



GATEWAY
REGION YMCA



INTERNET RULES

The internet can place a child in danger. Set up rules before letting your child go online.

- Talk about who they can communicate with and what sites they can visit.
- Do not allow your child to download anything without permission.
- Tell your child never to share personal information such as their name, address, telephone number, parent's work address or phone number, or the name and location of their school without parent's permission.
- Encourage them to tell a trusted adult if they receive any message or come across anything that makes them feel uncomfortable, scared, or confused.
- Tell your child they must never meet in person with anyone they meet online.

**For additional
Child Abuse
Prevention
Resources:**

Gateway Region YMCA main office: 314-436-1177

[Illinois Department of Child and Family Services](#)

[Missouri Department of Social Services](#)

[Darkness to Light: End Child Sexual Abuse](#)

[The CDC: Preventing Child Sexual Abuse](#)