## YMCA TROUT LODGE SPRING SCHEDULE 2024

Rates include lodging, meals, and many activities. Meals: Breakfast 7:30-8:30, Lunch 12-1, Dinner 5:30-6:30

## **Weekend Activity Schedule Advance** Cost per **Friday Saturday** Location Sign Up **Sunday** Person Required **Target Sports** Age:5+ archery & slingshots, 9 am -9 am -Hawkins Pavilion Included Age:8+ air rifles, Age: 10+ axe 10:30 am 10:30 am throwing Arts and Crafts ceramics, tie dye, Stepping Stones, Mosaics, craft kits 9 am-12 am 9 am-12 am Recreation Building \$\$\$ and more. Mountain Horseback Ride 2-mile 9 am \$40 $\sqrt{}$ Ranch scenic, rugged trail Age:10+ **Boating:** Canoes & Kayaks (weather 9 am-5 pm Check out at front 9 am-5 pm 1 pm-5:30 pm Included & Temperature Pending) desk Valley Horseback Ride 1 mile $\sqrt{}$ 10 am \$30 Ranch Age: 7+ Pine's Peak climb a 35-ft, vertical 10:30 am - 12 10:30 am - 12 rock wall \$10 Camp Lakewood $\sqrt{}$ pm pm Age: 5+ **Nature Hike** Adventure into the hillsides to learn Trout Lodge Fourth 10:30 am - 12 10:30 am - 12 Included about vegetation and trees and Floor Lobby pm pm possibly glimpse wildlife. **Mountain Horseback Ride** 2-mile $\sqrt{}$ scenic, rugged trail 11 am \$40 Ranch Age:10+ **Country Store Open** 3 pm - 5:30 Water Wheel Country 1 pm-5:30 pm 1 pm-3 pm \$\$\$ Snacks, Souvenir's, Apparel Store pm Valley Horseback Ride 1 mile $\sqrt{}$ \$30 Ranch 1 pm

Age: 7+

Pony Rides Age: 7 & under		2 pm		Included		V
Target Sports Age:5+ archery & slingshots, Age:8+ air rifles, Age: 10+ axe throwing	2 pm - 3:30 pm	2 pm - 3:30 pm	2 pm - 3:30 pm	Included	Hawkins Pavilion	
Alpine Tower: climb a 50-ft. vertical hourglass shaped obstacle course. Age: 10+		3:30 – 5 pm		\$12	Upper middle guest parking lot across from Trout Lodge	V
Nature Adventure Hike into the hillsides to learn about vegetation and trees and possibly glimpse wildlife while participating in interactive activities.	3:30 – 5 pm	3:30 – 5 pm		Included	Meeting in the Trout Lodge Fourth Floor Lobby	
Evening Programs						
Campfire with Songs, Skits & S'mores	7 pm			Included	Coker Fire Ring (Behind Trout Lodge Boat House)	
Minute To Win It		7 pm		Included	Hawkins Pavilion	

## **Activity** Requirements

- Horseback: Closed-toe, closed-heel shoes & long pants. Weight limit 250 lbs. See ages per ride above.
- Climbing: Closed-toe, closed-heel/heel strap shoes & comfortable clothes. Weight limit 250 lbs. See ages per climb above.
- Arts & Crafts: Age 14 and under must be accompanied by an adult. For tie dye, bring your own item.
- Target Sports: 17 and under must be accompanied by an adult. See ages per sport above.

## **On-your-own Activities**

Bird watching, board games, disc golf, equipment check out (volleyball, horseshoes, etc.), hiking, rec building Friday-Sunday noon-6 pm, mini golf, three scavenger hunts (front desk 8 am-dusk), tennis, fishing (pick up equipment at the front desk). Weather permitting.

Activities can fill quickly, so it is a good idea to contact us in advance of your stay to reserve the activities that require an advanced sign up.

Or you can sign up for the activities that are still available upon your arrival.

To sign up, call 888-FUN-YMCA (888-386-9622)