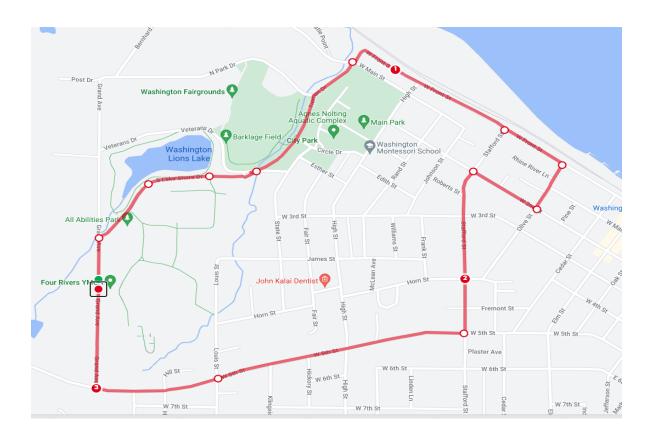


Spirit Series 5K (Fifth)



Start at the Y
Right to Grand Avenue
Right to S Lakeshore
Merge onto Tieman
Right to Front
Right to Olive
Right to Second
Left to Stafford
Right to Fifth Street
Right to Grand Ave and back to the Y
Left to Grand

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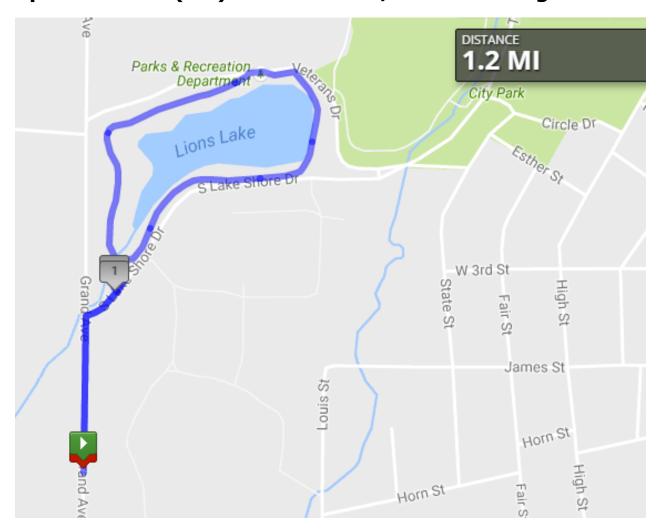
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Back to the Y parking lot

Spirit Series 1(ish) Mile Fun Run/Walk and Dog Walk



Take a right out of the Y parking lot onto Grand Ave Right onto South Lakeshore on the south side of the lake Enter the inside path and travel all around Lion's Lake Exit at your entry point and head back to the Y

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