 am - 5 pm

FUN CLUB (BEFORE & AFTER CAMP CARE)

6:30 am until the start of camp and end of camp until 6 pm.

CAMP CONTACTS

OUR CAMP STAFF:

Lynne Kerfoot, Child Care Director
(618) 346-5600
lynne.kerfoot@gwrymca.org

Camp Counselor Meet 'n' Greet

May 21, 6:30 - 8 pm

June 6, 6:30 - 8 pm

Parents of new and returning campers are highly encouraged to attend our Meet n' Greet. Important information will be shared to ensure your camper will be prepared and have a positive first experience. Parents will also have the opportunity to meet the camp staff and ask specific questions. We encourage you to bring the family!

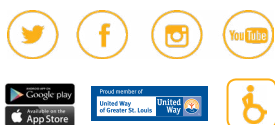
YMCA MISSION: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

SAVE ON CAMP!

Did you know that Y members receive the lowest rates for camp? Ask us about membership today! **Please note:** In order to receive the member rate, you must have an active family membership at the time of registration and program participation.

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Welcome Families & Campers

At the **Collinsville Maryville Troy Y**, we have an action-packed program planned this summer, where young people can make new friends while having a whole lot of fun! The trained and dedicated staff, age-appropriate activities, new camps, field trips, team building, sports and crafts come together to make an unforgettable summer. Our focus is on developing the potential of every camper, while creating a warm and nurturing environment where all campers can play, challenge themselves, and make friends. We strive to engage our campers with mentally and physically rewarding activities that incorporate our core values of Caring, Honesty, Respect, & Responsibility.

-Lynne Kerfoot
Child Care Director

SPECIAL PRICING

Register early and save!

EARLY BIRD SPECIAL

Register between December 26 and January 31
20% OFF*

SUMMER BLAST

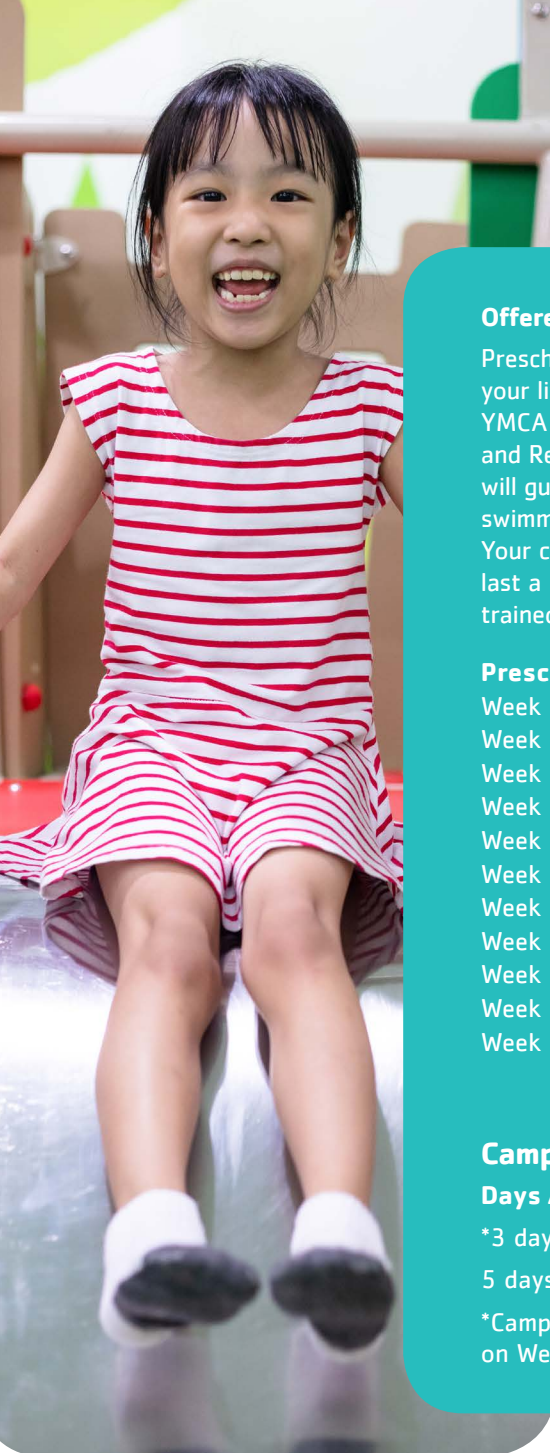
Register between February 1 and February 28
15% OFF*

SUMMER IS RIGHT AROUND THE CORNER

Register between March 1 and March 31
10% OFF*

Register online at www.gwrymca.org/cmt

* Savings can be applied to a total of three weeks per child, per summer. Discount will be applied in person at the branch. If registering online, the Camp Registrar will notify you through confirmation email the discount has been applied. Not all camps are eligible for discount. Camp deposit required upon registration. Cannot be combined with any other offer. Does not apply to Camp Lakewood or C.I.T. (Counselor in Training) or Fun Club extended care.



PRESCHOOL

Ages 3-5
8 am - 5 pm

Offered throughout the entire summer

Preschool Camp is the perfect place for your little one to learn the importance of our YMCA core values; Caring, Honesty, Respect and Responsibility. Our trained counselors will guide campers through crafts, weekly swimming, games and other fun activities. Your child will leave camp with memories that last a lifetime. All campers must be toilet trained. Camp runs May 27 - August 9.

Preschool Camp Themes:

- Week 1: Make New Friends
- Week 2: Scientific Bang
- Week 3: Card Game Chaos
- Week 4: Salute to Our Heroes
- Week 5: Wild, Wild West
- Week 6: Jungle Adventure
- Week 7: Festive Holidays
- Week 8: Boxes, Boxes, Boxes
- Week 9: Passport to Fun
- Week 10: Cowabunga Water Fun
- Week 11: Summer Festival

Camp Fee:

Days Attending	Member	Non-Member
*3 days/week	\$80	\$110
5 days/week	\$100	\$130

*Campers attending 3 days/week cannot attend on Wednesdays.

 Held Outside  Weekly Field Trip  Swimming

TRADITIONAL

Ages 5-12
8 am - 5 pm



Offered throughout the entire summer, this camp is designed for a wide variety of conventional interests that include arts & crafts, group games, nature exploration, swimming, field trips and more. Camps are themed weekly. Most activities will be held outdoors with indoor activities provided based on the day/theme and weather. Campers will be divided into groups, by the grade level they are entering in the fall, with age-appropriate activities each day. Most weeks include a field trip. Camp runs May 27 - August 9.

Traditional Camp Themes:

- Week 1: Make New Friends
- Week 2: Scientific Bang
- Week 3: Card Game Chaos
- Week 4: Salute to Our Heroes
- Week 5: Wild, Wild West
- Week 6: Jungle Adventure
- Week 7: Festive Holidays
- Week 8: Boxes, Boxes, Boxes
- Week 9: Passport to Fun
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TYPICAL DAY

6:30-8 Fun Club: Before Care
8:30-9 Campers arrive
9-9:15 Break into groups
9:15-9:30 Opening ceremony
9:30-10:30 Educational activity/games and themed crafts
10:30-10:45 Morning snack
10:45-11:30 Educational activity/games and themed crafts
11:30-12 Camp Readers
12-12:30 Lunch
12:30-1:30 Educational activity/games and themed crafts
1:30-2:45 Swimming
2:45-3:15 Fitness Activity
3:15-3:30 Afternoon Snack
3:30-4 Closing ceremony
4-5 Pick-up
5-6 Fun Club: After Care
(On field trip days, schedules will vary.)



SPORTS CAMPS



Full Day: 8am – 5pm

Half Day: 8am – 12pm (noon)

From 8 to noon, campers participate in their sport. From noon to 4, full-day campers participate in traditional camp activities.

Full Day Camp Fee: \$155/week
Members Pay Only: \$125/week

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Half Day Camp Fee: \$105/week
Members Pay Only: \$75/week

Aquatic Adventures

Week 4: June 17–21 • Ages 6–12

Week 8: July 15–19 • Ages 6–12

Designed for swimmers of all levels; campers will become comfortable in the water, develop and refine skills, and practice safety in and around the water. Campers will receive lessons, play water games and have splash time in the pool.

Cheerleading

Week 7: July 8–11 • Ages 6–12

Learn basic cheerleading and gymnastics moves including jumps, tumbling and cheers. Campers will be grouped by skill level during technique drills and combinations so they can improve skills and/or learn new ones. A talent and spirit show will be performed for parents and campers on Friday.

Basketball

Week 8: July 15–19 • Ages 6–12

Camp will include lessons in fundamentals and strategy and allow participants to master the skills and participate in a scrimmage game at the end of the week.

Baseball/Softball

Week 9: July 22–26 • Ages 6–12

Designed for all skill levels, campers will learn the fundamentals of the sport along with daily competitions. Lessons in fundamentals include: catching, throwing, bunting, hitting and base running.

Soccer

Week 10: July 29 – Aug. 2 • Ages 6–12

This camp emphasizes individual and team-based skills, while learning fundamentals of the game. We'll play soccer outdoors, rain or shine, unless there is severe weather. Rubber or plastic cleats are allowed.

Volleyball

Week 11: Aug. 5–9 • Ages 8–12

This camp is perfect for any skill level. Instruction will cover the basics including passing, setting, serving and defense. Based on the ability level, hitting/blocking may also be covered. Our instruction will focus on skill development and allow each camper to reach his/her potential. Weather permitting, campers will have the chance to play on our new sand volleyball court!

Please note that camp scheduling and content are subject to change. Parents and guardians will be notified of any changes prior to the beginning of camp.

COUNSELOR IN TRAINING (CIT)

CITs will be provided with a hands-on experience working with young campers and the opportunity to cultivate their skills and knowledge in the day camp setting. CIT application, interview, training and a 4-week commitment required.

\$150 Fee (CIT must commit to a minimum of 4 weeks)

Applications available at YMCA service center for ages 14–17.

APPLICATIONS ARE DUE BY APRIL 26, 2019

Contact Lynne Kerfoot

(618) 346-5600 lynne.kerfoot@gwrymca.org



CAMPS	WEEK 1 May *28- 31	WEEK 2 June 3-7	WEEK 3 June 10-14	WEEK 4 June 17-21	WEEK 5 June 24-28	WEEK 6 July *1-5	WEEK 7 July 8-12	WEEK 8 July 15-19	WEEK 9 July 22-26	WEEK 10 July 29-August 2	WEEK 11 August 5-9
PRESCHOOL											
Preschool Camp (3-5 Yrs)	•	•	•	•	•	•	•	•	•	•	•
TRADITIONAL											
Traditional Camp (5-13 Yrs)	•	•	•	•	•	•	•	•	•	•	•
SPORTS											
Aquatic Adventures				Ages 6-12				Ages 6-12			
Baseball/Softball									Ages 6-12		
Basketball								Ages 6-12			
Cheerleading							Ages 6-12				
Soccer										Ages 6-12	
Volleyball											Ages 8-12

WHAT YOU NEED TO KNOW

First Day to Register

Registration will begin on Wednesday, December 26. All required enrollment forms must be completed in full & received prior to attending camp.

How to Register

In person - at the CMT Y

Online - Download enrollment packets at www.gwrymca.org/CMT.

Please note: In order to receive the member rate, you must have an active family membership at the time of registration and program participation

Inclusion Services

The YMCA provides inclusive programming and reasonable accommodations for all of our program participants. Completed forms must be submitted to the YMCA branch a minimum of two weeks prior to your child's expected camp start date. Factors affecting your child's start date

include: late enrollment, submission of incomplete or out-of-date paperwork, and availability of appropriate staff to help facilitate your child's successful participation in the program. Paperwork is processed in the order received.

Age 5 Campers

All children age 5+ may attend a full day camp program provided they have completed a full day educational environment for at least one year prior to enrollment in day camp programs. No naps provided. 5 year-old attendance will be evaluated on an ongoing basis to ensure positive camp experience and child's readiness for full day activities. Camp is based upon chronological age, not developmental age. We may request that a birth certificate be presented for age 5 campers if needed.



Financial Assistance Policy

As a charitable nonprofit organization, the Gateway Region YMCA makes financial assistance available to help ensure that all have the opportunity to learn, grow and thrive through programs like summer day camp. For more information on how to apply or to help send another child to camp by making a donation to the Y's Annual Campaign, call (618) 346-5600.

FUN CLUB

Before & After Camp Extended Care

Ages 3-12

Before Care: 6:30 am until the start of camp activities at 9 am

After Care: from the end of camp activities until 6 pm

Extended Care is a program which runs before and after normal camp hours. This program helps meet the needs of working parents/guardians. Children may select activities from four different interest areas, such as a sports activity, creative arts activity, table games or small group games.

A light snack will be provided in After Care.

Fun Club fees are charged separately for before and after care.

Fee: Before OR After Care is \$20/week member
Before OR After Care is \$25/week non-member
Before AND After Care: \$35/member, \$45/non-member

Fun Club is a separate program and must be registered for in addition to your camp selection.

BEST. SUMMER. EVER.

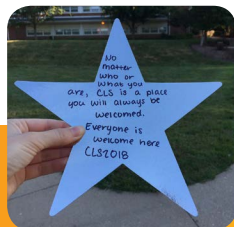


COME TO LEARN RETURN TO SERVE

YMCA Central Leaders School
is an exciting, supportive week for
teens to learn about themselves.



Illinois College
July 14 – 20, 2019



For teens completing grades 6-12, are active in a
Leaders Club or other service opportunities at their
local YMCA or community

Contact Ana Stachowski for more information.



Register by May 15, 2019 for discounted rates.



ADVENTURE AWAITS AT YMCA CAMP LAKEWOOD

Experience the ultimate overnight summer camp experience with days packed full of adventure activities, water sports, swimming and time spent enjoying the great outdoors. We know summer doesn't last forever, but we're here to help create memories that do.

Reserve your child's spot today!

Y Member Special

\$100 off session 1-3

\$45 off sessions 4-10

2019 Open House Dates

March 24

April 7

April 28

May 19



**TROUT LODGE
& CAMP LAKEWOOD**

ymcaoftheozarks.org
888-FUN-YMCA



Outdoor Rangers Camps

Play, Learn, Serve, Work Outdoors

Camp Fees: \$175 Members Pay Only: \$145
Includes Fun Club*

The Gateway Region Y, in continued partnership with the US National Park Service, Missouri State Parks, US Fish and Wildlife Service and Army Corps of Engineers, is excited to offer 5 weeks of fun and educational camp opportunities exploring nature and recreation in our Missouri parks and public lands. All programming is subject to Mother Nature's rules (weather permitting).

These camps are based at the **South City Family YMCA***, from 8:30 am – 4:30 pm, end of day times may vary.

Rookie Rangers

June 10 – 14 • Ages 5–7

Rookies is an introduction to the adventures of the Outdoor Ranger Camps. Join us in Ranger adventures of hiking, water safety, fishing, archery, outdoor survival skills and cave exploration.

Park Rangers

Creeks, Lakes & Rivers

June 17 – 21 • Ages 7–13

Splash your way through a week of water fun. Build a creek dam and explore nature's water creatures. Paddle your way on our great waterways and catch a big one fishing the shores of Missouri's parks.

Conservation Rangers

Fins, Furs & Feathers

June 24 – 28 • Ages 7–13

Explore the world of conservation. Fish the lakes and rivers, fine tune your archery marksmanship, net for macros in ponds and search for birds on Missouri's public lands.

Urban Rangers

July 8 – 12 • Ages 7–13

Be a tourist in your own hometown! See the city and surrounding parks in a whole new way as we explore the gems that make St. Louis such a great place to live. Highlights include the Gateway Arch, Old Court House, visit caves around Missouri. Perfect your fishing skills in Forest Park. And make art while learning archery.

Extreme Rangers

July 15 – 19 • Ages 11–15

Do you have what it takes to be an extreme Ranger? Put your outdoor adventure skills to the test finding your way by compass, build a shelter, make your own survival fishing pole and see if you can catch the big one. Paddle your way on float trip at Meramec St. Park. Put all your skills together on an overnight camp out at one of our Missouri State parks.

REGISTRATION CHECKLIST

When registering, remember to complete the following:

1

Fill out the enrollment packet, including:

- Camp Registration Information
- Enrollment forms
- EFT form

2

Supply:

- Immunization records (Preschool Campers only)
- IEP, BMP, or 504 Plan including additional Inclusion Services forms (if applicable)
- Chronic Health paperwork (if applicable)
- DFS/CHASI approval letter (if applicable)
- Financial Assistance approval letter (if applicable)

3

Read the Family Handbook

4

Pay:

\$10 deposits for each week registered for traditional/preschool camp
\$50 deposits for each week registered for special interest/sports camp



For more information contact, Cheryl Roe
314.644.3100 or cheryl.roe@gwymca.org

*Camps will be based at the South City YMCA. Registration available at South City and Carondelet Park Rec Complex (transportation to and from South City to Carondelet Park Rec Complex available for campers registered at Carondelet Park Rec Complex. Fun Club participation available at the branch of camp registration - South City or Carondelet Park Rec Complex- at no charge.





Registration Forms

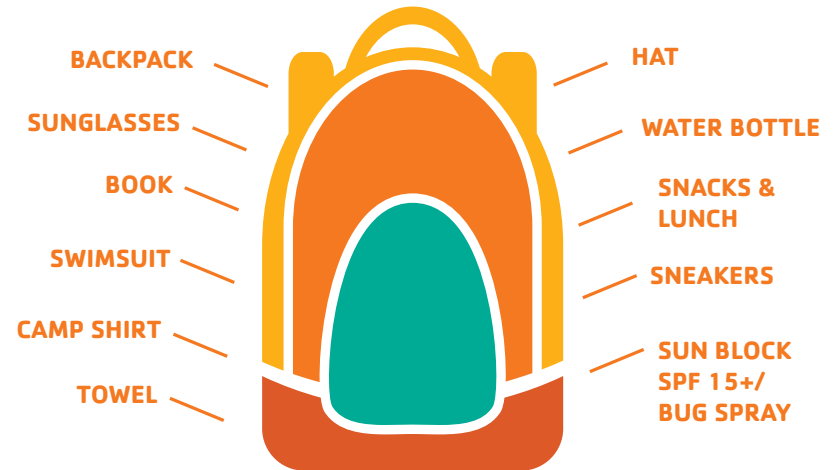
All forms necessary for registration can be downloaded from our website, www.gwrymca.org/cmt or picked up at the CMT YMCA. Online registration for camp is available. (Please note: Registrations made online do not complete your child's registration process and additional forms are required. Completed forms must be turned in to the branch no later than 2 weeks prior to your child's first day of camp.)

Payment Methods

Autodraft is the preferred method of payment. You can pay for each week of camp by the specified deadlines as stated in your Family Handbook. Payment options include; online or at the Welcome Center. Methods of payment accepted are cash, check, credit, debit, or money order.



WHAT TO BRING





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www.gwryymca.org/cmt



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- 20% OFF*

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