

ACTIVITY SCHEDULE

FRIDAY, AUGUST 22-29, 2025

YMCA of the Ozarks – Trout Lodge



Children under the age of 14 must be accompanied by an adult at all times.

PROGRAM FACILITY HOURS

	FRI, AUG 22	SAT, AUG 23	SUN, AUG 24	MON, AUG 25	TUE, AUG 26	WED, AUG 27	THU, AUG 28
Trout Lodge Front Desk	Sign up for registered activities and check-out board games, hiking maps, scavenger hunts, disc golf, pickleball, basketball, volleyball, fishing equipment, and more. Available by phone at 1-888-386-9622.						
	8 AM-11 PM	8 AM-11 PM	8 AM-11 PM	8 AM-11 PM	8 AM-11 PM	8 AM-11 PM	8 AM-11 PM
Dining Hall	Cafeteria-style facility offering buffet meals with a variety of hot and cold options. Meal shifts are assigned at check-in.						
Shift 1	7:30-8:15, 12-12:45, 5:30-6:15	7:30-8:15, 12-12:45, 5:30-6:15	7:30-8:15, 12-12:45, 5:30-6:15	7:30-8:15, 12-12:45, 5:30-6:15	7:30-8:15, 12-12:45, 5:30-6:15	7:30-8:15, 12-12:45, 5:30-6:15	7:30-8:15, 12-12:45, 5:30-6:15
Shift 2	8:15-9, 12:45-1:30, 6:15-7 PM	8:15-9, 12:45-1:30, 6:15-7 PM	8:15-9, 12:45-1:30, 6:15-7 PM	8:15-9, 12:45-1:30, 6:15-7 PM	8:15-9, 12:45-1:30, 6:15-7 PM	8:15-9, 12:45-1:30, 6:15-7 PM	8:15-9, 12:45-1:30, 6:15-7 PM
Recreation Center	Free space for basketball or soccer. Equipment available in the gym.						
	9 AM – 9 PM	9 AM– 9 PM	9 AM– 9 PM	9 AM– 9 PM	9 AM– 9 PM	9 AM– 9 PM	9 AM– 9 PM
Waterwheel Country Store	Clothing, jewelry, gifts, toys, souvenirs, snacks and refreshments. Closes during lunch and dinner.						
	3-8 PM	9 AM-5 PM	9AM-5 PM	-	-	-	-
Arts & Crafts	Ceramics, tie-dye, mosaics, and more! Cost depends on the craft chosen.						
	9-12 PM, 3-5 PM	9 AM-5 PM	9 AM-12 PM	9 AM-5 PM	9 AM-5 PM	9 AM-5 PM	9 AM-5 PM
Mini-Golf	18 hole course available on a first-come, first-serve basis. Equipment located at the mini-golf course. Scorecards available at the front desk.						
	7:30AM-8 PM	7:30AM-8 PM	7:30AM-8 PM	7:30AM-8 PM	7:30AM-8 PM	7:30AM-8 PM	7:30AM-8 PM
Pickleball Courts	Eight full-size pickleball courts available for open play throughout the day. Equipment is available at the front desk.						
	7:30AM-8 PM	7:30AM-8 PM	7:30AM-8 PM	7:30AM-8 PM	7:30AM-8 PM	7:30AM-8 PM	7:30AM-8 PM

RANGE SPORTS

Recommended for ages 8+. No registration required, except riflery and trap shooting. Under 14 must be accompanied by an adult.



Archery
Take aim at the bulls-eye!
Meets at Hawkins Pavilion.

Axe-throwing
Learn to throw an axe and get it to stick on a target! Meets at Hawkins Pavilion.

Air Rifles

Covers the basics of firearm safety and technique. Meets at riflery range.

Riflery

Learn to shoot a .22 rifle! *Sign-up required.* \$20/person. Ages 10+. Limit 12 participants. Meets at riflery range.



	ARCHERY	AXE-THROWING	AIR RIFLES	RIFLERY
Fri, Aug 22	9-10:15 AM	10:30-11:45	1-3:30 PM	3:30-4:30 PM*
Sat, Aug 23	9-10:15 AM	10:30-11:45	-	-
Sun, Aug 24	See Community Day Programs			
Mon, Aug 25	9-10:15 AM	10:30-11:45	1-3:30 PM	3:30-4:30 PM*
Tue, Aug 26	-	-	-	-
Wed, Aug 27	9-10:15 AM	10:30-11:45	-	-
Thu, Aug 28	-	-	-	-

Questions? Call us at 1-888-386-9622!

FAMILY & EVENING PROGRAMS

☀ Programs for all ages. ♦ Programs for 5 and under. **No registration required!** Under 14 must be accompanied by an adult.

Friday, August 22

9:00 AM ☀ Animal Detective @ TL Lobby
 10:15 AM ☀ Tower Power @ TL Lobby
 11:30 AM ♦ Bugs, Bugs, Bugs @ TL Lobby
 12:30 PM ♦ Wolly Worm Hunt @ TL Lobby
 12:30 PM ☀ Fire Building @ Hawkins
 1:15 PM ☀ Knots @ TL Lobby
 1:45 PM ☀ Kickball @ Recreation Field
 2:30 PM ☀ Survival @ TL Lobby
 3:00 PM ♦ Little Explorers @ Hawkins
 3:45 PM ☀ Up, Up and Away @ Recreation Field
 4:15 PM ☀ Capture the Flag @ Recreation Field
 5:00 PM ♦ Parachute Games @ TL Lobby
 8:15 PM ☀ Night Walk @ TL Lobby

4:15 PM ☀ Medic Ball @ Recreation Center
 5:00 PM ♦ Parachute Games @ TL Lobby
 7:30 PM ☀ Family Fun Night @ Coker Fire Ring

Sunday, August 24

Please see community day program schedule!

Monday, August 25

12:30 PM ☀ Fire Building @ Hawkins
 1:45 PM ☀ Kickball @ Recreation Field
 3:00 PM ♦ Little Explorers @ Hawkins
 3:45 PM ☀ Up, Up and Away @ Hawkins

Tuesday, August 26

No scheduled family programs

Wednesday, August 27

No scheduled family programs

Thursday, August 28

9:00 AM ☀ Animal Detective @ TL Lobby
 10:15 AM ☀ Origami @ TL Lobby
 11:30 AM ♦ Bugs, Bugs, Bugs @ TL Lobby
 12:30 PM ☀ Fire Building @ Hawkins
 1:45 PM ☀ Flag Football @ Recreation Field
 3:00 PM ♦ Little Explorers @ Hawkins
 3:45 PM ☀ Jr. Birders @ Hawkins
 5:00 PM ♦ Parachute Games @ TL Lobby
 7:00 PM ☀ BINGO @ TL Patio
 7:45 PM ☀ Trivia @ TL Patio



NIGHT WALK (1 HR)

Discover the Ozarks' nocturnal wonders with your family on this guided nighttime adventure.

ORIGAMI (1 HR)

Unfold your creativity and learn the ancient art of paper folding.

PARACHUTE GAMES (30 MIN)

Bring active fun with our giant parachute. This program is designed for children under eight!

SURVIVAL (1.5 HR)

Explore the 10 essentials for wilderness safety and practice building a survival shelter.

TOWER POWER (1 HR)

Engineer towering fun and foster family teamwork with our exciting spaghetti and marshmallow construction challenge.

UP, UP & AWAY (1 HR)

Let your spirits soar! Join us for high-flying kite adventures and bubbly fun for the whole family.

WOOLLY WORM HUNT (30 MIN)

Embark on a wiggly adventure and discover the amazing art of camouflage in nature.

Morning Guided Yoga

Sunday, 8/24, 7:30 AM - Trout Lodge Patio

Start your weekend off with mindfulness and movement. Sign-up in advance to reserve a mat, or bring your own.

Saturday, August 23

9:00 AM ☀ Animal Detective @ TL Lobby
 10:15 AM ☀ Origami @ TL Lobby
 11:30 AM ♦ Bugs, Bugs, Bugs @ TL Lobby
 12:30 PM ♦ Wolly Worm Hunt @ TL Lobby
 12:30 PM ☀ Fire Building @ Hawkins
 1:15 PM ☀ Knots @ TL Lobby
 1:45 PM ☀ Flag Football @ Recreation Field
 2:30 PM ☀ Face-painting & Sidewalk Chalk @ Hawkins
 3:00 PM ♦ Little Explorers @ Hawkins
 3:45 PM ☀ Jr. Birders @ Hawkins

Arts & Crafts Guided Programs

No sign-up required. See open hours for additional crafting times. Open to all ages.

Saturday, August 23

9:00 AM - Stepping Stones - \$25 *Stones ready for pick-up on the following day*
 10 AM - Tie Dye
 11:00 AM - Candle Making - \$20 *Candles ready for pick-up on the following day*
 1:00 PM - Jewelry Making - Starts at \$15
 3:00 PM - Pour Paints - Starts at \$20
 Pour Paints ready for pick-up on the following day



PROGRAM DESCRIPTIONS

JR. BIRDERS (1 HR)

Spark your child's curiosity about nature and the fascinating aerial world of birds.

LITTLE EXPLORERS (30 MIN)

Awaken your little one's senses and ignite their love for nature with our interactive nature walk

MEDIC BALL (1 HR)

A fun twist on dodgeball where the "medic's" touch bring players back into the action!

2025 Annual Labor Day Family Camp

Your ultimate Labor Day Weekend awaits! **August 29 - September 1, 2025**, experience a perfect blend of refreshing water activities and camp traditions like archery, arts & crafts, and pickleball. With abundant family programming, your weekend starts Friday with dinner and a s'mores campfire, and wraps up Monday with a group photo.

Scan the QR code to learn more and to register for this exciting weekend retreat!



Questions? Call us at 1-888-386-9622!

ADVENTURE PROGRAMS

Closed toe shoes required. **Registration required.** Weight limit 250 lbs. See recommended ages by activity.

	FRI, AUG 22	SAT, AUG 23	SUN, AUG 24	MON, AUG 25	TUE, AUG 26	WED, AUG 27	THU, AUG 28
Pine's Peak Climbing	\$12/person. Recommended ages 6+. Climb a 35 foot, vertical rock wall.						
	9, 10, 11 AM	-	9, 10 AM	-	9, 10, 11 AM	-	-
Pine's Peak Zipline	\$15/person. Recommended ages 8+. Jump off a 30-foot pole and zipline over 250 feet back down to the ground!						
	-	1:30, 3 PM	-	-	-	1:30, 3 PM	-
Alpine Tower	\$15/person. Recommended ages 6+. Climb a 50 foot, vertical hourglass shaped obstacle course.						
	3:00 PM	-	-	-	1:30, 2:30, 3:30 PM	-	-



TRIANGLE Y RANCH

	MOUNTAIN TRAIL RIDE	VALLEY TRAIL RIDE	PONY RIDES
Fri, Aug 22	9, 11 AM	10 AM, 1 PM	2, 2:15 PM
Sat, Aug 23	9, 11 AM	10 AM, 1 PM	2, 2:15, 2:30 PM
Sun, Aug 24	Community Day Programs		
Mon, Aug 25	9, 11 AM	10 AM, 1 PM	2, 2:15, 2:30 PM
Tue, Aug 26	9, 11 AM	10 AM, 1 PM	2, 2:15, 2:30 PM
Wed, Aug 27	9, 11 AM	10 AM, 1 PM	2, 2:15, 2:30 PM
Thu, Aug 28	9, 11 AM	10 AM, 1 PM	2, 2:15, 2:30 PM

RIDE DESCRIPTIONS

Registration required for all ranch programs!

Valley Horseback Ride

\$40/person. Ages 7+

Take a one mile ride through the scenic Ozark wilderness.

Mountain Horseback Ride

\$50/person. Ages 10+

Ride along a two mile scenic, rugged trail.

Pony Rides

Free. Ages 9 and under. Registration required.

Short rides available for the youngest riders.

Closed toe, closed heel shoes and long pants required. Weight limit 250 lbs. No double riding. Call 1-888-386-9622 to book.



Barn Dance

Wednesday, 8/27, 7:00 PM

Triangle Y Ranch

Get ready for a lively evening of traditional fun at the Triangle Y Ranch's barn dance program, featuring classic country dances and a welcoming atmosphere for all ages.

Sign-up by 5 PM to catch the 6:45 PM wagon ride shuttle from Trout Lodge or meet us at the barn!



**LOST?
CHECK OUT OUR
PROPERTY MAP**



YMCA DISC GOLF

Check out discs at the front desk to try our recently refurbished 9 hole disc golf course!

Our course is a beginner-friendly, par 3 course - perfect for anyone to learn the basics of this sport!

Course begins and ends at Hawkins pavilion.



Questions? Call us at 1-888-386-9622!

TROUT LODGE WATERFRONT

Capacity may be restricted to as low as 25 people. Waterfront is closed during lightning storms and during drills. Water will be cleared 5 minutes before closing time. Kids 13 and under must have an adult present at all times and either pass a swim assessment or wear a life jacket. Kids 7 and under must have an adult within arms reach in the water.

	FRI, AUG 22	SAT, AUG 23	SUN, AUG 24	MON, AUG 25	TUE, AUG 26	WED, AUG 27	THU, AUG 28
Trout Lodge Boathouse	Check out canoes, kayaks and paddleboards. Jon boats with trolling motors can be checked out by guests over 18 with a valid driver's license. Life jackets must be worn at all times.						
	9:30-12 PM, 1-5 PM	9:30-12 PM, 1-5 PM	9:30-11 AM, 12-5 PM	9:30-12 PM, 1-5 PM	9:30-12 PM, 1-5 PM	9:30-12 PM, 1-5 PM	9:30-12 PM, 1-5 PM
Waterfront Swimming	The waterfront swim area at YMCA Trout Lodge offers a refreshing escape with a sandy beach and designated swimming zones for various skill levels, complete with lifeguard supervision.						
	9 AM- 5 PM	9 AM- 5 PM	9 AM- 5 PM	9 AM- 5 PM	9 AM- 5 PM	9 AM- 5 PM	9 AM- 5 PM
Monkey Swing/ Trampoline	Swing out into the lake! Ages 7 and under must have an adult with them in the water.						
	9:30-10:30, 2-3, 4-5 PM	9:30-10:30, 2-3, 4-5 PM	9:30-10:30, 2-3, 4-5 PM	9:30-10:30, 2-3, 4-5 PM	9:30-10:30, 2-3, 4-5 PM	9:30-10:30, 2-3, 4-5 PM	9:30-10:30, 2-3, 4-5 PM
Water Slide	Slide right into the lake! Ages 7 and under must have an adult with them in the water.						
	10:30-11, 1-2, 3-4 PM	10:30-11, 1-2, 3-4 PM	10:30-11, 1-2, 3-4 PM	10:30-11, 1-2, 3-4 PM	10:30-11, 1-2, 3-4 PM	10:30-11, 1-2, 3-4 PM	10:30-11, 1-2, 3-4 PM
Guided Pontoon Tours	Relax and take in the sights as you cruise around Sunnen Lake. \$5/ person. Registration required.						
	6:15, 7, 7:45 PM	6:15, 7, 7:45 PM	6:15, 7, 7:45 PM	6:15, 7, 7:45 PM	-	6:15, 7, 7:45 PM	6:15, 7, 7:45 PM
Pirate Pontoons	Ahoy! Join the pirate crew and shoot water guns at the opposing pontoon boat! Registration required. \$10/person.						
	3, 3:45 PM	-	-	-	-	-	-
Banana Boats	Ride behind the pontoon boat on a giant inflatable banana! Registration required. \$10/person.						
	1, 2 PM	1, 2 PM	-	-	-	-	1, 2 PM
Boat Float	Pleasure cruise around Sunnen Lake with a root beer float to enjoy. Registration required. \$10/person.						
	-	3, 3:45 PM	-	-	-	-	3, 3:45 PM
Guided Kayak Float	Discover the peaceful side of YMCA Trout Lodge with a guided kayak float, providing a leisurely exploration of the lake's shoreline and ecosystem. Registration required. \$10/person.						
	7:30 PM	7:30 AM	-	-	-	-	7:30 AM

GROUP PROGRAMMING

Did you know that the YMCA of the Ozarks offers specialized programming for groups during both the summer and fall? Please call to ask about bringing your group out to the YMCA. We specialize in programs for:

- Outdoor education and field trips
- Team-building and leadership programs
- Youth and faith-based group retreats
- Scouting trips
- Active adult hobby groups
- Family reunions
- Weddings
- Corporate retreats

Please give us a call or scan the QR code to inquire about availability for your group to

experience the magic of the YMCA of the Ozarks.

We would love to host your group!



Questions? Call us at 1-888-386-9622!



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA OF THE OZARKS COMMUNITY DAY

Sunday, August 24
TROUT LODGE & CAMP LAKEWOOD

Join us for our annual Washington County community day! This event is free for Washington County residents and is designed to give the community a chance to come participate in our activities for free. From 12-5 PM, you can participate in the following activities:

Duck Derby (3 PM) @ Triangle Y Ranch

Swimming @ Trout Lodge Waterfront

Canoeing & Kayaking @ TL Waterfront

Pirate Pontoons** (12-2PM) &

Pontoon Tours** (2PM-5 PM) @ TL
Waterfront

Make Your Own Ice Cream! (1 PM) @
Hawkins Pavilion

Face Painting (2:30-5 PM) @ Hawkins
Pavilion

Archery & Axe-throwing @ Hawkins
Pavilion

Climbing Wall** @ Pines Peak

Pony Rides** @ Triangle Y Ranch

Waterwheel Country Store (\$\$)

Arts & Crafts Center (\$\$)

****Registration is required at Waterwheel Country Store. Call 1-888-386-9622 for questions or additional information!**