ACTIVITY SCHEDULE FRIDAY, MARCH 21 – MONDAY, MARCH 24

the

YMCA of the Ozarks - Trout Lodge

Children under the age of 14 must be accompanied by an adult at all times.

PROGRAM FACILITY HOURS

	FRI, MAR 21	SAT, MAR 22	SUN, MAR 23	MON, MAR 24	
Trout Lodge Front Desk	Sign up for registered activities and check-out board games, hiking maps, scavenger hunts, disc golf, pickleball, basketball, volleyball, fishing equipment, and more. Available by phone at 1-888-386-9622.				
	8 AM-8 PM	8 AM-8 PM	8 AM-8 PM	8 AM-8 PM	
Boathouse	Check out canoes and kayaks. Closes if combined air and water temperature is less than 100°F				
	1-5 PM	1-5 PM	9 AM-12 PM	Closed	
Recreation	Free space for basketball or soccer. Equipment available in the gym.				
Center	9-5 PM	9-5 PM	9-5 PM	9-5 PM	
Waterwheel	Clothing, jewelry, gifts, toys, souvenirs, snacks and refreshments. Closes during lunch and dinner.				
Country Store	2-5 PM	9-5 PM	Closed	Closed	
Arts & Crafts	Ceramics, tie-dye, stepping stones, mosaics and more! Cost depends on the craft chosen.				
	5-8 PM	9-5 PM	8-12 PM	Closed	
Mini-Golf	18 hole course available on a first-come, first-serve basis. Equipment located at the mini-golf course. Scoreca available at the front desk.				
	7:30AM-10 PM	7:30AM-10 PM	7:30AM-10 PM	7:30AM-10 PM	

ADVENTURE PROGRAMS

Closed toe shoes required. Registration required. Weight limit 250 lbs. See recommended ages by activity.



	FRI, MAR 21	SAT, MAR 22	SUN, MAR 23		
Pine's Peak Climbing Wall	\$10/person. Climb a 35 foot, vertical rock wall.				
	Closed	Closed	9, 10 AM		
Alpine Tower	\$12/person. Climb a 50 foot, vertical hourglass shaped obstacle				
	2 PM	Closed	Closed		

LOST?
CHECK OUT OUR
PROPERTY MAP



FAMILY & EVENING PROGRAMS

Programs are great for all ages! Under 14 must be accompanied by an adult.

Friday, March 2

9:00 AM Survival @ TL Lobby 10:30 AM Fire-building @ Hawkins

4:00 PM Pontoon Boat Tour (a) Boathouse

Saturday, March 22

6:30 PM Community Fire @ TL Patio

8:00 PM Stargazing @ TL Patio

PROGRAM DESCRIPTIONS

PONTOON BOAT TOURS (45 MIN)

Relax and take in the sights as you cruise around Sunnen Lake. \$5/ person. Registration required.



TRIANGLE Y RANCH

RIDE DESCRIPTIONS

Valley Horseback Ride

\$40/person. Ages 7+
Take a one mile ride through

the scenic Ozark wilderness.

Ride along a two mile scenic,

Mountain Horseback Ride

\$50/person. Ages 10+

rugged trail.



FIRE-BUILDING (1 HR)

Sparks will fly as you learn the fire triangle and practice your fire-building skills.

SURVIVAL (1.5 HR)

Explore the 10 essentials for wilderness safety and practice building a survival shelter

STARGAZING (1 HR)

Explore constellations, stars, planets, and much more as we observe the night sky!

COMMUNITY FIRE (1.5 HR)

Bring your own s'mores and join us for a quiet time enjoying the evening.

RANGE SPORTS



Recommended for ages 8+. Meets at Hawkins Pavilion.

Archery

Take aim at the bulls-eye! Learn the basics of this ancient sport.

Axe-throwing

Learn to throw an axe and get it to stick on a target!

Air Rifles

Covers the basics of firearm safety and shooting technique.

Riflery

Learn to shoot a .22 rifle! *Sign-up required. \$20/person. Ages 13+. Limit 8 participants per session. Meets at riflery range.

	ARCHERY	AXE- THROWING	AIR RIFLES	RIFLERY
Fri, Mar 21	1-2:30 PM	2:30-4 PM		
Sat, Mar 22	9-10:30 AM		10:30-12 PM	
Sun, Mar 23				10, 11 AM*

UPCOMING EVENTS

Be sure to check out the following upcoming events at YMCA Trout Lodge and Camp Lakewood!

MARCH 28-30 - FAMILY RANCH CAMP

Experience the thrill of horseback riding, enjoy wagon rides, and embrace the ranch lifestyle. Activities include:

- Wagon Rides
- Roping and Branding
- Stick Horse Rodeo
- Grooming and Saddling Session
- Arena Ride
- Horse Basics

Trail Rides

APRIL 26 - CAMP LAKEWOOD SPRING ALUMNI WORKDAY

Come together with fellow Camp Lakewood alumni to give back to the camp by building new carpet ball tables for various areas around camp. This hands-on project will enhance the camp experience by providing additional recreational opportunities for future campers. Alumni will have the chance to reconnect while contributing to the

camp's lasting legacy

Included. Ages 9 and under Short rides available for the youngest riders.

Pony Rides

Closed toe, closed heel shoes and long pants required. Weight limit 250 lbs. Preregistration required. Call 1-888-386-9622 to book.

	MOUNTAIN TRAIL RIDE	VALLEY TRAIL RIDE	PONY RIDES
Fri, Mar 21			
Sat, Mar 22	9 AM, 11 AM	10 AM	1 PM
Sun, Mar 23	9 AM, 11 AM	10 AM	1 PM

MAY 16-18 - PICKLEBALL WEEKEND

Looking for an awesome weekend getaway that combines fun, fitness, and relaxation? Activities include pickleball drills & clinics, open play, and bonding events.



Call 1-888-386-9622 to register for any of these events!