



GATEWAY REGION YMCA PROPAGATION

Remember when we germinated seeds? Well you can also regrow foods from food scraps! This is called propagation!

Supply List

- Leaf
- Old veggie
 - Beats, carrots, celery, lettuce, green onions, onions, basil, rosemary, sweet potatoes
 - Onion pods, garlic pods, ginger (dirt start)
- Water
- Toothpicks
- Container

Instructions

1. Balance your scrap in water (if it has a base, you can just let it sit in a dish)
2. Change out the water every few days and watch your propagation!
3. If it becomes big enough with a lot of roots, you may be able to transfer the plant to dirt
4. Sunny windowsill



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