



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SUMMER UNPLUGGED



SUMMER
CAMP
2017



ST. CHARLES COUNTY YMCA
www.gwrymca.org/stcharles

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WELCOME TO CAMP

St. Charles County Family YMCA

3900 Shady Springs Lane
St. Peters, MO 63376
phone: (636) 928-1928
email: stcharles@gwrymca.org
website: www.gwrymca.org/stcharles

Camp Hours

Full Day Camps run Monday-Friday
9 am - 4 pm

Fun Club Extended Care (before & after camp care) is available for all full-day camps only: 6:30 am until the start of camp and end of camp until 6 pm for \$40 per week. Or \$25/week for either am or pm. Held outside, weather permitting.

Camp Counselor Meet n' Greet

May 16
ST. CHARLES COUNTY YMCA
6:30 pm - 8pm

Parents of new and returning campers are highly encouraged to attend our Meet n' Greet. Important information will be shared to ensure your camper will be prepared and have a positive first experience. Parents will also have the opportunity to meet the camp staff and ask specific questions. We encourage you to bring the family for an evening of family fun.

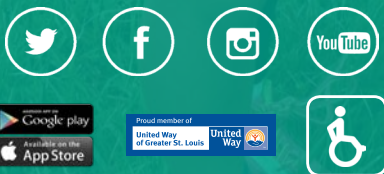
CAMP CONTACT

Autumn Rempinski, Camp Director
(636) 928-1928 ext. 307
autumn.rempinski@gwrymca.org

SAVE ON CAMP!

Did you know that Y members receive the lowest rates for camp? Ask us about membership today!

YMCA MISSION: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.



Welcome Families & Campers

At the St. Charles County Family Y, we have an action-packed program planned this summer, where young people can make new friends while having a whole lot of fun! The trained and dedicated staff, age-appropriate activities, new camps, field trips, team building, sports and crafts come together to make an unforgettable summer. Our focus is on developing the potential of every camper, while creating a warm and nurturing environment where all campers can play, challenge themselves, and make friends. We strive to engage our campers with values-driven, mentally and physically rewarding activities.

-Autumn Rempinski, Camp Director

**Register Early!
Space is Limited!**

WHAT YOU NEED TO KNOW

First Day to Register

Summer Camp registration will begin on Monday, December 26. All required enrollment forms must be completed in full & received prior to attending camp.

How to Register

In person, online or fax. Download enrollment packets at www.gwrymca.org/stcharles. More details are also available in the back of this brochure.

Financial Assistance Policy

As a charitable nonprofit organization, the Gateway Region YMCA makes financial assistance available to help ensure that all have the opportunity to learn, grow and thrive through programs like summer day camp. For more information or to help send another child to camp by making a donation to the Y's Annual Campaign, call (636) 928-1928.



TRADITIONAL

CAMP SHADY SPRINGS

Ages 5-13
9 am - 4 pm



Camp Shady Springs is offered through the entire summer for ages 5-13. Traditional Camp is designed for a wide variety of conventional interests that include arts & crafts, group games, nature exploration, swimming, field trips and more. Camps are themed weekly. Campers are typically grouped by ages they are at the time of the camp. Most camp activities will be held outdoors with indoor activities provided based on the day and theme. Field trips will be taken weekly. The schedule will be announced in Spring 2017.

Camp Fee: \$130/week
Members Pay Only: \$110/week

CAMP KEY

SUN = held outside

BUS = weekly field trip

WAVE = swimming

SPECIAL INTEREST CAMPS

are designed to offer activities focused on a particular interest, learning or progressive opportunity while incorporating overall traditional Y camp principles. Examples include science, cooking and other activities. Camp size may be smaller in nature and may be offered either indoors or outdoors based on the specified interest. Field trips will be taken weekly. The schedule will be announced in Spring 2017.

Non Members \$140/week
Members \$120/week
Before & After Care is an additional \$40/week

9am-4pm



Cheer Camp

Week 3: June 5-9 • Ages 5-13

This camp teaches basic cheer-leading skills such as motions, chants, jumps and stunts. Great for both girls and boys. Activities will help develop greater self-confidence and positive self-esteem.

Pirate Adventures Camp

Week 3: June 5-9 • Ages 5-13

Campers will explore life on a pirate ship searching for buried treasures, hiding treasures of their own, creating a message in a bottle and surviving a ship wreck. Campers will learn how to navigate by compass, maps and even the stars.

Girls Camp

Week 4: June 12-16 • Ages 8-13

Girls will learn necessary skills to exude confidence, while making new friends and memories that will last a lifetime. Campers will learn self-defense, basic gymnastics, scrapbooking, jewelry-making and slumber party games. (And don't forget the ever-so-popular "Makeover Day"!)



GROWING GREAT KIDS

Overnight Summer Camp YMCA CAMP LAKEWOOD

Riflery & Archery
Waterfront & Boating
Nature Center



Kids ages 6-17 • International Staff

Sports
Crafts
Horseback Riding



Making Friends • Accomplishing Goals

Games
Climbing Tower
Zip Line



This is "My Camp" and can be yours too!

\$45-\$100 Y Member Special 5200 acres Private Lake	2017 CAMP LAKEWOOD OPEN HOUSES	
	Sun., March 26	1-4 pm
	Sun., April 9	1-4 pm
	Sun., April 30	1-4 pm
	Sun., May 21	1-4 pm

888-FUN-YMCA
camplakewood.org

SPECIAL INTEREST CAMPS cont.

Wizards Camp

Week 4: June 12-16 • Ages 5-13

Campers will be transformed into wizards for the week. They will get to make their own magic wands, play group games, learn magic tricks and make wizard crafts.

Pretty Princess Camp

Week 5: June 19-23 • Ages 5-7

This camp features enchanting and fun filled activities with our Princesses. We'll take care of the Princess essentials: self-esteem and confidence. We'll cover what every princess needs to know - from kissing frogs to sleeping on a pea - through interactive stories, puppet play, dress-up play, arts and crafts and music.

Sticky Icky Camp

Week 5: June 19-23 • Ages 5-13

Campers have a chance to let their messy side shine. They will enjoy a variety of activities including mud puddles, playing in goo and creating messy masterpieces.

Outdoor Survival Camp

Week 6: June 26-30 • Ages 8-13

Love the outdoors? This camp will be filled with outdoor activities to bring campers a little closer to nature. They will learn how to tie knots, work with a compass and track animals. First aid skills will also be taught. Campers will participate in a wildlife scavenger hunt and wilderness hike. Campers should bring at least 32 oz. of water each day, tennis shoes, sunscreen and bug repellent to make their outdoor adventure an enjoyable experience.

Taking the Stage Camp

Week 6: June 26-30 • Ages 8-13

This camp will introduce boys and girls to the fundamentals of acting and theatre

production. Campers will learn movement on the stage, costuming and stage make-up. Campers will be given the opportunity to participate in one-act plays and vocal demonstrations.

Fine Art Camp

Week 8: July 10-14 • Ages 7-13

Campers will be immersed in innovative drawing, painting and sculpture projects. The use of different types of mediums will be introduced, as well as tips on technique and personal style.

Little Chef Camp

Week 8: July 10-14 • Ages 5-13

Soup's on! Campers will learn to make appetizer dishes, discover new cooking techniques, and of course sample the dishes they create. This camp will give children the opportunity to learn about traditional recipes and perhaps introduce a few they have never tried before.

Wacky Science Camp

Week 9: July 17-21 • Ages 8-13

Is there a wacky scientist in your child? Join us at the Y laboratory to create some wildly wacky science experiments. Campers will experience science in a whole new way, with projects that will engage their curiosity in fun and exciting ways.

Dance Camp

Week 9: July 17-21 • Ages 5-13

Dance camp focuses on the components of dance, including rhythm, creative movement, ballet and tap. Both girls and boys will benefit from activities that help develop self-confidence and positive self-esteem.

Jedi Camp

Week 10: June 24-28 • Ages 5-13

Whether campers take the easy path with the dark side or the more heroic light side, everyone will have a blast creating the perfect Jedi outfit and learning the difference between good and evil. This is a camp filled with futuristic fantasy, crafts and plenty of fun. May the fun be with you! will make it complete.

Game On! Camp

Week 10: July 24-28 • Ages 8-13

Be strategic and challenge your skills in classic board games like chess, checkers, mancala, and more! They will learn defensive and offensive moves on the game board.

SPECIAL INTEREST CAMPS

CELEBRATE HEALTHY KIDS!

Healthy Kids Day
April 29, 2017

Healthy Kids Day is a national YMCA initiative to provide families with resources, activities and programs to keep your kids healthy, active and inspired!

Our event is packed with community resources and active games, and it also gives parents a chance to meet Y staff and camp counselors who will be with your kids all summer long!



SPORTS CAMPS

9 am - 4 pm



Sports camps do participate in weekly field trips. Field Trip locations will be announced Spring 2017.

Non Members \$140/week
Members \$120/week
 Before & After Care is an additional \$40/week

Flag Football

Week 3: June 5-9 • Ages 8-13
 Focus on learning the rules, plays, strategies and fundamentals of the game. A great starting point for players getting into the sport and an exciting summer skills camp for veteran players. Led by experienced camp staff, flag football camp will be a touchdown with your kids.

Basketball Camp

Week 6: June 26-30 • Ages 5-8
Week 8: July 10-14 • Ages 9-13
 This camp will cover the "Basic Five" skills: dribbling, shooting, rebounding, passing and defense. Campers will be divided into groups based on skill level. Scrimmages will be held daily.

Baseball/Softball

Week 4: June 12-16 • Ages 5-8
Week 6: June 26-30 • Ages 9-13
 This camp teaches the basic fundamentals of the game including hitting, pitching, fielding and base running. Campers will be divided into groups based on skill level and will put the skills they learn into action through a variety of different drills.



Soccer Camp

Week 5: June 19-23 • Ages 5-13
 This is a beginner camp that will introduce the game of soccer. Campers will learn the skills of dribbling, passing, trapping, and playing defense. Groups will be created based on skill level and scrimmages will be held daily.

Volleyball Camp

Week 9: July 17-21 • Ages 7-13
 This camp will focus on learning volleyball skills such as passing, serving and setting. A great starting point for players getting into the sport who also want to experience the excitement of summer camp.

Dodgeball/Kickball Camp

Week 10: June 24-28 • Ages 8-13
 Campers will learn how to play many varieties of dodgeball and kickball. This camp incorporates the Y values of honesty, caring, respect and responsibility while encouraging teamwork and sportsmanship. will be held daily.

AQUATICS CAMP

9 am - 4 pm



Aqua Adventures I

Week 4: June 12-16 • Ages 5-8
Week 9: July 17-21 • Ages 5-8

Aqua Adventures II

Week 6: June 26-30 • Ages 9-13

Aqua Adventures camp is a condensed version of our National YMCA swim lesson program and is designed to teach swimming techniques and how to be safer in and around the water. This camp emphasizes endurance, personal safety, skill development and life-saving techniques.

Non Members \$140/week
Members \$120/week
 Before & After Care is an additional \$40/week

CAMP KEY

- SUN = held outside
- BUS = weekly field trip
- WAVE = swimming

CAMPS	WEEK 1 May 22-May 26	WEEK 2 May 30-June 2	WEEK 3 June 5-9	WEEK 4 June 12-16	WEEK 5 June 19-23	WEEK 6 June 26-30	WEEK 7 July 3-7	WEEK 8 July 10-14	WEEK 9 July 17-21	WEEK 10 July 24-28	WEEK 11 July 31-August 31
TRADITIONAL											
Camp Shady Springs Ages 5-13	•	•	•	•	•	•	•	•	•	•	•
C.I.T.											
Counselor in Training Ages 14-17	•	•	•	•	•	•	•	•	•	•	•
SPECIAL INTEREST											
Cheer Camp			Ages 5-13								
Little Chef Camp								Ages 5-13			
Dance Camp									Ages 5-13		
Fine Art Camp								Ages 7-13			
Game On! Camp										Ages 8-13	
Girls Camp				Ages 8-13							
Jedi Camp										Ages 5-13	
Outdoor Survival Camp						Ages 8-13					
Pirate Adventures Camp			Ages 5-13								
Pretty Princess Camp					Ages 5-7						
Sticky Icky Camp					Ages 5-13						
Taking the Stage Camp						Ages 8-13					
Wacky Science Camp									Ages 8-13		
Wizards Camp				Ages 5-13							
SPORTS											
Baseball Camp				Ages 5-8		Ages 9-13					
Basketball Camp								Ages 8-13			
Flag Football Camp			Ages 8-13								
Dodgeball/Kickball Camp										Ages 8-13	
Soccer Camp					Ages 5-13						
Volleyball Camp									Ages 7-13		
AQUATICS											
Aqua Adventures I				Ages 5-8					Ages 5-8		
Aqua Adventures II						Ages 9-13					



Please note that occasionally, camp scheduling and content are subject to change. Parents will be notified of any changes prior to the beginning of camp.

REGISTRATION CHECKLIST

When registering, remember to complete the following:

- Completely fill out enrollment packet, which includes:
 - Camp Registration Information
 - Enrollment forms
 - EFT form
- Supply Immunization records for Preschool Campers only
- Supply IEP, BMP, or 504 Plan including Inclusion Services forms (if applicable)
- Supply Chronic Health paperwork (if applicable)
- Supply DFS Child approval letter (if applicable)
- Supply Financial Assistance approval letter (if applicable)
- Read the Family Handbook
- Pay \$15 deposits plus first week in full for each week registered for camp

All forms necessary for registration can be downloaded from our website, www.gwrymca.org/stcharles or picked up at the St. Charles County Family YMCA. Online registration for camp is available. Please note: registrations made online do not complete your child's registration process and additional forms are required. These forms are available on our branch website or can be picked up at the Welcome Center. Completed forms must be turned in to the branch no later than 2 weeks prior to your child's first day of camp.

Autodraft is the preferred method of payment. You can pay for each week of camp by the specified deadlines as stated in your Family Handbook. Payment options include; online or at the Welcome Center. Methods of payment accepted are cash, check, credit, debit, or money order.

INCLUSION SERVICES

The YMCA provides inclusive programming and reasonable accommodations for all of our program participants. Completed forms must be submitted to the YMCA branch a minimum of two weeks prior to your child's expected camp start date. Factors affecting your child's start date include: late enrollment, submission of incomplete or out-of-date paperwork, and availability of appropriate staff to help facilitate your child's successful participation in the program. Paperwork is processed in the order received.

REGISTER EARLY AND SAVE!

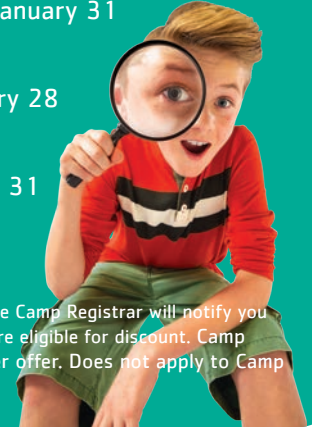
Early Bird Special - Time to Sign Up: December 26 to January 31
• 20% OFF up to three weeks of camp

Summer Blast - Time to Sign Up: February 1 to February 28
• 15% OFF up to three weeks of camp

Summer is Right Around the Corner: March 1 to March 31
• 10% OFF up to three weeks of camp

Register online at www.gwrymca.org/stcharles

Discount will be applied in person at the branch, or if registering online, the Camp Registrar will notify you through confirmation email the discount has been applied. Not all camps are eligible for discount. Camp deposit required upon registration. Cannot be combined with any other offer. Does not apply to Camp Lakewood, C.I.T. (Counselor in Training) or Fun Club extended care.



FUN CLUB

Before & After Camp Extended Care

Ages 5-13

Before Care: 6:30 am – 9 am

After Care: 4 pm – 6 pm

Extended Care is a program which runs before and after normal camp hours. This program helps meet the needs of working parents/guardians. Children may select activities from four different interest areas, such as a sports activity, creative arts activity, table games or small group games.

A light snack will be provided in After Care.

**Cost: \$40/week for both morning and evening
\$25/per week for either morning or evening**





Counselor In Training (CIT)

CITs will be provided with a hands-on experience working with young campers and the opportunity to cultivate their skills and knowledge in the day camp setting. CIT application, interview, training and a 4-week commitment required.

\$150 Fee (CIT must commit to a minimum of 4 Weeks)

Applications available at YMCA service center for ages 14-17.

APPLICATIONS ARE DUE BY APRIL 17, 2017

Contact: Autumn Rempinski (636) 928-1928
autumn.rempinski@gwrymca.org



GROWING GREAT KIDS

Overnight Summer Camp
YMCA CAMP LAKEWOOD

888-FUN-YMCA
camplakewood.org

Archery & Riflery
Arts & Crafts
Climbing Tower
Zip Line & Tennis
Nature Center
Windsurfing
Canoes & Kayaks
Swimming
Horseback Riding
Basketball
Fishing & Caving
Rugby & Soccer
Football & Hockey
Volleyball
Cabin Activities
All-Camp Games
5,200 acres
360-acre lake
and MUCH more!

Y Member Specials!

\$100 off
sessions 1-3

\$45 off
sessions 4-10

Kids ages 6-17 love Camp Lakewood for the fun activities, new friends and counselors who come from the world over. Parents love Camp Lakewood for the lessons in respect, accomplishments and broadening horizons. This is why campers and parents alike call Camp Lakewood "My Camp." Visit camplakewood.org for all of the details.

2017 Open House Dates

Want to see what all of the buzz is about at Camp Lakewood? You are invited to visit the property, talk with our staff and even try some of the activities before registering. Bring the whole family and make a day of it!

Sunday, March 26 1-4 pm Sunday, April 9 1-4 pm
Sunday, April 30 1-4 pm Sunday, May 21 1-4 pm

13528 Hwy AA • Potosi, MO 63664



Camp Out** Thursday, July 20

Our Survival Rangers will enjoy an overnight adventure in the great outdoors.

More details about this overnight camp out will be available late spring 2017.



Outdoor Rangers Camps

Formally known as Y-NPS Play, Learn, Serve, Work Outdoors

The Gateway Region Y, in continued partnership with the US National Park Service, Missouri State Parks, Army Corps of Engineers and US Fish and Wild Life Service, is excited to continue to offer 5 weeks of fun and educational camp opportunities. Campers will enjoy nature at its best exploring the outdoors of Missouri.

River Rangers

Meander the flood plain during this unique camp that combines outdoor adventure, river navigation and environmental education. Activities may include canoeing, archery, geocache hiking and more. Ages 5-13.

June 12-16

Rock Rangers

What does Southern MO have in common with Yosemite? Come climb, crawl and carve your way through the rocks of Missouri to find out. Activities may include caving in Fisher Cave, exploring the history of mining and the rocks of Washington State Park and more. Ages 5-13

June 19-23

Bike Rangers

Pedal your way through the parks and trails around St. Louis and learn basic skills, maintenance, etiquette and bike safety. 24 bikes available for campers without their own bike. Campers must have some bicycling experience. Ages 7-13

June 26-30

Nature Rangers

Visit a National Wildlife Refuge and get into nature this week. Real park rangers will teach you how to catch bugs, fish, watch for birds and be a wildlife detective. Ages 5-13

July 10-14

Survival Rangers

Put your outdoor skills to the test in our Survival Rangers camp. Explore camping and survival techniques in a week of adventure. Activities may include fishing, shelter building and outdoor cooking. **Campers will participate in an overnight on July 20. Ages 7-13

July 17-21

For more information about the Outdoor Rangers Camp contact, Cheryl at 314.644.3100 or cheryl.roe@gwrymca.org

*Camps will be based at the South City YMCA with transportation to and from base camp provided from the Carondelet Park Rec Complex. Fun Club participation is located at the branch of camp registration.

Camp Costs:

Members: \$130;
Non-Members: \$150;
Includes Fun Club



IMPORTANT DATES

JANUARY

2 - Winter Classes Begin
31 - Last Day for 20%
Early Bird Savings*

FEBRUARY

20 - Spring I Classes Begin
28 - Last Day for 15%
Savings*

MARCH

31 - Last Day for 10%
Savings*

APRIL

7 - Easter Egg Hunt
10 - Spring II Classes Begin
29 - Healthy Kids Day

MAY

16 - Camp Counselor
Meet n' Greet
22 - Camp Begins
29 - Memorial Day (No
Camp)
29 - Summer I Classes Begin

JULY

4 - July 4th (No Camp)
9 - Summer II Classes
Begin

AUGUST

11 - Last day of camp

*See page 13 for details

WHAT YOU NEED TO KNOW



Deposits

A \$15 per week/per child deposit plus first full week is due at the time of registration. Deposit is non-refundable and non-transferable.

Transfers

A \$10 fee per camper/per session will be charged for all changes. No changes accepted after the Monday prior to the start of camp week.

Balance

The full balance of a camp session must be paid by the Wednesday prior to the start of each camp session.

Late Payments

If you do not make the deadline for a session's payment, you will incur a \$25 per day late fee.

Dropped from Camp

Your child will be dropped from the program if full payment including the late fee is not received by Friday noon prior to start of camp. Deposit will be forfeited.

Refunds

Refunds/credits issued if the Y cancels the program except in the case of inclement weather.

Withdrawals

If you withdraw from a program, a refund/credit minus deposit will be issued if requested in writing and received by the camp registrar one week prior to camp starting.

Cancellations

All camps are subject to cancellation due to low enrollment. Camp cancellation is determined by Wednesday prior to camp starting. For all policies/procedures, see Camp Family Handbook.

Age 5 Campers

All children age 5+ may attend a full day camp program provided they have completed a full day educational environment for at least one year prior to enrollment in day camp programs. No naps provided. 5 year-old attendance will be evaluated on an ongoing basis to ensure positive camp experience and child's readiness for full day activities. Camp is based upon chronological age, not developmental age. We may request that a birth certificate be presented for age 5 campers if needed.

Please note

Occasionally camp scheduling and content are subject to change. Parents will be notified of any changes.

Camp Wait List

No charge to be placed on a waiting list. We will contact you if a spot opens. Payment is due at that time.

COME TO LEARN RETURN TO SERVE

YMCA Central Leaders School
Illinois College in Jacksonville, IL
July 16-22, 2017
www.leaders-school.org

YMCA Central Leaders School is an exciting, supportive atmosphere for teens to learn about themselves and others.

For teens completing grades 6-12 who are active in a Leaders Club or other service opportunities at their local YMCA or community.

For more information contact:
Autumn Rempinski, Child Care
Director autumn.rempinski@gwymca.org

Register by May 15 for
discounted rates.





St. Charles County Family YMCA
3900 Shady Springs Lane
St. Peters, MO 63376
636 928 1928
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