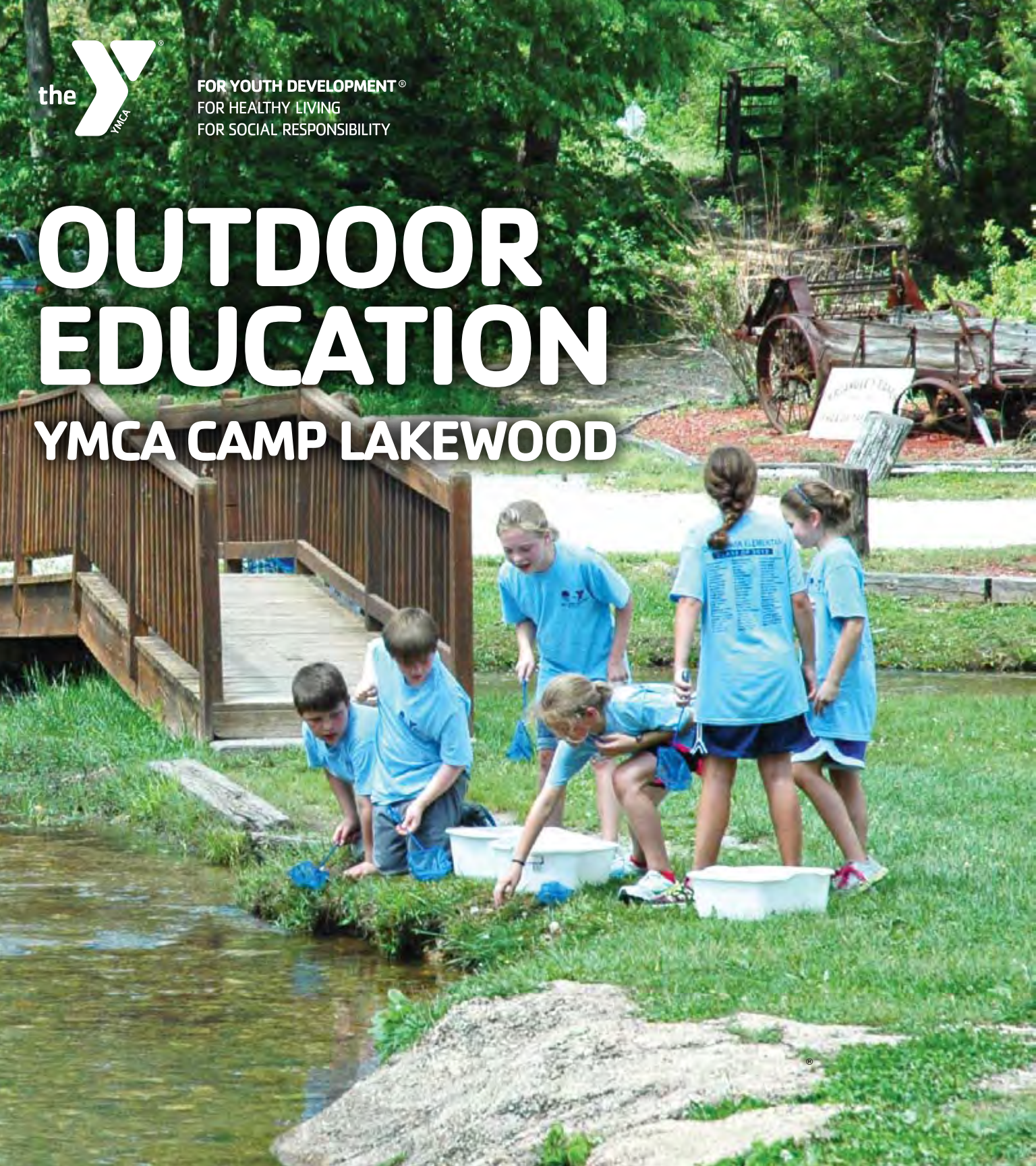




FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

OUTDOOR EDUCATION

YMCA CAMP LAKEWOOD



LEARNING COMES NATURALLY! AT YMCA CAMP LAKEWOOD

YMCA Camp Lakewood provides a natural setting for experiential outdoor education, team building, and leadership training in Southeast Missouri.

We work with teachers and group leaders to create an exciting program for a variety of groups. Our Outdoor Education programs are perfect for school field trips, scout troops, youth groups, church retreats, band camps, sports camps, and more.

We offer day trip experiences, 5-day/4-night experiences, weekend experiences, and custom-length programs.

Your group is welcome at Camp Lakewood mid-August through the end of May. We provide lodging, all-you-can-eat meals, and YMCA staff who will make sure the experience meets the needs of your group.

YMCA Camp Lakewood is located 75 miles from St. Louis between Potosi and Steelville, Missouri. For more information, call us today at 1-888-FUN-YMCA or visit us online at www.camplakewood.org.

Mission Statement

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

YMCA Camp Lakewood is a branch of the YMCA of Greater St. Louis. The Y is for Youth Development, Healthy Living, and Social Responsibility. To learn more or to support the Y, please contact our Development Director by calling 573-438-2154, ext. 220.

Contact Information

YMCA Camp Lakewood
13528 State Hwy AA
Potosi, MO 63664
1-888-FUN-YMCA
P 314-241-9622
P 573-438-2154
F 573-438-3913
www.camplakewood.org/Outdoor_Education

EXPERIENTIAL LEARNING

NATURE

Environmental Hike

Explore the forest and learn about a variety of trees and habitats.

Aquatic Ecology

Learn about the water cycle and look for macro invertebrates.

Predator and Prey

A game focusing on the concept of what is a predator and what is prey.

Geology

Explore the history of the area then dig and identify rock samples.

Trail Rides

Take a guided tour through the forest on horseback .

SCIENCE

Mud Cave

Explore and get muddy while learning about the creatures that live in a cave's ecosystem. (seasonal activity)

Coasters

Create a roller coaster using foam tubes, tape, and lessons in kinetic and potential energy.

Egg Drop

Using a strategically made case and the laws of gravity, drop an egg from 20 feet above and observe outcomes.



... education done naturally!

SURVIVAL

Orienteering

Use a map and compass to locate markers around camp.

Geocaching

Learn how to use a GPS unit to find hidden "treasures".

Survival Hike

Learn outdoor living skills like building shelters and/or campfire.

Archery

Build focus and coordination while using a compound bow to hit targets.

Riflery

Learn to use a .22 caliber rifle to build focus while hitting targets.

HISTORY

Pioneer Village

Living history program that focuses on how the pioneers lived.

Program Options:

- candle making
- rope making
- blacksmithing
- pioneer games
- wood stove/apple press
- branding

Underground Railroad

A simulation about slavery and the underground railroad. Students gain knowledge about the time period and discuss how bullying is a form of discrimination.

NEW! Traveling the Trail

Students experience the lessons and challenges of traveling the Oregon Trail through recreational activities and the natural setting of YMCA Camp Lakewood.



LODGING OPTIONS

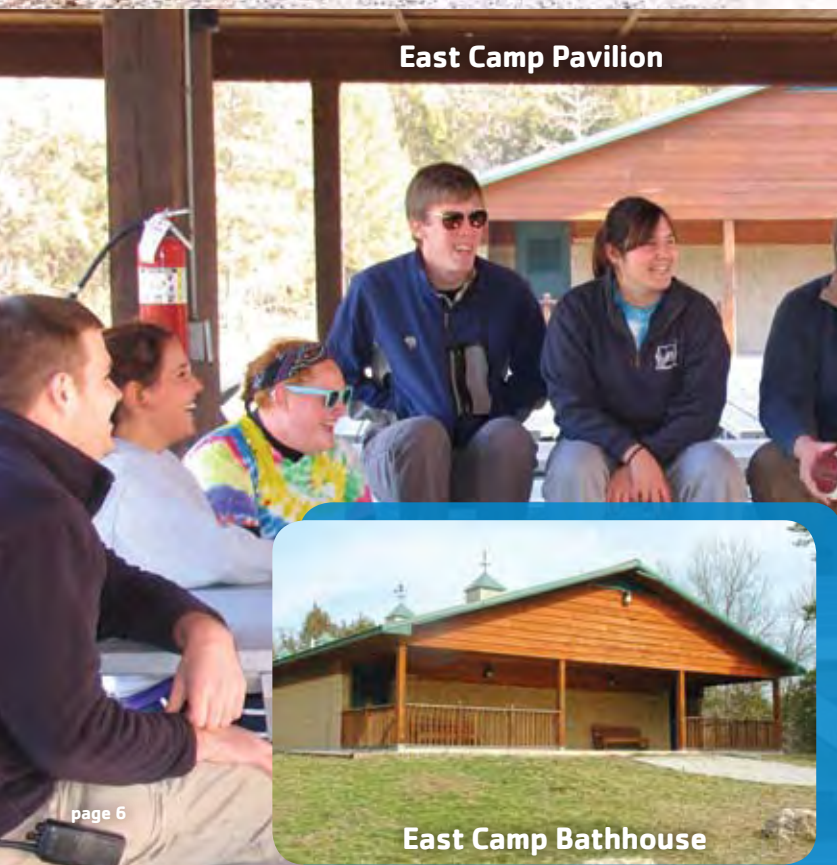


EAST CAMP

East Camp is an exclusive area that your group can enjoy with it's own recreational activities such as a basketball court, tether ball poles, a pavilion, kitchen area, bathhouse, and a sand volleyball court. Cabins are rustic yet comfortable and provide an opportunity for your group to have that bonding experience you are looking for. Groups must bring a minimum of 50 people to get exclusive rights to East Camp.



East Camp Basketball Court



East Camp Pavilion



East Camp Bathhouse



East Camp Volleyball Court



MAIN CAMP

Main Camp cabins are dormitory-style accommodations that are climate-controlled with indoor plumbing. Each cabin can sleep 16-32 people depending on the cabin and includes a common room with a fireplace.



Main Camp Dorm Room Bunks



Main Camp Common Room

TEAM CHALLENGES



Teambuilding

Your group will face mental and physical challenges while attempting to successfully complete these ground-based activities. These activities are designed to stretch the imagination and encourage problem solving skills while creating an atmosphere that allows students to be exposed to different roles critical to a team's success and positive communication techniques.

Low ropes courses

Our ropes course offers a more advanced challenge for any group. Activities involve spotting, trust, and communication; safety precautions are strictly followed.

High Elements

High Adventures consist of the Alpine Tower, Alpine Swing, Pines Peak, Pines Zip, Pines Pole Zip, and Summit Course. High Adventures are geared to build support among groups and develop individual strengths; safety precautions are strictly followed.



EVENING PROGRAMS

Night Hike

Explore the forest at night using sensory perception.

Yard Sale / Dutch Auction

Students use items brought from home to think outside the box and create different items the camp staff request.

Campfire

The camp staff entertains the students and teachers with skits, stories, and songs.

The Lorax

A program that allows students to watch the staff re-create "The Lorax" by Dr. Seuss and then debate what to do with the last Truffala Seed. Students are involved in a town meeting where different interests are discussed.

