CHOOSE YOUR ADVENTURE

Summer Day Camp 2020

the YMCA

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SPECIAL INTEREST CAMPS at the EMERSON FAMILY YMCA

Runs 9am - 4pm with optional Fun Club extended care (6:45-9 am and 4-6 pm)
Activities are focused on a particular interest, learning or progressive opportunity while incorporating overall traditional Y camp principles. Camp size may be smaller in nature and offered indoors or outdoors based on the specified interest.

Members pay $110/week • Fee: $135/week

Track and Field • Ages 5 - 8
June 15 – June 19
Track and Field • Ages 9 - 13
June 22 – June 26

This camp is designed to help your child thrive in a fun and competitive atmosphere! By teaching skills and techniques used in track and field our camp leaders will aid in developing speed, strength, and leadership in your child. Our focus will be geared toward sprinting speed, team relays, high jump competition and competitive comradery! Whether your child is a new athlete or future Olympian, this camp will be sure to offer a great experience.

Basketball Camp • Ages 5 - 8
June 29 – July 3
Basketball Camp • Ages 9 -13
July 13 – July 17

This camp is centered on teamwork, skills development and leadership within the game of basketball! Whether your child is new to the sport or advanced, our camp leaders will help to develop a sense of confidence and practical skills to serve as building blocks for the future! Aspects of training will include communication, passing, dribbling and shooting to name a few! Expect your child to step onto the court with an increased sense of awareness after experiencing what this cam has to offer!

Volleyball Camp • Ages 5 - 8
July 20 – July 24
Volleyball Camp • Ages 9 -13
July 27 – July 31

This camp is designed to teach the volleyball skills to players from ages 5-13. This is a fun camp that introduces campers to the basic skills of volleyball. Campers will be separated based solely on age, not skill level. This is camp is designed to help develop the child in the basics such as passing, setting, hitting and serving. We will work on footwork and the basic movement of volleyball. We will work on scrimmage and get the hang of working as a team because Teamwork makes the Dream work.