

Dr. Linda Peterson, a native of St. Louis, MO, is the owner and Executive Director of Changes Therapeutic Services, LLC, in Maryland Heights and St. Ann, MO. She is a licensed Psychotherapist and Clinical Supervisor dedicated to providing clinical counseling, mentorship, and professional development to various schools, churches, and organizations throughout Missouri. In her role, Dr. Peterson supervises and trains coaches, school counselors, and clinical therapists and leads therapy groups focused on anxiety and depression for her church. Additionally, she teaches parenting support classes in several St. Louis County school districts and offers individual, couple, and family counseling.

With 28 years of experience, Dr. Peterson has held positions as a 3rd and 4th grade teacher, special education teacher, and middle school counselor. Currently, she serves as an Adjunct Professor at Missouri Baptist University, where she helps adults pursuing master's degrees in clinical and school counseling.

Dr. Peterson has also made significant contributions to the professional community. She was the president of the St. Louis Suburban School Counselors Association for five years and collaborates with the National Board of Certified Counselors to create equitable testing questions for state examinations. Her previous involvement with the Before Ferguson Beyond Ferguson organization focused on promoting racial equity through storytelling and journalism. For the past four years, she has been actively engaged with the Missouri School Counselor Association's Diversity and Inclusion Committee and its ethics committee, enhancing multicultural awareness among clinical counselors and school counselors in Missouri.

A devoted member of Church on the Rock in St. Peters, MO, since 2009, Dr. Peterson has served as a prayer partner, teaches classes on hope for those facing depression, and participates in the music department. She discovered her faith at a young age and continues to inspire others to pursue their dreams and overcome obstacles by relying on her strong belief in Jesus.

Dr. Peterson has been happily married for 30 years and is the proud mother of three children, aged 23, 29, and 38. She also has a therapy dog named Lily, who brings joy to her family.