

TEST YOUR SPORTS KNOWLEDGE

A Quiz from Your YMCA Sports Directors



- 1) What does everyone else in the world call the sport 'soccer'?
- 2) How many volleyball players on a team are allowed on a court at a time?
- 3) In basketball, how many points is a free throw?
- 4) What team won the 2019 Stanley Cup?
- 5) What part of the hand should make contact with the volleyball during an underhand serve?
- 6) It is proper etiquette to roll the volleyball under the net when returning the ball to the other team. True or False?
- 7) What organization invented basketball?
- 8) In soccer, we try to kick the ball into a net to achieve a _____.
- 9) What do you call the first batter of the inning in baseball?
- 10) In volleyball, each team may hit the ball a maximum of _____ times per play?
- 11) In soccer, excluding the goalie, what part of the body cannot touch the ball?
- 12) What is the name of the area on which the game of tennis is played?
- 13) When performing a set in volleyball, you should make contact with your _____?
- 14) If the defending team in a soccer game kicks the ball out on their own goal line, what kind of kick brings the ball back in?
- 15) I am standing on a mound, with my cap shading my eyes. I get a signal from behind home plate. What position am I playing?
- 16) A soccer goalie can always use his/her hands. True or False?
- 17) The game of volleyball is played to what number?
- 18) What is the name of the flat rubber disc used in ice hockey?
- 19) When doing a soccer throw-in both arms are on the ball behind the head and both feet must be on the ground. True or False?
- 20) In basketball, how many players on a team play on the court at a time?

TEST YOUR SPORTS KNOWLEDGE ANSWERS

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- 1) Most of the world calls soccer '**football**'
- 2) **Six** volleyball players are allowed on each side of the court at a time (one team)
- 3) In basketball, a free throw is worth **1 point**
- 4) The **St. Louis Blues** won the 2019 Stanley Cup
- 5) The **heel** of the hand should make contact with the volleyball during an underhand serve
- 6) **True**, it is proper etiquette to roll the volleyball under the net when returning it to the other team
- 7) The **YMCA**, by instructor James Naismith
- 8) In soccer, we try to kick the ball into a net to achieve a **goal**
- 9) The first batter of the inning in baseball is called the **leadoff (hitter)**
- 10) In volleyball, each team may hit the ball a maximum of **3 times** per play
- 11) In soccer, excluding the goalie, the **arms** cannot touch the ball
- 12) The name of the area on which the game of tennis is played is called a **court**
- 13) When performing a set in volleyball, you should make contact with your **fingertips**
- 14) If the defending team in a soccer game kicks the ball out on their own goal line, a **cornerkick** brings the ball back in
- 15) If you're standing on a mound, with a cap shading my eyes, you are a **baseball pitcher**
- 16) **False**, a goalie can only use his/her hands when they are inside the penalty box
- 17) The game of volleyball is played to **25**
- 18) A **puck** is the name of the flat rubber disc used in ice hockey
- 19) **True**, when doing a soccer throw-in both arms are on the ball behind the head and both feet must be on the ground
- 20) In basketball, **5 players** on a team play on the court at a time



HOORAY FOR SPORTS

