

MISSOURI RESOURCES

***Alive and Well Communities**

Promotes healing in the community by offering a variety of Mental Health focused resources and trainings across Missouri, Illinois, and Kansas City.

<https://www.awcommunities.org/work-with-us#one-time-trainings>

***Behavioral Health Response**

BHR provides confidential and free telephone counseling to people in mental health crises.

bhrstl.org/

***NAMI STL (National Alliance on Mental Illness)**

NAMI St. Louis' mission is to improve the quality of life of persons with severe and persistent mental illness and their families, and promote and provide community support, education, advocacy, and understanding.

namistl.org/

***St. Louis Children's Hospital/454-TEEN Hotline**

A resource for parents with questions and concerns about their teen's behavior. Children's Hospital professional staff will provide parents with information and answers to their concerns.

<https://www.stlouischildrens.org/conditions-treatments/psychology-services/teen-helpline-454teen>

***Mercy Kids Behavioral Health**

Mercy pediatricians provide expert, compassionate assessments and can refer you to a wide range of behavioral health support services.

mercy.net/service/childrens-mental-health

***AFSP Missouri (American Foundation for Suicide Prevention)**

AFSP raises awareness, funds scientific research and provides resources and aid to those affected by suicide.

<https://afsp.org/chapter/missouri>

***Lutheran Family & Children's Services of Missouri**

Lutheran Family and Children's Services of Missouri (LFCS) is a not-for-profit social services organization that provides counseling, adoption, crisis/unplanned pregnancy assistance, parenting education, foster care, child development, and community prevention.

lfcsmo.org

***BJC Behavioral Health**

Provides and coordinates an array of mental health services for citizens residing in St. Louis City, St. Louis County, and the counties of St. Francis, Iron, and Washington.

bjcbehavioralhealth.org

***Independence Center**

Independence Center is a community-based rehabilitation program for adults with severe and persistent mental illnesses in the St. Louis area, built on the Clubhouse model of psychosocial rehabilitation.

independencecenter.org

***Provident**

Helping individuals and families to a brighter future through counseling, suicide prevention and intervention, and community support programs

providentstl.org

***Saint Louis Counseling**

St. Louis Counseling supports healing and improved mental health for families and children of all backgrounds through professional counseling and psychiatric services.

saintlouis-counseling.org

***CHADS Coalition (Communities Healing Adolescent Depression and Suicide)**

CHADS saves young lives by advancing the awareness and prevention of depression and suicide.

<https://www.chadscoalition.org/>

***Mental Health America of Eastern MO**

Offers various programs designed to be educational and supportive of mental health.

<https://www.mha-em.org/>

***SSM Health Behavioral Urgent Care**

The region's first and only urgent care/walk-in clinic dedicated to mental health.

<https://www.ssmhealth.com/locations/location-details/behavioral-health-urgent-care-bridgeton>

***PreventEd**

Works to prevent the harms of alcohol and other drugs through education, intervention and advocacy.

<https://prevented.org/>