## YMCA TROUT LODGE SUMMER SCHEDULE 2024

Rates include lodging, meals, and many activities. Meals: 7:30-8:30, 12-1, and 5:30-6:30

Thanksgiving 2024												
	WED	THUR	FRI	SAT	SUN	Cost per Person	Location	Advance Sign Up Required				
Target Sports Age:5+ archery & slingshots, Age:8+ air rifles, Age: 10+ axe throwing	3:30 -5 pm	3:30 -5 pm	3:30 -5 pm	3:30 -5 pm	9-10:15 am	Included	Hawkins Pavilion					
Mountain Horseback Ride 2-mile scenic, rugged trail Age:10+		9, 11 am	9, 11 am	9, 11 am	9, 11 am	\$40	Ranch	$\checkmark$				
Boating: Canoes Paddle Boards Kayaks Age 13+ or Adult needed	3:30- 5 pm	2-3:15 pm	3:30 -5 pm	3:30 -5 pm	10:30 am -12 pm	Included	Check out at boat house					
Valley Horseback Ride 1 mile Age: 7+		10 am 1 pm	10 am 1 pm	10 am 1 pm	10 am	\$30	Ranch	$\checkmark$				
Country Store Open Snacks, Souvenir's, Apparel	5-8 pm	9-12am 1-5 pm	9-12am 1-5 pm	9-12am 1-5 pm		\$ Varies	Water Wheel Country Store					
Arts and Crafts ceramics, tie dye, Stepping Stones, Mosaics, craft kits and more.	5-9 pm	9-12 am 1-5 pm	9-12 am 1-5 pm	9-12 am 1-5 pm	9 am -12 pm	\$ Varies	Recreation Building					
Pony Rides Age: 7 & under		2 pm	2 pm	2 pm		Included	Ranch	V				

Activities can fill quickly, so it is a good idea to contact us in advance of your stay to reserve the activities that require an advanced sign-up. Or you can sign up for the activities that are available upon your arrival. To sign up, call 888-FUN-YMCA (888-386-9622)

	WED	THUR	FRI	SAT	SUN	Cost per Person	Location	Advance Sign Up Required		
Alpine Tower: climb a 50-ft. vertical hourglass shaped obstacle course. Age: 10+		2 pm	2 pm	2 pm		\$12	Upper middle guest parking lot across from Trout Lodge	$\checkmark$		
Pine's Peak climb a 35-ft. vertical rock wall Age: 5+		9 am	9 am	9 am		\$10	Pines Tower near Ranch	$\checkmark$		
Pine's Peak Zip Thrilling zipline and a challenging climb Ages 10+			10:30 am	10:30 am		\$12	Camp Lakewood Pines Tower	$\checkmark$		
Free play in the Rec Center	5 - 10 pm	9 am - 10 pm	9 am - 10 pm	9 am - 10 pm	9 am - 5 pm	Included	Red Center			
Evening Programs										
Campfire on the back deck Smores can be picked up at the front desk	7 pm	7 pm	7 pm	7 pm		Included	Trout Back Deck			

## **Activity Requirements**

- Horseback: Closed-toe, closed-heel shoes & long pants. Weight limit 250 lbs. See ages per ride above.
- Climbing: Closed-toe, closed-heel/heel strap shoes & comfortable clothes. Weight limit 250 lbs. See ages per climb above.
- Arts & Crafts: Age 14 and under must be accompanied by an adult. For tie dye, bring your own item.
- Target Sports: 17 and under must be accompanied by an adult. See ages per sport above.
- All advance sign-up activities must be signed up in advance to 30 minutes prior to the start of the activity. If the activity has Zero pre-registered guests, that activity will be canceled. Any attempts to sign up less than 30 minutes prior to the scheduled start time will be permitted at the discretion of the Program Department.

## **On-your-own Activities**

Bird watching, board games, disc golf, equipment check out (volleyball, horseshoes, etc.), hiking, rec building Friday-Sunday noon-6 pm, mini golf, three scavenger hunts (front desk 8 am-dusk), tennis, fishing (pick up equipment at the Country Store). Weather permitting.