

## YMCA TROUT LODGE SUMMER SCHEDULE 2024

Rates include lodging, meals, and many activities.

Meals: Breakfast 7:30-8:15, 8:15-9, Lunch 12-12:45, 12:45-1:30, Dinner 5:30-6:15. 6:15-7

45-minute meal shifts may be assigned at check-in in peak times

### Weekday Activity Schedule July 1-4

	Monday	Tuesday	Wednesday	Thursday	Cost per Person	Location	Advance Sign Up Required
<b>Hawkins family fun</b> Stop in for fun games, tournaments and prizes!	9 Face paint 10:30 Bingo 2 Corn Hole tourney!	9 Face paint 10:30 Bingo 2 Mini golf tourney!	9 Face paint 10:30 Bingo 2 Corn Hole tourney!	9 Face paint 10:30 Bingo 2 Mini golf tourney!	Included	Hawkins Pavilion	
<b>Target Sports</b> <b>Age:5+</b> archery & slingshots, <b>Age:8+</b> air rifles, <b>Age: 10+</b> axe throwing	9 am – 12 pm	9 am – 12 pm	9 am – 12 pm	9 am – 12 pm	Included	Hawkins Pavilion	
<b>Mountain Horseback Ride</b> 2-mile scenic, rugged trail <b>Age:10+</b>	9, 11 am		9 am	9, 11 am	\$40	Ranch	√
<b>Nature Hike</b> Adventure into the hillsides to learn about vegetation and trees and possibly glimpse wildlife.	9 am	9 am	9 am	9 am	Included	Trout Lodge Fourth Floor Lobby	
<b>Lake Swimming! At the Lodge</b>	10 am-5:45 pm	10 am-5:45 pm	10 am-5:45 pm	10 am-5:45 pm	Included	The Lodge Beach	
<b>Boating:</b> Canoes Paddle Boards Kayaks <b>Age 13+ or Adult needed</b>	10 am-5:45 pm	10 am-5:45 pm	10 am-5:45 pm	10 am-5:45 pm	Included	Check out at boat house	
<b>Valley Horseback Ride</b> 1 mile <b>Age: 7+</b>	10 am, 1 pm		10 am, 1 pm	10 am, 1 pm	\$30	Ranch	√
<b>Country Store Open</b> Snacks, Souvenir's, Apparel	9-12am 2-8 pm	9-12am 2-8pm	9-12am 2-8pm	9-12am 2-8 pm	\$\$\$	Water Wheel Country Store	
<b>Arts and Crafts</b> ceramics, tie dye, Stepping Stones, Mosaics, craft kits and more.	10:30 am - 12 pm 1-4 pm	10:30 am - 12 pm 1-4 pm	10:30 am - 12 pm 1-5 pm	10:30 am - 12 pm 1-5 pm	\$\$\$	Recreation Building	
<b>Pony Rides</b> <b>Age: 7 &amp; under</b>	2 pm		2 pm	2 pm	Included	Ranch	√

Activities can fill quickly, so it is a good idea to contact us in advance of your stay to reserve the activities that require an advanced sign-up. Or you can sign up for the activities that are still available upon your arrival.

To sign up, call 888-FUN-YMCA (888-386-9622)

	Monday	Tuesday	Wednesday	Thursday	Cost per Person	Location	Advance Sign Up Required
<b>Target Sports</b> <b>Age:5+</b> archery & slingshots, <b>Age:8+</b> air rifles, <b>Age: 10+</b> axe throwing	2-5 pm	2-5 pm	2-5 pm	2-5 pm	Included	Hawkins Pavilion	
<b>Alpine Tower:</b> climb a 50-ft. vertical hourglass shaped obstacle course. <b>Age: 10+</b>	2, 3:30 pm			2, 3:30 pm	\$12	Upper middle guest parking lot across from Trout Lodge	√
<b>Pine's Peak</b> climb a 35-ft. vertical rock wall <b>Age: 5+</b>			9 am, 3:30 pm	9 am 2 pm	\$10	Pines Tower near Ranch	√
<b>Pine's Peak Zip</b> Thrilling zipline and a challenging climb <b>Ages 10+</b>		9, 10:30 am	10:30 am 2 pm	10:30 am	\$12	Pines Tower near Ranch	√
<b>Nature Adventure</b> enjoys local animals, pelts, tracks, and more.	<b>Intro to Fishing</b> 3:30 – 5 pm	<b>Animals Inside &amp; Out</b> 3:30 – 5 pm	<b>Amateur Birding</b> 3:30 – 5 pm	<b>Animals Inside &amp; Out</b> 3:30 – 5 pm	Included	Hawkins Pavilion	
<b>Pontoon Tours</b>	9 am 7, 7:45 pm	9 am 7, 7:45 pm	9 am 7, 7:45 pm	9 am 7, 7:45 pm	Included	The Trout Beach	√
<b>Free play in the Rec Center</b>	7-9 am, 12-2, 6-10 pm	7-9 am, 12-2, pm	7-9 am, 12-2 pm	7-9 am, 12-2, 6-10 pm	Included	Red Center	
<b>Evening Programs</b>							
<b>Evening Hike</b>	7pm				Included	Trout Lobby	
<b>Campfire with Songs, Skits &amp; S'mores</b>		7 pm			Included	Coker Fire Ring (Behind Trout Lodge Boat House)	
<b>Barn Dance</b>			7 pm		Included	The Ranch	
<b>Minute To Win It</b>				7 pm	Included	Hawkins Pavilion	
<b>Fireworks display</b>				9 pm	Included	Watch from near the playground/ boathouse	

#### Activity Requirements

- Horseback: Closed-toe, closed-heel shoes & long pants. Weight limit 250 lbs. See ages per ride above.
- Climbing: Closed-toe, closed-heel/heel strap shoes & comfortable clothes. Weight limit 250 lbs. See ages per climb above.
- Arts & Crafts: Age 14 and under must be accompanied by an adult. For tie dye, bring your own item.
- Target Sports: 17 and under must be accompanied by an adult. See ages per sport above.
- All advance sign up activities must be signed up in advance to 30 minutes prior to the start of the activity. If the activity has Zero pre-registered guests, that activity will be canceled. Any attempts to sign up less than 30 minutes prior to the scheduled start time will be permitted at the discretion of the Program Department.
- **Swimming Evaluation:** guests 12 and under are required to take a swim evaluation.

#### On-your-own Activities

Bird watching, board games, disc golf, equipment check out (volleyball, horseshoes, etc.), hiking, rec building Friday-Sunday noon-6 pm, mini golf, three scavenger hunts (front desk 8 am-dusk), tennis, fishing (pick up equipment at the Country Store). Weather permitting.

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