

YMCA TROUT LODGE SUMMER SCHEDULE 2024

Rates include lodging, meals, and many activities.

Meals: Breakfast 7:30-8:30 Lunch 12-1 Dinner 5:30-6:30

45-minute meal shifts may be assigned at check-in in peak times

Weekday Activity Schedule August 12-15

	Monday	Tuesday	Wednesday	Thursday	Cost per Person	Location	Advance Sign Up Required
Hawkins family fun Stop in for fun games, tournaments and prizes!	2 Face Paint	2 Face Paint	2 Face Paint	2 Face Paint	Included	Hawkins Pavilion	
Target Sports Age:5+ archery & slingshots, Age:8+ air rifles, Age: 10+ axe throwing	9 am – 12 pm	9 am – 12 pm	9 am – 12 pm	9 am – 12 pm	Included	Hawkins Pavilion	
Mountain Horseback Ride 2-mile scenic, rugged trail Age:10+	9 am	9 am	9 am	9 am	\$40	Ranch	√
Nature Hike Adventure into the hillsides to learn about vegetation and trees and possibly glimpse wildlife.	9 am	9 am	9 am	9 am	Included	Trout Lodge Fourth Floor Lobby	
Lake Swimming! At the Lodge	10 am-5:45 pm	10 am-5:45 pm	10 am-5:45 pm	10 am-5:45 pm	Included	The Lodge Beach	
Boating: Canoes Paddle Boards Kayaks Age 13+ or Adult needed	10 am-5:45 pm	10 am-5:45 pm	10 am-5:45 pm	10 am-5:45 pm	Included	Check out at boat house	
Valley Horseback Ride 1 mile Age: 7+	10, 11 am	10, 11 am	10, 11 am	10 am, 1 pm	\$30	Ranch	√
Country Store Open Snacks, Souvenir's, Apparel	Open upon request at Front Desk	Open upon request at Front Desk	Open upon request at Front Desk	Open upon request at Front Desk	\$ Varies	Water Wheel Country Store	
Arts and Crafts ceramics, tie dye, Stepping Stones, Mosaics, craft kits and more.	Open upon request at Front Desk	Open upon request at Front Desk	Open upon request at Front Desk	Open upon request at Front Desk	\$ Varies	Recreation Building	

Activities can fill quickly, so it is a good idea to contact us in advance of your stay to reserve the activities that require an advanced sign-up. Or you can sign up for the activities that are available upon your arrival.

To sign up, call 888-FUN-YMCA (888-386-9622)

	Monday	Tuesday	Wednesday	Thursday	Cost per Person	Location	Advance Sign Up Required
Alpine Tower: climb a 50-ft. vertical hourglass shaped obstacle course. Age: 10+	2 pm		2 pm		\$12	Upper middle guest parking lot across from Trout Lodge	√
Pine's Peak climb a 35-ft. vertical rock wall Age: 5+		2 pm		2 pm	\$10	Pines Tower near Ranch	√
Pine's Peak Zip Thrilling zipline and a challenging climb Ages 10+		3:30 pm		3:30 pm	\$12	Pines Tower near Ranch	√
Nature Adventure enjoys local animals, pelts, tracks, and more.	Intro to Fishing 3:30 – 5 pm	Animals Inside & Out 3:30 – 5 pm	Amateur Birding 3:30 – 5 pm	Animals Inside & Out 3:30 – 5 pm	Included	Hawkins Pavilion	
Pontoon Tours	9 am 6:55, 7:25, 7:55 pm	9 am 6:55, 7:25, 7:55 pm	9 am 6:55, 7:25, 7:55 pm	9 am 6:55, 7:25, 7:55 pm	Included	The Trout Beach	√
Free play in the Rec Center	7-9 am, 12-2, 6-10 pm	7-9 am, 12-2, pm	7-9 am, 12-2 pm	7-9 am, 12-2, 6-10 pm	Included	Red Center	
Evening Programs							
Smores on the deck	7pm				Included	Trout Deck	
Campfire with Songs, Skits & S'mores		7 pm			Included	Coker Fire Ring (Behind Trout Lodge Boat House)	
Barn Dance			7 pm		Included	The Ranch	
Minute To Win It				7 pm	Included	Hawkins Pavilion	

Activity Requirements

- Horseback: Closed-toe, closed-heel shoes & long pants. Weight limit 250 lbs. See ages per ride above.
- Climbing: Closed-toe, closed-heel/heel strap shoes & comfortable clothes. Weight limit 250 lbs. See ages per climb above.
- Arts & Crafts: Age 14 and under must be accompanied by an adult. For tie dye, bring your own item.
- Target Sports: 17 and under must be accompanied by an adult. See ages per sport above.
- All advance sign-up activities must be signed up in advance to 30 minutes prior to the start of the activity. If the activity has Zero pre-registered guests, that activity will be canceled. Any attempts to sign up less than 30 minutes prior to the scheduled start time will be permitted at the discretion of the Program Department.
- **Swimming Evaluation:** guests 12 and under are required to take a swim evaluation.

On-your-own Activities

Bird watching, board games, disc golf, equipment check out (volleyball, horseshoes, etc.), hiking, rec building Friday-Sunday noon-6 pm, mini golf, three scavenger hunts (front desk 8 am-dusk), tennis, fishing (pick up equipment at the Front Desk). Weather permitting.

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