

# ACTIVITY SCHEDULE

## FRIDAY, MAY 30-JUNE 5, 2025

YMCA of the Ozarks – Trout Lodge



Children under the age of 14 must be accompanied by an adult at all times.

### PROGRAM FACILITY HOURS

	FRI, MAY 30	SAT, MAY 31	SUN, JUNE 1	MON, JUNE 2	TUE, JUNE 3	WED, JUNE 4	THU, JUNE 5
Trout Lodge Front Desk	Sign up for registered activities and check-out board games, hiking maps, scavenger hunts, disc golf, pickleball, basketball, volleyball, fishing equipment, and more. Available by phone at 1-888-386-9622.						
	8 AM-11 PM	8 AM-11 PM	8 AM-11 PM	8 AM-11 PM	8 AM-11 PM	8 AM-11 PM	8 AM-11 PM
Trout Lodge Dining Hall	Cafeteria-style facility offering buffet meals with a variety of hot and cold options, including kid-friendly choices.						
	7:30-9, 12-1:30	7:30-9, 12-1:30	7:30-9, 12-1:30	7:30-9, 12-1:30	7:30-9, 12-1:30	7:30-9, 12-1:30	7:30-9, 12-1:30
Recreation Center	Free space for basketball or soccer. Equipment available in the gym.						
	9 AM– 9 PM	9 AM– 9 PM	9 AM– 9 PM	9 AM– 9 PM	9 AM– 9 PM	9 AM– 9 PM	9 AM– 9 PM
Waterwheel Country Store	Clothing, jewelry, gifts, toys, souvenirs, snacks and refreshments. Closes during lunch and dinner.						
	5-9 PM	1-9 PM	9AM-5 PM	Closed			
Arts & Crafts	Ceramics, tie-dye, stepping stones, mosaics and more! Cost depends on the craft chosen.						
	5-8 PM	9 AM-5 PM	9 AM-12 PM	Closed			
Mini-Golf	18 hole course available on a first-come, first-serve basis. Equipment located at the mini-golf course. Scorecards available at the front desk.						
	7:30AM-10 PM	7:30AM-10 PM	7:30AM-10 PM	7:30AM-10 PM	7:30AM-10 PM	7:30AM-10 PM	7:30AM-10 PM

### RANGE SPORTS

Recommended for ages 8+. **No registration required, except for riflery.** Under 14 must be accompanied by an adult.

#### Archery

Take aim at the bulls-eye! Meets at Hawkins Pavilion.

#### Axe-throwing

Learn to throw an axe and get it to stick on a target! Meets at Hawkins Pavilion.

#### Air Rifles

Covers the basics of firearm safety and technique. Meets at riflery range.

#### Riflery

Learn to shoot a .22 rifle! \*Sign-up required. \$20/person. Ages 13+. Limit 12 participants. Meets at riflery range.

	ARCHERY	AXE-THROWING	AIR RIFLES	RIFLERY
Fri, May 30	1:45-3:15 PM	3:30-4:30 PM	9-11 AM	11 AM*
Sat, May 31	9-10:15 AM 1:45-3:15 PM	10:30-11:45 AM 3:30-4:30 PM	9-11 AM	11 AM*
Sun, June 1	9-10:15 AM 1:45-3:15 PM	10:30-11:45 AM 3:30-4:30 PM	9-11 AM	11 AM*
Mon, June 2	1:45-3:15 PM	3:30-4:30 PM	9-11 AM	11 AM*
Tue, June 3	9-10:15 AM 1:45-3:15 PM	10:30-11:45 AM 3:30-4:30 PM	9-11 AM	11 AM*
Wed, June 4	1:45-3:15 PM	3:30-4:30 PM	9-11 AM	11 AM*
Thu, June 5	9-10:15 AM 1:45-3:15 PM	10:30-11:45 AM 3:30-4:30 PM	9-11 AM	11 AM*

#### Morning Guided Kayaking

Sunday, 6/1, & Thursday, 6/5, 7:30 AM  
Trout Lodge Boathouse

Get out on the lake with a guide to show you the ropes! No experience needed. \$10/person.



Questions? Call us at 1-888-386-9622!

# ADVENTURE PROGRAMS

Closed toe shoes required. Registration required. Weight limit 250 lbs. See recommended ages by activity.

	FRI, MAY 30	SAT, MAY 31	SUN, JUNE 1	MON, JUNE 2	TUE, JUNE 3	WED, JUNE 4	THU, JUNE 5
<b>Pine's Peak Climbing Wall</b>	\$12/person. Climb a 35 foot, vertical rock wall.						
	-	9, 10 AM	9, 10 AM	-	8:30, 9:30 AM	-	8:30, 9:30 AM
<b>Pine's Peak Zipline</b>	\$15/person. Jump off a 30-foot pole and zipline over 250 feet back down to the ground!						
	-	1:30, 3 PM	1:30, 3 PM	-	-	-	3 PM
<b>Alpine Tower</b>	\$15/person. Climb a 50 foot, vertical hourglass shaped obstacle course.						
	-	1:30, 3 PM	1:30 PM	-	1:30, 3 PM	-	1:30, 3 PM
<b>Alpine Swing</b>	\$15/person. Get hauled up 30 feet in the air before plummeting down! Minimum of 8 signups required.						
	1:30, 3 PM	-	-	-	-	-	-

# FAMILY & EVENING PROGRAMS

Programs are great for all ages. **No registration required!** Under 14 must be accompanied by an adult.

## Friday, May 30

1:00 PM ☀ Fire Building @ Hawkins  
 1:00 PM ♦ Little Explorers @ TL Lobby  
 1:45 PM ☀ Jr. Birders @ TL Lobby  
 2:15 PM ☀ Kickball @ Recreation Field  
 3:00 PM ☀ Survival @ TL Lobby  
 3:30 PM ☀ Face Painting & Sidewalk Chalk @ Hawkins  
 7:30 PM ☀ Beach Party

## Saturday, May 31

1:00 PM ♦ Woolly Worm Hunt @ Hawkins  
 1:45 PM ☀ Knots @ Hawkins  
 2:30 PM ☀ Animal Detective @ TL Lobby  
 3:00 PM ☀ Face-painting & Sidewalk Chalk @ Hawkins  
 3:45 PM ☀ Origami @ TL Lobby  
 5:00 PM ♦ Parachute Games @ TL Lobby  
 6:45 PM ☀ Capture the Flag @ Recreation Field  
 7:30 PM ☀ Family Fun Night @ Coker Fire Ring  
 8:30 PM ☀ Night Walk @ TL Lobby  
 9:30 PM ☀ Stargazing @ TL Patio

## Sunday, June 1

1:00 PM ♦ Little Explorers @ TL Lobby  
 1:45 PM ☀ Jr. Birders @ TL Lobby  
 2:30 PM ☀ Animal Detective @ TL Lobby  
 3:00 PM ☀ Survival @ TL Lobby  
 3:45 PM ☀ Tower Power @ TL Lobby  
 5:00 PM ♦ Bugs, Bugs, Bugs @ TL Lobby  
 6:45 PM ☀ Medic Ball @ Recreation Center  
 7:30 PM ☀ BINGO @ TL Patio  
 8:15 PM ☀ Trivia @ TL Patio  
 8:30 PM ☀ Night Walk @ TL Lobby  
 9:30 PM ☀ Stargazing @ TL Patio

## Monday, June 2

No scheduled family programs.

## Tuesday, June 3

1:00 PM ☀ Wildland Windchimes @ Hawkins  
 1:00 PM ♦ Woolly Worm Hunt @ TL Lobby

1:45 PM ☀ Knots @ Hawkins  
 2:15 PM ☀ Flag Football @ Recreation Field  
 3:00 PM ☀ Face Painting & Sidewalk Chalk @ Hawkins  
 3:30 PM ☀ Up, Up and Away @ Hawkins  
 7:30 PM ☀ Family Fun Night @ Coker

## Wednesday, June 4

1:00 PM ☀ Fire Building @ Hawkins  
 1:00 PM ♦ Little Explorers @ TL Lobby  
 1:45 PM ☀ Jr. Birders @ TL Lobby  
 2:15 PM ☀ Kickball @ Recreation Field  
 3:00 PM ☀ Survival @ TL Lobby  
 3:30 PM ☀ Face Painting & Sidewalk Chalk @ Hawkins  
 7:00 PM ☀ Barn Dance @ Ranch

## Thursday, June 5

1:00 PM ☀ Wildland Windchimes @ Hawkins  
 1:00 PM ♦ Woolly Worm Hunt @ TL Lobby  
 1:45 PM ☀ Knots @ Hawkins  
 2:15 PM ☀ Flag Football @ Recreation Field  
 3:00 PM ☀ Face Painting & Sidewalk Chalk @ Hawkins  
 3:30 PM ☀ Up, Up, and Away @ Hawkins  
 7:30 PM ☀ BINGO @ TL Patio  
 8:15 PM ☀ Trivia @ TL Patio

## PROGRAM DESCRIPTIONS

### JR. BIRDERS

Spark your child's curiosity about nature and the fascinating aerial world of birds.

### LITTLE EXPLORERS

Awaken your little one's senses and ignite their love for nature with our delightful and interactive

### MEDIC BALL

Experience a thrilling twist on dodgeball where

**LOST?**  
**CHECK OUT OUR**  
**PROPERTY MAP**



art of paper folding.  
 nature walk.

### PARACHUTE GAMES

Bring big smiles and active fun to your little ones with our parachute. This program is designed to promote coordination and teamwork for children under eight!

### SURVIVAL (1.5 HR)

Explore the 10 essentials for wilderness safety and practice building a survival shelter.

### TOWER POWER

Engineer towering fun and foster family teamwork with our exciting spaghetti and marshmallow construction challenge.

### UP, UP & AWAY

Let your spirits soar with Up, Up, and Away! Join us for high-flying kite adventures and bubbly fun for the whole family.

### WOODLAND WINDCHIMES

Craft enchanting, unique wind chimes from natural, found materials!

### WOOLLY WORM HUNT

Embark on a wiggly adventure and discover the amazing art of

camouflage in nature.



**Questions? Call us at 1-888-386-9622!**

## TROUT LODGE WATERFRONT

Capacity may be restricted to as low as 25 people. Waterfront is closed during lightning storms and during drills. Water will be cleared 5 minutes before closing time. Kids 13 and under must complete a swim assessment and have an adult present at all times. Kids 7 and under must have an adult in the water.

	FRI, MAY 30	SAT, MAY 31	SUN, JUNE 1	MON, JUNE 2	TUE, JUNE 3	WED, JUNE 4	THU, JUNE 5
<b>Trout Lodge Boathouse</b>	Check out canoes, kayaks and paddleboards. Jon boats with trolling motors can be checked out by guests over 18 with a valid driver's license. Life jackets must be worn at all times.						
	9 AM-7 PM	9 AM-7 PM	9 AM-7 PM	1:30 PM-4:30 PM	11:30 AM-4:30 PM	11:30 AM-4:30 PM	9 AM-7 PM
<b>Waterfront Swimming</b>	The waterfront swim area at YMCA Trout Lodge offers a refreshing escape with a sandy beach and designated swimming zones for various skill levels, complete with lifeguard supervision.						
	9 AM- 8 PM	9 AM-8 PM	9 AM-8 PM	9 AM-5:30 PM	9 AM-5:30 PM	9 AM-5:30 PM	9 AM-5:30 PM
<b>Guided Pontoon Tours</b>	Relax and take in the sights as you cruise around Sunnen Lake. \$5/ person. Registration required.						
	6, 6:45, 7:30, 8:15 PM	6, 6:45, 7:30, 8:15 PM	6, 6:45, 7:30, 8:15 PM	-	6, 6:45 PM	6, 6:45 PM	6, 6:45, 7:30, 8:15 PM
<b>Pirate Pontoons</b>	Ahoy! Join the pirate crew and shoot water guns at the opposing pontoon boat! Registration required. \$10/person						
	3, 3:45 PM	-	3, 3:45 PM	-	-	-	-
<b>Banana Boats</b>	Ride behind the pontoon boat on a giant inflatable banana! Registration required. \$10/person.						
	1, 2 PM	1, 2 PM	1, 2 PM	-	-	-	-
<b>Boat Float</b>	Pleasure cruise around Sunnen Lake with a root beer float to enjoy. Registration require. \$10/person.						
	-	3, 3:45 PM	-	-	-	-	-
<b>Guided Kayak Float</b>	Discover the peaceful side of YMCA Trout Lodge with a guided kayak float, providing a leisurely exploration of the lake's shoreline and ecosystem. Registration required. \$10/person.						
	-	-	7:30 AM	-	-	-	7:30 AM
<b>Mud Cave</b>	Take a boat ride to the far side of the lake and go caving! Registration required. \$12/person. Meets at Trout Lodge Lobby.						
	-	1-4 PM	1-4 PM	-	-	-	-

## TRIANGLE Y RANCH

	MOUNTAIN TRAIL RIDE	VALLEY TRAIL RIDE	PONY RIDES
Fri, May 30	9, 11 AM	10 AM, 1 PM	2, 2:15, 2:30 PM
Sat, May 31	9, 11 AM	10 AM, 1 PM	2, 2:15, 2:30 PM
Sun, June 1	9, 11 AM	10 AM	Closed
Mon, June 2	9 AM	1 PM	2, 2:15, 2:30 PM
Tue, June 3	9 AM	1 PM	2, 2:15, 2:30 PM
Wed, June 4	9, 11 AM	10 AM, 1 PM	2, 2:15, 2:30 PM
Thu, June 5	9, 11 AM	10 AM, 1 PM	2, 2:15, 2:30 PM

### RIDE DESCRIPTIONS

#### **Valley Horseback Ride**

**\$40/person. Ages 7+**

Take a one mile ride through the scenic Ozark wilderness.

#### **Mountain Horseback Ride**

**\$50/person. Ages 10+**

Ride along a two mile scenic, rugged trail.

#### **Pony Rides**

**Free. Ages 9 and under**

Short rides available for the youngest riders.

Closed toe, closed heel shoes and long pants required. Weight limit 250 lbs. Pre-registration required. Call 1-888-386-9622 to book.

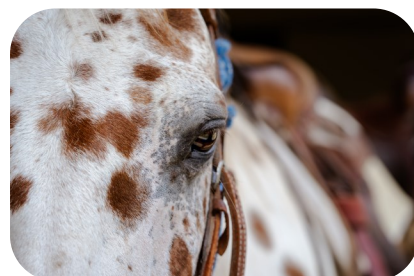


### **Barn Dance**

**Wednesday, 6/4, 7:00 PM**

**Triangle Y Ranch**

Get ready for a lively evening of traditional fun at the Triangle Y Ranch's barn dance program, featuring classic country dances and a welcoming atmosphere for all ages. No experience needed!



**Questions? Call us at 1-888-386-9622!**