ALL TOGETHER
BUILDING A COMMUNITY OF US

2018 ANNUAL REPORT
GATEWAY REGION YMCA

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY
The Gateway Region YMCA was founded on October 13, 1853, at the 2nd Baptist Church by 23 young men. Since then, the Y has become one of the leading health and human service organizations in the bi-state region, serving nearly 300,000 individuals annually.

Every day, staff, members, volunteers, and donors work together to provide opportunities for people of all ages, backgrounds and walks of life. Our goal is to ensure all youth and families in our region have the resources needed to succeed. When we come together, living our cause, we improve our lives and the lives of those around us. In doing so, we strengthen our community.
OVERVIEW

5,642

full and part-time employees serving community needs.

24

traditional Y branches where families and individuals become more engaged in our community through membership and programs

1

Community Development Branch providing resources to address the bi-state region’s most pressing social issues in education, employment, hunger, health and youth development.

1

Campus Y Program at Washington University in St. Louis where more than 800 students offer more than 20 community service programs that are student led and student run.

Early Childhood Education Centers provide a safe, nurturing environment where children learn, grow and thrive.

Child care sites in 23 school districts engage kids in physical, learning and imaginative activities.

Overnight Camp (Camp Lakewood) and 1 Conference Center (Trout Lodge) providing children, families, professionals and others in need an opportunity to discover new talents, explore, have fun, make connections and develop.

Total members and program participants: 293,158
Children and teens served: 100,172
Adults served: 140,624
Seniors served: 52,362
Financial assistance given: $6,288,153

BUDGET AND SCOPE

Income
Total Income $72.7M
Total end of year net assets $129.1M

Expenses
Program $62.7M
Fundraising $1.9M
Administrative $6.2M

Public Support
United Way $1.7M
Grants $2.1M
Contributions $6.4M

4th Largest United Way Recipient
Source: St. Louis Business Journal list of largest United Way of Greater St. Louis allocations

BRIDGING THE OPPORTUNITY GAP

We believe every child deserves access to high-quality, enriching life experiences and the Y provides opportunities for all youth to connect, belong and achieve.

13,075 swim lesson participants taught life-saving skills, developed self-esteem, and created positive experiences to last a lifetime.

6,673 child care participants provided values and skills vital to learning, growing and thriving.

16,032 youth sports participants gained confidence, learned new skills, and developed good sportsmanship and teamwork.

9,626 camp kids provided a fun, safe experience to learn new skills, build self-confidence, and make lasting friendships.
CULTIVATING HEALTH EQUITY

We believe where you live should not dictate your quality and length of life. The Y provides supportive environments and community integrated health programs to address these disparities and improve health equity.

HOW THE Y GIVES BACK

690+ Thanksgiving meals provided to help feed the hungry.
1,290 back packs filled for youth in need.
2,000+ Christmas gifts provided to support children and families.
80,300+ free meals and snacks given to 730+ campers through the City of St. Louis’ “School’s Out Cafe”, helping ensure kids receive nutritious meals in the summer.

OUR VISION

CONNECTIONG HEALTH EQUITY

We believe in the power of connection and are committed to supporting people from all communities to develop positive, supportive relationships in safe spaces and to convene for relationship-building, volunteer activities, and community partnerships working toward building equity across our region.

INTEGRATED FITNESS PROGRAM

803 people with a documented developmental disability became comfortable with programs and equipment, feeling included and able to pursue their health goals.

LIVESTRONG® AT THE YMCA

297 adult cancer survivors who reclaimed their health.

YMCA’S DIABETES PREVENTION PROGRAM

75 adults at high-risk of developing type 2 diabetes who decided to make a life change.

OUR VISION

CONNECTING COMMUNITIES

We believe in the power of connection and are committed to supporting people from all communities to develop positive, supportive relationships in safe spaces and to convene for relationship-building, volunteer activities, and community partnerships working toward building equity across our region.

INCLUDING

More than $300,000 was allocated to 1,157 individuals through our Inclusion Services Program to provide special needs support so all members and participants could participate in Y programs and services.

DEVELOPING

YMCA Youth and Government provided almost 800 youth in grades 8-12 the opportunity to experience the democratic process and develop the leadership skills needed to become citizens of a participatory society.

TEACHING

210 children improved their reading and math skills through tutoring in the Y Literacy program.

GIVING

Approximately 5,000 volunteers donate more than 80,000 hours of their time annually to help our community be more healthy and connected.
GATEWAY REGION YMCA METRO BOARD OF DIRECTORS

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William Gavin
Michael Gibbons
Steve Hanley
Melissa Harper
Dan Hegger
Dan Jackson
Nevada Kent IV

Mission:
To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

GATEWAY REGION YMCA
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