

PERSONAL TRAINING

PRICING GUIDE



LOYALTY PRICING – 60 MINUTES

1-on-1 training

	Total price	Price per session
4 Sessions/Month	\$200	\$50
8 Sessions/Month	\$380	\$47.50
12 Sessions/Month	\$540	\$45

PRIVATE TRAINING – 60 MINUTES

1-on-1 training

	Total price	Price per session
1 Session	\$75	\$75
4 Sessions	\$280	\$70
8 Sessions	\$520	\$65
12 Sessions	\$720	\$60
24 Sessions	\$1,320	\$55
48 Sessions	\$2,400	\$50
4 Sessions - Intro session	\$120	\$30

SEMI PRIVATE – 60 MINUTES

2-3 clients, price per person

	Total price	Price per session
4 Sessions	\$130	\$32.50
8 Sessions	\$240	\$30
12 Sessions	\$330	\$27.50
24 Sessions	\$600	\$25

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LOYALTY PRICING – 30 MINUTES

1-on-1 training

	Total price	Price per session
4 Sessions/Month	\$100	\$25
8 Sessions/Month	\$190	\$23.75
12 Sessions/Month	\$276	\$23

PRIVATE TRAINING – 30 MINUTES

1-on-1 training

	Total price	Price per session
1 Session	\$40	\$40
4 Sessions	\$140	\$35
8 Sessions	\$260	\$32.50
12 Sessions	\$360	\$30
24 Sessions	\$660	\$27.50
48 Sessions	\$1,200	\$25

SEMI PRIVATE – 30 MINUTES

2-3 clients, price per person

	Total price	Price per session
4 Sessions	\$65	\$16.25
8 Sessions	\$120	\$15
12 Sessions	\$165	\$13.75
24 Sessions	\$300	\$12.50