

ACTIVITY SCHEDULE

FRIDAY, JANUARY 2-4, 2026

YMCA of the Ozarks – Trout Lodge



Children under the age of 14 must be accompanied by an adult at all times.

FACILITY HOURS

	FRI, JAN 2	SAT, JAN 3	SUN, JAN 4
Trout Lodge Front Desk	Sign up for registered activities and check-out board games, hiking maps, scavenger hunts, disc golf, pickleball, basketball, volleyball, fishing equipment, and more. Available by phone at 1-888-386-9622.		
	8 AM-5 PM	8 AM-5 PM	8 AM-5 PM
Trout Lodge Dining Hall	Cafeteria-style facility offering buffet meals with a variety of hot and cold options. Meal shifts are assigned at check-in.		
	7:30-9 AM, 12-1:30 PM, 5:30-7:30 PM	7:30-9 AM, 12-1:30 PM, 5:30-7:30 PM	7:30-9 AM, 12-1:30 PM
Recreation Center	Free space for basketball or soccer. Equipment available in the gym.		
	9 AM – 9 PM	9 AM – 9 PM	9 AM – 3 PM
Waterwheel Country Store	Clothing, jewelry, gifts, toys, souvenirs, snacks and refreshments. Closes during lunch and dinner.		
	No open hours. Available on request.		
Arts & Crafts	Ceramics, tie-dye, mosaics, and more! Cost depends on the craft chosen.		
	Closed.		
Mini-Golf	9 hole course available on a first-come, first-serve basis.		
	Available during daylight hours!		

FAMILY PROGRAMS

☼ Programs for all ages. ♦ Programs for 5 and under. **No registration required, unless noted by \$\$. Under 14 must be accompanied by an adult.**

Friday, January 2

10:15 AM ☼ Paper Snowflakes @ Mallard
 11:30 AM ♦ Little Explorers @ TL Lobby
 1:15 PM ☼ Nature Hike @ TL Lobby
 2:30 PM ☼ Survival @ Hawkins
 3:45 PM ☼ Tower Power @ Mallard
 4:00 PM ☼ Fire-building @ Hawkins
 5:00 PM ♦ Parachute Games @ Mallard
 6:30 PM ☼ BINGO @ Mallard
 7:15 PM ☼ Trivia @ Mallard

PROGRAM DESCRIPTIONS

FIRE BUILDING

Learn essential outdoor skills for safely building and managing a fire.

LITTLE EXPLORERS

Engage in hands-on activities to introduce young children to the wonders of nature.

NATURE HIKE

Hit the trails for a guided one hour hike through the forest.

PARACHUTE GAMES

Team up for a variety of playful and cooperative games using a colorful parachute!



PAPER SNOWFLAKES

Master the simple art of paper cutting to create beautiful, unique snowflakes to decorate.

SURVIVAL

Explore the 10 essentials for wilderness safety and practice building a survival shelter.

TOWER POWER

Engineer towering fun and foster family teamwork with our exciting spaghetti and marshmallow construction challenge.

TRIVIA

Test your knowledge on various subjects in a friendly and competitive team trivia game.

WINTER BIRDING

Spark your child's curiosity about nature and the fascinating aerial world of birds.

RANGE SPORTS

Recommended for ages 8+. **No registration required, except riflery.** Under 14 must be accompanied by an adult.

	FRI, JAN 2	SAT, JAN 3
Archery	9-10:30 AM	9-10:30 AM
Axe-throwing	10:30-11:45 AM	10:30-11:45 AM

Archery

Take aim at the bulls-eye! Meets at Hawkins Pavilion.

Axe-throwing

Learn to throw an axe and get it to stick on a target! Meets at Hawkins Pavilion.



Questions? Call us at 1-888-386-9622!

SELF-GUIDED ACTIVITIES

YMCA DISC GOLF

Try our 9 hole disc golf course!

Our course is a beginner-friendly, par 3 course - perfect for anyone to learn the basics of this sport!

Course begins and ends at Hawkins pavilion. Discs available for check-out at the front desk.

Enjoy the peacefulness of the woods and water in wintertime! While we are not offering any facilitated programming after January 3rd, the following is still available:

- Hiking trails (tick-free!) and winter birding - maps and guides available at the front desk
- Board games - available at the front desk
- Basketball & volleyball outdoor or at

the recreation center

- Pickleball (weather-dependent)
- Fishing - poles and lures available at the front desk
- Campfire rings available for evening activities

If you are looking for a quiet get-away, this is the time of the year to come visit the YMCA of the Ozarks - Trout Lodge!

GROUP PROGRAMMING



Did you know that the YMCA of the Ozarks offers specialized programming for groups during both the fall and spring? Please call to ask about bringing your group out to the YMCA. We specialize in programs for:



- Outdoor education and field trips
- Team-building and leadership programs
- Youth and faith-based group retreats
- Scouting trips
- Family reunions
- Weddings
- Corporate retreats

Please give us a call or scan the QR code to inquire about availability for your group to experience the magic of the YMCA of the Ozarks.

We would love to host your group!

CAMP LAKEWOOD 2026

2026 registrations are now open for Camp Lakewood! [Click here](#) or scan the QR code below to get more information about enrolling your children today.



Sending a child to YMCA Camp Lakewood is an invitation to a world of screen-free wonder, where 5,000 acres of Ozark forest and the sparkling Sunnen Lake become the ultimate classroom. Whether they are conquering the alpine tower, honing their aim at archery, or gliding across the water in a kayak, every activity is designed to help them discover their own potential.

At Lakewood, children don't just spend a

week away from home—they return with a newfound independence and a spirit ready to take on the world.



Questions? Call us at 1-888-386-9622!