

YMCA TROUT LODGE SUMMER SCHEDULE 2024

Rates include lodging, meals, and many activities.

Meals: Breakfast 7:30-8:15, 8:15-9, Lunch 12-12:45, 12:45-1:30, Dinner 5:30-6:15. 6:15-7

Weekend Activity Schedule August 2-4

	Friday	Saturday	Sunday	Cost per Person	Location	Advance Sign Up Required
Hawkins family fun Stop in for fun games, tournaments and prizes!	9 Face paint 10:30 Corn Hole tourney! 2 Face Paint	9 Face paint 10:30 Mini golf tourney! 2 Face Paint	9 Face paint 10:30 Corn Hole tourney! 2 Face Paint	Included	Hawkins Pavilion	
Target Sports Age:5+ archery & slingshots, Age: 8+ air rifles, Age:10+ axe throwing	9 am – 12 pm	9 am – 12 pm	9 am – 12 pm	Included	Hawkins Pavilion	
Mountain Horseback Ride 2-mile scenic, rugged trail Age:10+	9 am	9, 11 am	9, 11 am	\$40	Ranch	√
Nature Hike Adventure into the hillsides to learn about vegetation and trees and possibly glimpse wildlife.	9 am	9 am	9 am	Included	Trout Lodge Fourth Floor Lobby	
Lake Swimming! At the Lodge	10 am-5:45 pm	10 am-5:45 pm	10 am-5:45 pm	Included	The Lodge Beach	
Boating: Canoes Paddle Boards Kayaks Age 13+ or Adult needed	9 am-5:45 pm	9 am-5:45 pm	9 am-5:45 pm	Included	Check out at boat house	
Valley Horseback Ride 1 mile Age: 7+		10 am 1pm	10 am	\$30	Ranch	√
Pine's Peak climb a 35-ft. vertical rock wall Age: 5+	9 am, 2 pm	9 am	9 am	\$10	Camp Lakewood Pines Tower	√
Pine's Peak Zip Thrilling zipline and a challenging climb Ages 10+	10:30, 3:30 pm	10:30 am	10:30 am	\$12	Camp Lakewood Pines Tower	√
Country Store Open Snacks, Souvenir's, Apparel	9-12am 2-8pm	9-12am 2-8pm	9-12am 2-8 pm	\$ Varies	Water Wheel Country Store	
Arts and Crafts ceramics, tie dye, Stepping Stones, Mosaics and more.	9 am- 12 pm 1-5 pm	9 am- 12 pm 1-5 pm	9 am- 12 pm 1-5 pm	\$ Varies	Recreation Building	

	Friday	Saturday	Sunday	Cost per Person	Location	Advance Sign Up Required
Pony Rides Age: 7 & under	2 pm	2 pm		Included	Ranch	√
Target Sports Age:5+ archery & slingshots, Age:8+ air rifles, Age: 10+ axe throwing	2-5 pm	2-5 pm	2-5 pm	Included	Hawkins Pavilion	
Alpine Tower: climb a 50-ft. vertical hourglass-shaped obstacle course. Age: 10+	9,10:30 am 2, 3:30 pm	2, 3:30 pm	2 3:30 pm	\$12	Upper middle parking lot across from Trout Lodge	√
Nature Adventure Learn about local animals, pelts, tracks, and more.	Intro Fishing 3:30 – 5 pm	Animals Inside & Out 3:30 – 5 pm	Amateur Birding 3:30 – 5 pm	Included	Hawkins Pavilion	
Pontoon Tours	9 am, 6:45 7:20, 7:55 pm	9 am, 6:45 7:20, 7:55 pm	9 am, 6:45 7:20, 7:55 pm	Included	The Trout Beach	√
Rec Center Open Play	9 am-10 pm	9 am-10 pm	9 am-10 pm	Included	Rec Center	
Evening Programs						
Evening Hike	7 pm			Included	4th Floor Lobby of Sunnen Center	
Beach Party Swim, face paint, cornhole		7 pm		Included	The Lodge Beach	
Campfire with Songs, Skits & S'mores			7 pm	Included	Coker Amphitheater	

Activity Requirements

- **Horseback:** Closed-toe, closed-heel shoes & long pants. Weight limit 250 lbs. See ages per ride above.
- **Climbing:** Closed-toe, closed-heel/heel strap shoes & comfortable clothes. Weight limit 250 lbs. See ages per climb above.
- **Arts & Crafts:** Age 14 and under must be accompanied by an adult.
- **Target Sports:** 17 and under must be accompanied by an adult. See ages per sport above.
- All advance sign-up activities must be signed up in advance to 30 minutes prior to the start of the activity. If the activity has Zero pre-registered guests, that activity will be canceled. Any attempts to sign up less than 30 minutes prior to the scheduled start time will be permitted at the discretion of the Program Department.
- **Swimming Evaluation:** guests 12 and under are required to take a swim evaluation.
- **Tick Advisory: This summer, ticks are prevalent across our state. Make sure to do regular tick checks and wear bug spray.**

On-your-own Activities

Bird watching, board games, volleyball, horseshoes, hiking, mini golf, tennis, fishing, disc golf, (pick up equipment at the Country Store) three scavenger hunts (front desk)

Activities can fill quickly, so it is a good idea to contact us one week in advance of your stay to reserve the activities that require an advanced sign-up.

Or you can sign up for the activities that are available upon your arrival.

To sign up, call 888-FUN-YMCA (888-386-9622)