

RANGER & JR. RANGER PACKING LIST

YMCA Camp Lakewood

This is a recommended packing list for a one week Ranger or Jr. Ranger session. Quantity may vary depending on your child. We do **not** have laundry services available to campers.

We encourage you to send old clothing, as your camper will be camping out, sleeping on the ground, doing rugged sports, climbing, and hiking through the woods. Do not send expensive or favorite clothing to camp.

Please make sure that your child's clothing is appropriate for camp. That means that shorts should come to the middle of the thigh and not allow the camper's bottom to be visible. Shirts should not be midriff or have alcohol, drug or profane messages on them. Campers should have at least one pair of sneaker type shoes or sport sandals.

Long pants and boots (or sturdy tennis shoes) are required for horseback riding activities. Tie dying is an option for campers to choose as a cabin activity, so send a white item (example: t-shirt, socks, pillowcase, etc.).

Camp is an opportunity for children to develop their sense of self-care and personal responsibility. Let your child help pack so that he/she will know what is in his/her suitcase or duffel bag. This will be extremely helpful in recognizing lost clothing. Attach the clothing list to the inside of the suitcase lid so that your child has a check-list when packing to go home.

Luggage should be compact and easy to carry, and a sturdy backpack is required which should be at least 3000-4500 cubic inches in size. Some backpacks can be provided by Camp Lakewood. Please call us prior to arrival if you will need to borrow a backpack. Swimwear and towel should be packed at the top of camper's suitcase as campers will have swim test shortly after check-in. **Do not pack medications in camper's luggage.** All medications (prescription and over the counter) will be given to the nurse upon arrival.

Remember to mark all belongings. Mark all items with a laundry label or permanent marker. Name labels/laundry markers can be purchased at everythingsummercamp.com with camp code trail315LW.

We will make every effort to return lost and found items while your camper is in camp, but your camper can do more than anyone to insure that nothing is lost. Items found after your child's camp session will be placed in our camping center, and may be claimed by description. Please be especially thorough on checkout day as sometimes medications or whole bags are left behind. If you discover something is missing, upon your return home, please call immediately. The more time that passes, the less likely it can be found. You will be responsible for postage charges for sending lost items home. After September 1, all remaining items will be donated to a local charity.

Camp Lakewood is not responsible for lost, stolen, or damaged clothing or equipment.

OPTIONAL

Sunglasses
Disposable Camera
Bandana
Item to Tie Dye
Zany Campfire Costume
3^{1/2}" knife or multi-tool

DO NOT BRING!

Cell Phones	Skateboards
Aerosol Cans	Rollerblades
Radio/iPod	Money
Electronic devices	Bad Attitude
Video Games	Mirrors/Glass
Candy or Gum	Curling Irons
Jewelry	Library Books

Also, the following items are absolutely not allowed at camp: fireworks, guns, tobacco products, lighters/matches, illegal drugs/alcohol, or gang apparel.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

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Suggested	# Sent	CLOTHING LIST	# Returned
5		T-shirts and shirts	
3		Shorts	
1		Old t-shirt and shorts	
1		Long pants - <i>required for horseback riding</i>	
7		Underclothes	
7		Pairs of socks - <i>heavy cotton, wool or synthetic</i>	
1		Sneakers	
1		Hiking boots - <i>already broken in</i>	
1		Sweatshirt/light jacket	
1		Tevas/sports sandals	
2		Swimsuit	
2		Bath towel & wash cloth	
1		Poncho/raincoat - <i>required</i>	
1		Hat - <i>protection from sun/rain</i>	
1		Caving clothes - old sneakers, long pants, t-shirt These will NOT come clean	
Suggested	# Sent	BEDDING	# Returned
1		Sleeping bag - <i>for overnights</i>	
1		Sleeping pad - <i>no more than 1" thick</i>	
Suggested	# Sent	OTHER ITEMS	# Returned
1		Toiletries/shower bag/shampoo	
1		Soap	
1		Toothbrush/toothpaste	
1		Comb/brush	
2		Water Bottle - <i>required (durable Nalgene type)</i>	
1		Laundry Bag - <i>required</i>	
1		Flashlight/batteries	
1		Journal for writing, pens & pencils	
1		Bug repellent with low DEET	
1		Sun Block	
		Writing materials & stamps	
1		Large backpack - <i>required</i>	
		Tampons/kotex	